

Christ Answers



Christ Provides Profound Answers
for Your Spiritual Questions

An Invaluable Study Aid for Students of The Christ Letters and all Spiritual Seekers

Spiritual Questions

Addressed in

The Christ Letters

An Invaluable Study Aid for Students of
The Christ Letters and all Spiritual Seekers



Created, Compiled and Edited by Jo-Ann

Attribution

It is my, Christ's, dearest longing these LETTERS should be swiftly publicised and distributed to people seeking Truth. If quoting from my LETTERS, please state the source very clearly:

"CHRIST'S LETTERS from CHRIST'S WAY"

When quoting from this ebook please include the reference provided at the end of each paragraph so others may be able to find the relevant Letter, or the relevant Article or Message.



Acknowledgements

Deepest love and gratitude goes to Christ for His profound teaching, to The Recorder for her gift of channelling the Christ Letters, Articles and Messages, and to my husband for his support and *many* cups of tea!

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Introduction

It is appreciated that the volume of information in The Christ Letters, Articles and Messages can be quite overwhelming, particularly for those new to spiritual studies, so this ebook and [related website](#) have been developed as a companion to [The Christ Letters website and books](#) to provide profound guidance from Christ in a [Question and Answer](#) format.

This new format enables a focused look at certain areas of The Christ Letters, Articles and Messages that, while of particular interest to students of The Christ Letters, may also be of value to other spiritual seekers.

NOTE: By necessity, because of the question being asked, there may be some repetition in parts of answers given to various questions. And, these are, of course, not all the possible questions answered by Christ in The Letters, Articles and Messages; however, they do they present many areas of His teaching that will aid our spiritual studies.

It should also be noted that the material has been compiled in such a way as to provide as complete an answer as possible to the question. As a result, in some situations the material may be arranged with some 'later' material presented first and with material taken from different parts of The Christ Letters, Articles and Messages.

In addition, bolding, paragraph breaks, tense, etc. in the answers may differ slightly from the original documents; and if a quote is

taken from the middle of a sentence/paragraph, the first word will be capitalized where it isn't in the original.

► **Be assured that the wording in these answers is only from Christ, nothing has been added to the original text in The Letters, Articles or Messages when preparing these answers.**

For reference purposes, the source for each paragraph of an answer is provided and is denoted as:

- (L#) for The Christ Letters,
- (A#) for the Articles
- (M) for the Messages.

For example, (L1) refers to Letter 1; (A1) refers to Article 1 and (2007M) refers to the 2007 Message.

If you are quoting from this website, please include the source for the quote.

In all cases, the original transcripts should be referenced should you have any questions. These original transcripts can be viewed and downloaded from our [FREE DOWNLOADS](#) page.

It is my wish that this website will assist you with your study of The Christ Letters and aid your spiritual journey.

Take your time with each question, do not rush; and if something does not resonate with you, set it aside.

Wishing all readers much Love, Light & Blessings,

Jo-Ann

Table of Contents

The questions are in no particular order and the source for each paragraph in an answer is provided and denoted as (L#) for The Christ Letters, (A#) for the Articles and (M#) for the Messages.

Attribution	3
Acknowledgements	3
Copyright & Contact	4
Introduction	5
1. What is the purpose of Christ bringing these Letters to humanity?	12
2. What is the focus of Christ's teaching?	14
3. What is Christ's 'core' message?	16
4. What is the difference between Universal Consciousness and Divine Consciousness?	18
5. What exactly is the 'LIGHT'?	25
6. What is our purpose here on Earth?	28
7. It is said we create our own lives... HOW do we do this?	29
8. What is the human body for?	32
9. What should be our 'goal'?	34
10. What is the greatest gift we can give ourselves or another?	36
11. What does it mean to be as a little 'child'?	37
12. We need help! Why doesn't God save us?	38
13. What is the difference between a 'religious' person and a 'spiritual' person?	39
14. What is the cause of 'good' and 'evil' in people?	41

15. What is sin and does God punish us for our sins?	50
16. What is TRUE BELIEF?	53
17. What is it like to be a Master?	55
18. Will reading The Christ Letters make me a Master?	57
19. How does Christ's Message compare to other teachers?	58
20. What is the Ego's focus, its 'job'?	59
21. At what point does the Ego take over control in a person?	61
22. How can the Ego have so much control and do such reprehensible things?	63
23. Is the Ego necessary?	64
24. What is the first step in overcoming the Ego-Drive?	67
25. How does a person who has freedom from the Ego behave?	73
26. What does it mean to be a 'dispassionate observer'?	75
27. How does Enlightenment happen?	77
28. How can we recognize a True Spiritual Leader?	78
29. Why do some Spiritual Leaders and Teachers mislead their followers?	79
30. What is the 'WORD'?	81
31. What binds a person to the world?	82
32. What are the Universal Laws of Existence?	84
33. What are the Principles of Creation?	86
34. What is the intention behind Creation and to what should we aspire?	94
35. What is the cause of all the crime in this world?	97
36. What does Christ say about Love?	99
37. What are 'vibrations of consciousness'?	101
38. What is the difference between the soul and psyche?	106
39. What does Christ say about 'spiritual evolution'?	108

40. What does Christ say about 'spiritual progress'?	110
41. What happens when we die and when we reincarnate?	113
42. What is Laughter and why is it considered so valuable?	117
43. What controls and motivates people?	121
44. What causes a person to begin to awaken?	122
45. Why do people suffer so grievously?	124
46. Does God get angry or judge us?	126
47. Why does the human 'self' have to be dealt with?	128
48. What does it mean 'to die to the self'?	130
49. What is meditation?	134
50. How should we meditate?	135
51. Will Christ be returning in person?	146
52. Does Christ have a daily Affirmation we can use?	147
53. How do Christ and other Masters relate to each other?	148
54. What gives creative power to what we do?	151
55. What is the difference between Males and Females?	152
56. What is the meaning of 'The Parable of the Sower' in Matthew 13:3?	160
57. How did viruses evolve?	163
58. What on Earth is happening on this world!?	165
59. What should we do when being 'attacked' by others?	167
60. What is the Stigma?	168
61. Is celibacy important?	169
62. What must we be careful of on our spiritual journey?	171
63. Are spiritual seekers really 'protected' from harm?	175
64. Will there be a separation of souls in the coming days based on their level of consciousness?	177

65. How can we get others to realize the Truth that we are discovering?	180
66. What are the important guidelines we should live by?	181
67. What is true forgiveness?	188
68. Why do some people believe the earth is flat and others don't?	189
69. What should be the most important consideration in our lives?	191
70. What happens as we Ascend?	193
71. How can we receive inspiration and instruction from Christ?	194
72. Does Christ ever get angry or upset?	197
73. Is there any harm in taking a break from our spiritual practice to enjoy a bit of life?	198
74. How can I find the Kingdom of Heaven?	202
75. What is our highest purpose while on earth?	204
76. What happens when a Soul's vibration rises to the higher levels of Consciousness?	206
77. How does a Soul grow?	207
78. Is everything Consciousness?	208
79. Why do some people feel The Christ Letters are from 'Satan'?	209
80. How will my life change if I commit to a spiritual path?	211
81. Why is 'Faith' so important?	215
82. How does 'doubt' slow our spiritual progress?	217
83. How does Christ 'connect' with us when we call on Him?	219
84. What causes psychosomatic illness?	220
85. How can we resolve our conflict with another person when they aren't receptive to us?	221
86. What does it mean to be a 'master of our own fate'?	224
87. How can I be a good parent and help my children and family?	225

88. What is the purpose of Existence?	227
89. What does Christ mean to find 'LIFE more Abundant'?	228
90. What does it mean to be transformed by the "inner Spirit"?	229
91. What is the Human 'Personality'?	231
92. Do things happen 'by chance'?	235
93. Does 'positive thinking' work?	236
94. What happens if a person ignores the Laws of Existence?	238
95. Should we worship God?	239
96. How was Christ able to perform healing miracles?	240
97. How can we 'open the door' to Divine Consciousness?	241
98. Where does 'racism' come from?	242
99. When does the need for Reincarnation end?	247
100. What is the world created from?	249
101. Is it acceptable to tell a 'white lie'?	250
102. Are the eyes really the 'window to the Soul'?	252
103. What is our true purpose in life?	253
104. Are these really the 'Latter Days'?	255
FREE DOWNLOADS	259

1. What is the purpose of Christ bringing these Letters to humanity?

Before you begin to study, meditate and absorb the following pages, I want to make it clear to all who read these Letters that my purpose in coming through them is: (L5)

- First and foremost to dispel the myths which have surrounded my human persona and teachings. It is my intention that religious dogma and doctrines should eventually die a natural death, worldwide — as complete a death as the animal sacrifices in the Temple of Solomon. (L5)
- Secondly, I have also come to help the churches let go their archaic notions of ‘God’ and ‘sin.’ No true spiritual progress is possible until the dawning of a clear realisation that each person is responsible for the way his or her life develops. (L5)
- Thirdly, I have come to remove from your minds the pictures of an ‘Almighty God’ of magnificence and grandeur and unlimited active power, who rewards the virtuous and punishes the ‘wicked’. These beliefs are wholly erroneous — albeit comforting. (L5)
- Fourthly, I am explaining the Truth of Being for you, to finally dispel the old concept of ‘God’ sitting aloft somewhere in heaven where He is said to have created the world and all that is in it in a relatively short while. (L5)

- Fifthly, I have come expressly to help science bridge the gulf between **UNIVERSAL CONSCIOUSNESS** and the appearance of electrical particles. Without this bridge between the Unseen Spiritual Dimension and the Seen world of ‘matter’, science will remain rooted in old ideas and concepts instead of moving forward into new realms of spiritual/scientific research for the betterment of mankind. (L5)
- I have also come to show you the TRUE NATURE of ... ‘THAT’ ... WHICH BROUGHT YOU INTO BEING — gave you INDIVIDUALITY. For, without this knowledge, which will reveal to you the ‘nature’ of your ‘dual, yet fully interrelated being’, Spirit and body, you will also remain rooted in the same level of consciousness as you are at this moment. (L5)

I want to make it manifestly clear that: (L5)

‘Nothing ever comes from Nothing.’ (L5)

This is a well known saying amongst you, and a perfectly true one.
(L5)

However, there is an eternal, infinite, consistent **FOUNDATION of BEINGNESS** — and **THIS** I am going to reveal to you. (L5)

These Letters are meant to be the impetus — the spur — to a personal opening of the mind and heart to your SOURCE of BEING and eventually, to become the means of your perfect understanding of the effects of individual and mass thought and behaviour on every facet of your earthly existence. (L9)

2. What is the focus of Christ's teaching?

My teachings are *exclusively* directed at assisting you to open your consciousness to newness of life, vitality and spiritual power that you may abandon your old way of limited and dissatisfied living and find a new source of inner joy and fulfilment of your every need. (L5)

I long for you with Divine Love to reach this supreme state of being before you pass into the next dimension, that your passing may be painless and your transition one of sublime anticipation. (L5)

This is the sole motivating purpose behind the **Letters**. (L5)

The above statement is a more compelling and powerful rephrasing of the statement I made when on earth: (L5)

'Seek first the Kingdom of Heaven and all good things will be added to you.' (L5)

I did not make this statement to entice people to be 'good'. I stated a fact of existence. (L5)

Again, I repeat: I, the CHRIST, have come down to dictate these Letters expressly to disinvest people's minds of the former 'human word pictures' coined by Prophets. (L5)

It is my firm intention to replace them with descriptions of the **POWER — the UNIVERSAL CONSCIOUSNESS** which really creates, moves within, and supports the visible universe and all other dimensions beyond your present perception and comprehension. (L5)

I am also here to tell you these further universes or dimensions, will be opened and will become accessible to your consciousness when the knowledge outlined in these **Letters** is absorbed and made the very fabric of your individualised consciousness. (L5)

3. What is Christ's 'core' message?

I have come expressly to explain to you ... a vitally important fact of existence. Please read carefully. (L1)

It is this: (L1)

* Your personal *consciousness* is entirely responsible for whatever comes into your life and personal experience. It is your personal *consciousness* which brings you good or evil. * (L1)

* In your subconscious, you bring through strongly imprinted but hidden recollections of past traumas/emotions of past life/lives which can erupt and colour your present consciousness. * (L1)

* Your specific and impassioned prayer for alleviation of some kind, may be answered but it will avail you little in the long term **if your mind and heart continually operate in contravention of the Universal Laws of LOVE and you live in a mindset of constant criticism.** * (L1)

* **Universal Laws of Existence relate ONLY to 'activities of consciousness' ... and are exact and undeviating ... they are NOT rewards or punishment from 'God'.** (L1)

I repeat: are not 'PUNISHMENT FROM GOD' — they relate to the 'Causative Factor of Consciousness' which attract/magnetize electrical particles that thus bond together and appear to the world as outer visible *solid* forms and experiences. (L1)

Note Well: Sometimes, people make **powerfully prayerful contact** with the *DIVINE REALITY* behind and within all creation, *It responds* and *Its activity* is shortly revealed as necessary improvements within the personal and national life — and people may exclaim ‘This is a miracle!’ (L1)

But — in the long term, — **the state of the Personal or National consciousness will again reassert itself in their experiences and will reproduce the same negative effects in health or affairs as they did previously.** (L1)

You cannot effect permanent changes in your lives unless you change your consciousness. (L1)

Therefore people must pray and strive at all times to achieve unconditional *Love*. (L1)

4. What is the difference between Universal Consciousness and Divine Consciousness?

UNIVERSAL CONSCIOUSNESS (God) (L5)

DIVINE CONSCIOUSNESS — Highest Intelligent Authority (L8)

Divine Consciousness is the unseen *Reality* — the Power — at work behind the outer appearances of your life, moving ‘intelligent energy force’ to manifest your needs. (L8)

UNIVERSAL CONSCIOUSNESS is the **UNIVERSAL REALM** of **SPACE** which none may enter or access, since IT rests in a state of equilibrium and self-contained energy. (L6)

DIVINE CONSCIOUSNESS is the reunion of the original **IMPULSES** within **UNIVERSAL CONSCIOUSNESS** which were released to become both the activity and the substance of creation at the moment of the **BIG BANG**. (L6)

These IMPULSES were explosively divided and then came together in a state of mutual restraint. They were also destined to work forever in the created realm either separately, manifested as energies, or together restrained in equilibrium. It is only this realm of DIVINE CONSCIOUSNESS that science may penetrate.

(L6)

Perhaps the following paragraph will explain this more clearly: (L6)

UNIVERSAL CONSCIOUSNESS

embodiment of

UNIVERSAL IMPULSES

IMPULSE of:

!

IMPULSE of:

The WILL to create

in mutual restraint with

The PURPOSE to experience
Itself

INTELLIGENCE

in mutual restraint with

LOVE

IMPULSE of INTELLIGENT WILL

equilibrium

IMPULSE of LOVING PURPOSES

Having given you this intellectual word description of **UNIVERSAL CONSCIOUSNESS**, you will not be any closer to an appreciation of the sublime magnificence and grandeur of the Power, nor of the beauty, joy, harmony, ecstasy contained in colour and sound beyond your dimension. (L6)

It is only we who have ascended in consciousness frequencies of vibration to the very portals, or edges, of the equilibrium of **UNIVERSAL CONSCIOUSNESS** who experience and can radiate **the rapture of self-awareness of true potential without desiring to fulfill it — the wondrous joy of personal fulfilment without ‘lifting a finger’.** (L6)

I use this last term metaphorically, since, although I retain my individuality, I am active in **consciousness** only and am, in no way, physical any longer and have not been since my continuing spiritual ascension in other dimensions after my death on the cross.
(L6)

You may wonder how it is possible to have such enormous UNIVERSAL IMPULSES within a state of equilibrium. They are in a state of equal and mutual restraint, the bonding, nurturing LOVE IMPULSE holding, binding the creative, active WILL under control. (L6)

I can only explain this phenomenon in the following simple terms.
(L6)

If you place the palm of one hand on top of the palm of the other, with finger tips of each hand touching the wrist of the other hand and then try to separate them but still keep them tightly flat on each other, you will gain some idea of the meaning of ‘equilibrium’ or ‘mutual restraint’. (L6)

Furthermore, you must realise that although your hands are apparently expressing a physical phenomena, they are actually

governed by and expressing IMPULSES emanating from your brain. In addition, your brain may be the vehicle of expressing conscious ideas — impulses — but in fact, the IMPULSE is the reality of all movement of any kind — not the physical brain which is only an instrument of expression of such impulses. (L6)

I have given you only an intellectual account of UNIVERSAL CONSCIOUSNESS. How can I describe for you the latent power, the magnificence of reverence, the rapture, the radiant joy, the state of utter contentment and peace and harmony of Its Being? (L6)

Even if you can contemplate and realise that out of this IMMENSITY of CONSCIOUSNESS the entire universe has drawn life and form, you cannot perceive more than an electron of the vast, immeasurable *Joyous Reality* of UNIVERSAL CONSCIOUSNESS. (L6)

To fully understand the **nature of creation**: the reasons why the ego functions as it does, why created entities feel the urges they feel, it must be understood that the **NATURE and QUALITY of UNIVERSAL CONSCIOUSNESS is RADIANT JOY — FULFILMENT — HAPPINESS.** (L6)

THIS IS WHAT I TERMED THE 'KINGDOM OF HEAVEN WITHIN YOU' — WITHIN YOUR SOUL — WITHIN THE DEEPEST RECESSES OF YOUR PSYCHE, which is the intermediary between the radiance of your soul and the shadow self of ego. (L6)

To return to this transcendent state of glorious, beautiful, happy, harmonious being is your soul's deepest longing! (L6)

It is this enduring longing, this inborn unconscious recollection of equilibrium and peace, joy and harmony, which, through the psyche, prompts the EGO to manipulate the environment on your behalf. Its consistent purpose is to bring you back to your primal original state of glorious ecstasy out of which you drew your soul, being and form. (L6)

But the ego can bring about your desired joy and pleasure, *only* by means of the two magnetic/emotional 'Bonding-Rejection' impulses — which are only materialised impulses to give you your individuality. (L6)

Therefore, the inborn *longing* to rejoin the **SOURCE of BEING** is experienced in the electromagnetic parameters of thought and feeling as 'More, more, more' of what gave you a pleasurable feeling, previously. More friends, more house, car, clothes, etc. Each time the 'more' has been achieved, there is a little glow of satisfaction, perhaps a showing off to the neighbours to heighten the happiness, (gaining one up on them, and another little glow), and then the novelty dies away, the new possession becomes mundane, the senses are again at rest — in equilibrium — mental tiredness sets in, routine becomes dull and boring. To generate some life, the ego finds another goal to be achieved to provide excitement and pleasure. (L6)

Thus, life is an endless chase for personal satisfaction of various kinds leaving the hidden soul, starved, unsatisfied, still longing for

something 'More' — 'But what is it my deepest self is craving?' You ask in desperation. (L6)

When a person reaches an understanding of the true source of emptiness and continual inner craving for 'more of what made me feel good before', and begins to meditate to make contact with ... **'THAT'... WHICH BROUGHT HIM/HER INTO BEING**, a little of the **Divine Equilibrium** filters through the human consciousness. The emptiness begins to recede. (L6)

If indeed such a person catches a true glimpse of the **ETERNAL** and the true goal in life, the longing for more possessions will eventually die a natural death. The desire for 'More' possessions will be gradually replaced with a sincere appreciation of what you already have and a sense of consistent contentment. Through experiences of the miraculous interventions or activity of **DIVINE CONSCIOUSNESS** within the daily life, the human consciousness is greatly uplifted and learns that its daily needs are met in the very best way. Faith is increased and joy enhanced. (L6)

This is why I have said to you: I have not come to teach you positive thinking to draw into your orbit the things you want and need. I have come to you expressly to lead you back into the **Kingdom of Heaven**. (L6)

However, it is not only in the matter of desiring more possessions for yourself that your soul is bound down within its secret dwelling place. The ego also uses the magnetic-emotional drive to 'repel — reject' to ensure your individuality, privacy, and safety. This impulse takes on numerous forms designed to give you a

feeling of superiority, or elitism, or protecting you from people whom you consider to be undesirable, or having less social status than yourself. (L6)

This ego-drive is practised continually and was thought to be perfectly acceptable, even by the churches. The truth is: when the soul begins to gain a little control over the ego-drive, it will chide the human personality for its selfishness and exclusivity. It will urge the psyche towards the adoption of unconditional love and a belief in universality and Oneness of all people, no matter who they may be. (L6)

Perhaps, now, you can more easily understand how and why the creation of your individuality through the medium of the ego, formed the great 'physical impulses' capsule which produced and enclosed your human consciousness — creating both your physical form and your human personality. Since it governs your mind and emotions, thoughts and feelings, it prevents you from making contact with the **SOURCE of your LIFE** and your **SOUL**. (L6)

5. What exactly is the 'LIGHT'?

'For God is LIGHT' I said. (L2)

'And LIGHT, is the substance of all visible things. (L2)

And LIGHT is LOVE which makes all things for man to enjoy.' (L2)

I was lifted in consciousness into golden Light, and as I was travelling upwards within this Light, It suddenly changed to purest white and I knew that, in consciousness, I was now at the portals of the Equilibrium which is the Eternal, the Universal, the Infinite dimension beyond all conception of human mind. (L2)

I observed the LIGHT but was not of IT, nor was IT powerfully within me, since this was the 'God' dimension of the void, the no-form of the Universal Equilibrium. But IT communicated with me and infused me with Its glowing LOVE. (L2)

It impressed in me, yet again, that IT was the — (L2)

'Creating-Perfecting-Healing-Process'

LOVE

governing all existence. (L2)

When I died on the cross, I was set free, I was lifted into glorious **LIGHT** to partake of that **LIGHT**, to *be* the **LIGHT**, and rejoice in the **LIGHT** which is **Universal Love, Life, Beauty, Harmony, Joy and Rapture.** (L3)

I want you to know that the 'individualised consciousness' which has ascended in vibrational frequencies to the very portals of the **Universal Creative Dimension** becomes **LIGHT INDIVIDUALISED**, an **INDIVIDUALISED CONSCIOUSNESS** which needs no body in which to express and enjoy all that the **GLORIOUS CONSCIOUSNESS** can devise in the highest **SPIRITUAL REALMS**. It is a supreme and enraptured state of being having none of the needs, desires, impulses, experienced by those who have not fully mounted high beyond and above the ego. (L3)

Read and reread these **Letters** that they may eventually become absorbed into your consciousness. As you do so, you will be journeying towards **LIGHT**, and you will radiate **LIGHT** to others. Such **LIGHT** is not just 'light' as is electricity but is the very nature of **UNIVERSAL CONSCIOUSNESS** which I described to you in my **Letter 1.** (L3)

Therefore, as you radiate the **LIGHT**, you will radiate unconditional love. You will promote the growth and spiritual development of every other living entity. You will yearn to nourish and nurture, you will work to promote protection and healing and education. You will long to assist in the establishment of loving law and order in which all will be able to live harmoniously, successfully and prosperously. **You will be in the Kingdom of Heaven.** (L3)

Whilst on this journey towards *LIGHT, the Celestial Kingdoms of 'Divine Consciousness'*, you will undoubtedly undergo rocky and bumpy experiences until you achieve your true goal. You will experience times of wondrous joy and times when your heart is heavy and your emotions dragged this way and that because you feel there is an impenetrable barrier between yourself and **Divine Consciousness.** (L8)

6. What is our purpose here on Earth?

KNOW that your purpose on earth is to ascend in spiritual consciousness until you transcend all the humanhood which presently holds you back, until, eventually, you, too, can control the elements and become a master. (L1)

Realise too that when **world consciousness** is fully attuned to ‘**Father Creative Consciousness**’, all things inimical* to the perfect well-being of man will disappear. (L1)

There will be no more malaria bearing mosquitoes, locusts to strip your crops, severe climatic conditions, infections, viruses, and everything else which presently cause problems for living things. (L1)

You will live within a cloak of universal protection. When your own consciousness is perfectly attuned to and in harmony with **Father Love** — then you too will be divinely protected and will become channels of: (L1)

Creative design, growth, nutrition and nourishment, protection, healing, regeneration, fulfilment of need, law and order. (L1)

FATHER LOVE will be operational within your mind, heart, body and your affairs. It will be operational in all those to whom you direct its power. (L1)

* *harmful*

7. It is said we create our own lives... HOW do we do this?

Your consciousness is the fabric out of which you make your lives. (L6)

This consciousness fabric is the ground of your every response to every single thing which happens in your mental, emotional and physical lives. (L6)

Your consciousness is your reality. (L6)

This statement may be expressed in two ways, both of which are the truth of your existence. (L6)

Your consciousness creates your reality, irrespective of what the actual facts of your earthly life may be. (L6)

When people believed the earth was flat, they were afraid to venture too far over the ocean lest the ship should fall over the edge. The people who believed in a flat earth, lived according to that belief. (L6)

When Galileo said the earth was round, he was considered a heretic but his perception of the 'roundness of the earth' enabled sailors to take a new look at the world and set out to discover what lay the other side of the ocean. It required a change in their belief to make this possible. (L6)

You are in a similar position in regard to these **Letters**. Those people who discount and ridicule them are like the people who believed in a flat earth and were afraid of falling over the edge if they sailed too far to the west or east of their known environment. Their horizons were severely limited by their false beliefs. So are the horizons of those people who believe the world to be solid, also severely restricted. (L6)

Day after day, they lament and grieve over the misfortunes which have befallen the world, believing there is no escape from them. (L6)

But the people who can grasp and welcome the Truth of Consciousness I am presently giving the world, are like those who perceived that travel on the oceans could be limitlessly undertaken in all directions, providing they had the will to set out on such a journey. (L6)

Therefore, **your state of consciousness is the most important consideration in your life** ... not your relationships or possessions or your position in life. (L6)

Tend to your consciousness and the blessedness in all aspects of your life will follow. (L6)

By your consciousness you feed yourself with inner love and harmony, joy and beauty, even in the backstreets of a slum. (L6)

With such a consciousness, you will find yourself being removed from the streets of the slum into an environment in keeping with

your inner self. So do you climb out of unpleasant circumstances.
(L6)

From the foregoing, you should now be able to see that only you create the 'quality' of your internal world, whether you find yourself externally in prison or in command of a battleship! (L6)

And you can enhance your surroundings by radiating to them the life force which animates your thinking. (L6)

Your external life only impinges on your consciousness. It does not — cannot — create or determine your conscious responses. (L6)

You are the 'creator' of your responses. (L6)

Your type of creation depends entirely on your deepest perceptions and beliefs regarding existence. (L6)

Your convictions and strongly-held beliefs may be completely illusory but if you fully believe in them in your subconscious, they become absolutely real for you. (L6)

8. What is the human body for?

The body is but a vehicle making the human consciousness visible to others. (L7)

And the condition of the vehicle itself is a manifestation of the level of spiritual/mental/emotional consciousness which inhabits it. (L7)

To you, the outer conditions may appear to be those in which the **body** resides but the truth is, it is the *consciousness* which dwells within, experiences and responds to the outer conditions. (L7)

With my help, you can live in two dimensions — that of the physical world in which your body resides, bringing you your experiences — and that of the higher standpoint of Christ Consciousness which will enable you to transcend the ego-thinking and radiate thoughts and feelings into your situations from that state of being I termed the ‘Kingdom of Heaven’. (L7)

I must remind you and ask you to fully realise — that you are not bodies possessing consciousness — you are: (L7)

‘Divine Consciousness individualised into separate ‘consciousness beings’ and made visible on your earth by means of electrical particles drawn and bonded together into elements, to give you visible living form according to a fundamental physical pattern’. (L7)

To understand the **Truth of Existence** and the origins of your physicality, you must make daily efforts to rid yourselves of the limited earthly perception that the body receives its 'beingness' and is conceived and developed entirely — and only — according to unchangeable physical/scientific laws. (L7)

In place of your old limited human beliefs, you must make daily efforts to develop a strong, clear realisation that your 'personal reality' — your soul — is drawn directly from All Reality — SOURCE of BEING. (L7)

Your physical body also draws Life from All Reality at the moment of conception, but it is also tempered by the initial plane of 'consciousness vibrational frequencies' out of which your body was conceived. It is constricted and encapsulated ever more strongly as the years pass, by the magnetic-emotional 'bonding-rejection' impulses which control the human consciousness. (L7)

Do not judge the inner development of any species, human or otherwise, by their outer physical bodies. All living things are individualised out of the same Divine Life. (L7)

9. What should be our ‘goal’?

Attunement with Divine Consciousness and total self-mastery should be your reason for living, and your only goal. (L9)

Each step brings you a higher vision of what can be achieved and out of this vision you formulate a new goal. With this goal ever before you, you work to cleanse yourself of the contaminating influence of the ‘bonding-rejection’ impulses of your earthly existence. Step by step you transcend your ego. (L3)

Have you set yourself a spiritual plan, a spiritual goal to be achieved before you pass on into the next beautiful dimension? (L4)

Will you be sufficiently purified and committed to unconditional loving to move into the higher levels of spiritual consciousness
— (L4)

or will your goals still be those of your earth plane? (L4)

Ask yourself: *What part do you really want to play in your environment? What is your spiritual destination?* (L4)

Just as importantly, what are your attitudes towards other people — superiority and exclusivity — or an awareness that most people are doing the best they can with whatever talents they possess? (L4)

To reach your full potential you must realise that neither position nor wealth can limit the power you exercise in the world. Your only limitations are your attitudes and thoughts arising from your attitudes. (L4)

If you have no perception of what lies beyond the veil of your material world — you may be religious, but you do not have a spiritual consciousness. (L4)

This is the true ideal, the true aspiration, the highest goal — to understand and experience the *Reality* behind and within all things giving them their individual being. (L4)

You may call the Reality — God, Allah, Jehovah, Infinite Intelligence, Divine Mind or Divine Consciousness, or the Tao. All these names mean the SOURCE of your BEING — your CREATIVE ORIGINS. (L4)

YOU CAN HAVE NO HIGHER ASPIRATION THAN THIS — to understand and experience the *Reality* behind and within all things — giving, maintaining and sustaining all individual being. (L4)

This was the goal presented to you by every enlightened Teacher who has come to earth. (L4)

When you have achieved it, all you have ever wanted for yourself will be yours — in a new, transcendent and eternal way. (L9)

10. What is the greatest gift we can give ourselves or another?

The greatest gift you can give **yourself** — or **anyone else** — is to gratefully accept into your own mind — and try to imbue in other receptive minds — the full inspired understanding of **who ‘you and they’ really are and what can truly be accomplished** when ‘you and they’ abandon self-will and look to the **SOURCE of their BEING** for help, guidance and fulfilment of every need. (L9)

Become a Light to yourself — and whomever can receive it. (L9)

11. What does it mean to be as a little 'child'?

To become a 'child', you must make an effort to shed all past mental conditioning. *(L1)*

Come to these **Letters** with a mind as free of ideas and beliefs and prejudice as a very little child before it is indoctrinated with human belief. *(L1)*

Remember, unless you can become as a '**child**' — (getting rid of a useless clutter of beliefs, prejudices, resentments, ambitions, and ego-drive) with a mind filled with wonder and utmost faith, you will not be able to absorb these pages as you should. *(L1)*

12. We need help!

Why doesn't God save us?

'God' cannot 'save' you, since, in ignorance of the facts of existence, mankind will continue to make the same earthbound mistakes till the end of time, *thus creating his own sickness and misery.* (L3)

Those who have insight and understanding will recognize that I have returned ... and explaining WHY I taught the principles of life which people now need so urgently **to save themselves and the planet from wholesale disaster.** (A8)

There will be those who will receive these **Letters** with joy, since in their souls they have known that beyond the religions of the world has been **TRUTH — the REALITY** of existence. **These are the people who will prosper and will eventually save the world from self-annihilation.** (L3)

You cannot ignore the problems inherent in your individualised existence and believe that 'God' will save you from them. (L3)

Your only hope of final escape, of stepping off the treadmill of human experience, is to recognise and acknowledge them and then work minute-by-minute to transcend them and eventually merge, in purity of mind, heart and action, and become 'one' with Universal Love Consciousness — the 'Father' which does the **LOVE WORK.** (L3)

13. What is the difference between a 'religious' person and a 'spiritual' person?

You can be certain... that my personal message will always awaken people to the urgent need to move away from the restricting and erroneous tenets of all dogma and institutionalised religion. (L7)

The message will open up channels of consciousness leading to the growth of **spiritual awareness**. It will be leading people into ever higher and higher dimensions of celestial thought, **as opposed to earthly and materialistic concepts**. It will impart a more vivid appreciation of the true nature of your Source of Being and the universe in which you presently live. (L7)

If you have no perception of what lies beyond the veil of your material world — you may be religious, but you do not have a spiritual consciousness. (L4)

This is the true ideal, the true aspiration, the highest goal — to understand and experience the Reality behind and within all things giving them their individual being. (L4)

You may call the Reality — God, Allah, Jehovah, Infinite Intelligence, Divine Mind or Divine Consciousness, or the Tao. All

these names mean the SOURCE of your BEING — your CREATIVE ORIGINS. (L4)

YOU CAN HAVE NO HIGHER ASPIRATION THAN THIS — to understand and experience the Reality behind and within all things — giving, maintaining and sustaining all individual being. (L4)

This was the goal presented to you by every enlightened Teacher who has come to earth. (L4)

The great divide will be in **consciousness**. The divide will be **between those who have been able to find entrance into the higher spiritual consciousness** and radiate love and acceptance equally to all — friends and foes — and who make it their goal to radiate **Divine Consciousness** into every facet of their daily lives — **and those who remain encased within their ego-drives, seeking domination of the weak**. They may appear to succeed for a while — but eventually they will fail, and their suffering in their self-created darkness will be great. (L4)

These **Letters** will be the means of your moving out of darkness into **LIGHT**. (L4)

14. What is the cause of ‘good’ and ‘evil’ in people?

Your personal *consciousness* is entirely responsible for whatever comes into your life and personal experience. (L1)

It is your personal *consciousness* which brings you good or evil. (L1)

No evil which comes to your earth is a ‘natural disaster’. Everything inimical* to your perfect welfare is bred first in your ‘human consciousness’ and then given form within your global experience. (L1)
[* *harmful*]

Without a mindset, you have no life, no development, no evil, no good. Your TYPE of mindset determines the quality of your life. This is the very first Truth of Existence I want you to realise and understand fully. Furthermore, for as long as you live you carry your mindset with you wherever you go. (L1)

There is no escaping it, and day after day, it will continue to create for you the type of existence you have experienced in your past. Many people go through their entire lives believing they are unfortunate. They think that other people have been mean, unkind, ugly to them, and have made their lives thoroughly unhappy. (L1)

They believe that ‘other people’ quarrel with them and constantly make difficulties whilst they are absolutely innocent of any provocation. (L1)

On the contrary, ‘other people’ are not to blame. It is the personal mindset which is attracting to them their negative conditions. (L1)

Many people shy away from the suggestion that they alone are responsible for their troubles. It is more difficult for some people to face up to their inadequacies than it is for those who have the inner strength and self-confidence to look at themselves fairly and squarely. (L1)

But because, daily, you live in fear of ‘good and evil’ and **believe** and **expect** these more than you believe that the ‘**Father**’ is abundant **LIFE** and **LOVE** within you, supplying you with all things necessary for health and well-being, it is your most feared ‘good and evil’ experiences you attract into your lives and bodies. Your beliefs in ‘good and evil’ obscure — CLOUD OVER — all that the ‘**Father**’ has in store for you if only you will believe in ‘**Father LOVE**’! (L2)

You judge your todays and expect of your tomorrows what you have experienced in the past. Therefore, are the ills of your yesterdays continually repeated in the future. (L2)

You are enslaved by your memories and your undeviating belief that what was past must return again and again to burden and wound you. (L2)

You do not need to heal your bodies or try to make your lives better, you need to heal your beliefs! (L2)

I say to you that evil does not come from God. How can God be of two parts — good and evil? (L2)

It is only in your minds that you conceive good and evil, only in your hearts do you think and feel it. These thoughts and feelings have nothing to do with the true God which is the **'Father'** within you, bringing you every good thing if you will but believe this is so. (L2)

It is your belief in good and evil, and the good and evil in your hearts, which brings you sickness. (L2)

In reality, you live within the Kingdom of Heaven, and the Kingdom of Heaven is within you, and you are governed by the **'Father'**, but because you believe in the punishments from God, believe that only sacrifices in the Temple will save you, believe that you are heir to sickness, poverty, misery, you create with your minds, the very things you do not want. (L2)

With your minds and hearts you actually form the plans of your own lives and experiences. (L2)

And what kind of lives do you plan and form in your minds? (L2)

If someone annoys or hurts you, you retaliate in some way or another, you believe that if your eye is taken, you must expect the adversary's eye in return. (L2)

You believe that whoever kills should be killed as punishment and compensation, you believe that whoever robs you should pay the price, that whoever steals your wife, should be stoned along with your wife. (L2)

You believe in the extraction of payment for every evil thing that comes your way. (L2)

Since it is human nature to hurt others, and you have been taught to retaliate, your lives are a continual scene of warfare, warfare in the home amongst husbands, wives, children, and neighbours, and public figures and between nations. (L2)

Your **'Father'** knows nothing of this warfare in your lives, but knows the stress in your minds and bodies arising from this warfare but can do nothing — nothing to ease your pain — **until you yourselves stop the warfare.** (L2)

You yourselves must cease your fighting and live in peace with your family, neighbours, employers, public figures and other countries. (L2)

Just as all your evils and sickness begin in the mind — *so does your good.* (L2)

Have as much care for your neighbour as you have for yourself. (L2)

Bless your neighbour when you have an argument, pray for him when he is harsh with you, help him out in any way you can at all times, even if he turns his face from you, because then you are constructing good in your mind and thoughts, and good will be the harvest of your sowing. Not only this — you are bringing your mind into harmony and attunement with the **'Father'** within you, which is *Perfect Love*. ***Under these conditions, the 'Father' can do Its perfect LOVE WORK in you.*** (L2)

I would if I could show you how important you are every second of the day, in the fabric of your home, your work and your country. (L4)

I long to help you see how your thoughts are the origin of all your good and evil. They are the very ground of your good and evil. If it be that evil comes to you, do not look at your neighbour to see from whence has come that evil — look within your own hearts and see when last you were at odds with someone, destructively — by slander, falsifying truth, rejection, criticism. That was the moment of the birth of your present grief! (L4)

Everything evil you endure, you have been the original cause of it. (L4)

Yours is the ability to choose the way you wish to live in future. You choose the way you will live by changing your consciousness from antagonism to love and acceptance of everyone equally. (L4)

If you imagine the damage and hurt you would like to inflict on another, your thought will reach your enemy and will erode their strength according to the intensity of your intention. (L4)

Do not think that your thought has dissolved and *is* no more. It rests in electromagnetic strength, taking on form until it rebounds to harm you also. (L4)

You can do much damage with your thinking and feeling. Damage to others and damage to yourself. (L4)

I asked the Creator — '**Universal Consciousness**' — why mankind has endured so much suffering and evil. (L5)

I was then shown very clearly that all the problems experienced by humans arose from the '**central point**' of the self, (science now calls this the 'ego'). (L5)

It manifested itself in the 'personality' — (L5)

- as a **DRIVING NEED** to defend the self from criticism or emotional/physical attack (L5)
- and a similar **DRIVING NEED** to push aside other people, in order to arrive first in the race of life. (L5)

It also manifested itself in the 'personality' — (L5)

- as a **DRIVING NEED** to take all that was best for the self, despite the opposition of others (L5)
- and a similar **DRIVING NEED** to hold on to personal possessions, be they relatives, friends, material goods or achievements, despite any opposition. (L5)

I was also made to understand that without these **TWO** fundamental, eternal, undeviating '**impulses of creative being**' there would be no **creation**. (L5)

This is the secret of creation — and the secret of existence and of 'individual being'. (L5)

By working together as a team, separately but inseparable, in the visible world, these **twin impulses** were the means by which the *substance of 'matter' itself* has been created out of the sublime **'UNIVERSAL CONSCIOUSNESS'**. (L5)

Every evil thing IN YOUR PRESENT DECADENT SOCIETY in your vast soulless cities, arises out of Ego Force. (L6)

It is the source of every wicked, lying, perverted activity presently in operation on your planet. It controls the media, your TV, your families, nations. It is productive of wars all over your globe. It creates a foul miasma of low consciousness energies perceivable by Higher Spiritual Entities — but too horrible to contemplate. (L6)

It must be understood that there is nothing evil about the ego-drive. It is the necessary tool of creation. (L6)

It is the individual himself who brings about the imbalances in life by allowing the ego-drive full control in his personality without thought or consideration for other people. (L6)

Again, your **consciousness** is your reality, — not your husband or wife, children, home, garden, possessions, qualifications, workplace, friends. For whatever place your people and your possessions occupy in your consciousness — good or evil — this 'place' is only your personal perception of them. The 'reality' of these people is not truly known to anyone. No one has access to the innate goodness hidden in an apparently negative character. Conversely, no one may suspect the hidden drives and desires of a seemingly personable human being. (L6)

Your external life only impinges on your consciousness. It does not — cannot — create or determine your conscious responses. You are the ‘creator’ of your responses. Your type of creation depends entirely on your deepest perceptions and beliefs regarding existence. (L6)

Furthermore, **you can, at any moment, choose to gradually dismantle your past inner world in order to create a more harmonious inner Kingdom of increasing love, vitality, and joy**, although your outer ‘objects’ — people or possessions — remain the same. The spiritual power of the ‘fabric of your consciousness’ will be radiated outwards and absorbed by the people, plants and bricks and mortar in your immediate vicinity. There will be definite changes and improvements in all that comes within your orbit. It is your destiny in this life — or future lives — to arrive at this full and complete realisation. When you do, you will put your foot to the path of self-mastery and then gradually move forward to becoming a true master of your human consciousness world, interpenetrated and assisted by **DIVINE CONSCIOUSNESS**. (L6)

Your planet and you yourself, have been individualised out of UNIVERSAL CONSCIOUSNESS which ITSELF is a Law which I constantly reiterated when on earth — the LAW of FAITH in good and evil. The LAW of CONVICTION. (A1)

Whatever you truly believe in — good, bad and indifferent will eventually be manifested in your lives. (A1)

Therefore, be warned, and use the knowledge in this document to free yourself of the world’s most destructive consciousness — ego consciousness. (A1)

Going to church will not help you. Sunday worship will not release you. (A1)

Your only hope of shaking yourself free from ego and the world's destructive consciousness is to follow the CHRIST WAY. (A1)

FOR — whatever power you give to resentful thoughts, that power will send a direct electrical stream of consciousness to the person who hurt you, — AND the stream of consciousness returns, zinging its way back to you in due course, like a boomerang. (A14)

You must know that every electrical field creates a like magnetic field — the two always work together — so that WHAT GOES OUT EVENTUALLY RETURNS. (A14)

15. What is sin and does God punish us for our sins?

‘There is no ‘sin’ as we understand it. We are born to behave as we do. We have to find a way to overcome our human thoughts and feelings for they separate us from the protection of the ‘Father’ and bring us our sickness and misery. When we have learnt how to overcome the ‘self’ we will enter the Kingdom of Heaven.’ (L2)

What is born and nurtured in the diseased mind eventually takes on form in the physical world. This is not punishment from ‘God’ as the churches may teach you. It is, a *SCIENTIFIC FACT OF EXISTENCE*. (L1)

There is no ‘punishment’ from on high! (L1)

There is no such thing as ‘punishment from ‘god’ — because no such individualised ‘human thinking’ god exists. This is a myth which should be erased from people’s minds. (A1)

Men, through the willful and harmful exercise of their ‘Ego-Power’, draw to themselves their own punishment. (L1)

All that man does which man calls ‘sin’ is only of this world and is only punished within this world — for it is a Law of Earthly Existence, as you know, that whatever you sow you will reap as a like harvest. Because he draws LIFE and MIND from the ‘Father’,

man himself is creative in thought, words and deeds. Whatever he thinks, says, does, and believes, returns to him in like form, some time later. There is no punishment from the 'Father' — whatever ills come to mankind is of their own making entirely.' (L2)

I saw that what men called 'SIN' was the direct result of the interplay of the **Bonding-Rejection Impulses** within human nature. (L5)

The **Bonding-Rejection Impulses** constituted the emotional/mental mask worn by all created individual entities, including birds and animals. You see these **impulses** at work within all of nature — even within plant life. (L5)

The **Bonding-Rejection Impulses** directed/directs the behaviour towards survival of all entities in creation. (L5)

There was no escaping the **Bonding-Rejection Impulses**. (L5)

These Twin Impulses were the ephemeral source of all 'worldly' comfort, pleasure, 'happiness' — and also the source of all sickness, misery and deprivation in the world. (L5)

I saw that 'SIN' was an **artificial concept** expediently devised by men to describe any human activity causing pain to others. Because of their natural make-up of 'grabbing' from other people, and of rudely repelling them, in order to get what they wanted from life, it was inevitable that all human beings would, at some time, cause other human beings some form of distress or suffering. This human

propensity to hurt others in no way caused 'offence' to **UNIVERSAL CONSCIOUSNESS** (God) — as was affirmed by the Jewish and 'Christian' religion. (L5)

Only mankind understood the meaning of the word 'sin' since only mankind and all of 'creation subject to mankind', 'would ever know the pain, deprivation and misery caused by the two fundamental IMPULSES of INDIVIDUALITY — Bonding-Rejection active within the human 'personality'. (L5)

Man's inbuilt impulse to protect his own individuality had made him set up rules and laws for human society. The 'Universal Creative Power' — LOVE — had absolutely nothing to do with the setting up of human restrictions, limitations, laws and judgement. (L5)

Whilst **INFINITE UNIVERSAL CONSCIOUSNESS** is not the mythical 'God' on high as depicted in the Old Testament, **IT** is the *Infinitely Powerful Reality* everywhere present, manifesting **ITS** own designing, intelligent, evolutionary, loving caring for all that **IT** has brought into being. (L8)

16. What is TRUE BELIEF?

It is a moment of overwhelming transcendent conviction when you KNOW way beyond all negative and fearful disbelief, that LIFE IS more powerful, more transforming, more perfectly in control of atomic elements than any sickness can ever be. (A12)

Then — as hundreds of chronically and critically ill people have testified down the ages, the longed-for unimaginable miracle takes place, and suddenly there is felt an inflow of heat and power, perhaps a Light is seen, and wholeness of mind and body are experienced where before there was sickness. (A12)

It can be done. Miracles also occur over a longer time span and are therefore discounted but may well be as much a result of ongoing faith as the quick spontaneous healing. Other miracles of ‘fulfilment of need’, take place far more than you realise they do. Seek to BELIEVE, pray for BELIEF — and when you least expect it, it will be given you. Seek to be absolutely consistent in all your efforts to find and make contact with the Divine — and it will surely be given you. (A12)

It is a LAW OF EXISTENCE that when you ASK you will receive. When you SEEK, what you seek will be revealed to you. When you knock it will be opened to you.

But you can only receive to the extent that you truly believe you are able to make true contact with me and the Infinite. (A13)

But if you BELIEVE, you have but to ask — NEVER DOUBTING —
and it will be done for you. *(A13)*

Take comfort. Believe! *(A12)*

17. What is it like to be a Master?

A true Master understands that the ORIGIN of all creation is UNIVERSAL CONSCIOUSNESS and that IT is the Divine Source of all Love and Intelligence. (A6)

When he reaches this state of **inner cleanliness of thought, feeling and action**, never demanding of others but willing and eager to give to the uttermost of all he possesses, because he knows perfectly well that he can have anything he needs, he will be a perfectly open channel of DIVINE CONSCIOUSNESS which is the creative Impulse within this dimension of visible creation. (A6)

When he has achieved such a state of inner purity and cleanliness, he will live in a state of inner joy, peace, and unconditional love. (A6)

He will understand the living world and the difficulties such living things encounter and feel an immediate and spontaneous love and compassion for all. (A6)

He will have transcended the world and its millions of self-interests, self-indulgences, experiences of despair, fear, revenge, hatred, slandering, gossip, rejection of others. (A6)

All these worldly activities will go on around him but he will not experience them himself. He will only feel boundless compassion and love for them. He will only long and yearn passionately, to TEACH the world the TRUTH OF BEING. (A6)

He will make every sacrifice with joy, to help people understand the TRUTH and live it in their every thought, word, deed. (A6)

He will do this, because it will be painful for him to know that as people stubbornly persist in their own way, thinking, feeling, reacting, in any way that their emotions prompt them to do, they are only creating more of the same misery which has driven them to seek a way out of it. (A6)

18. Will reading The Christ Letters make me a Master?

Reading alone will not make you a Master. (A6)

A true Master understands that the ORIGIN of all creation is UNIVERSAL CONSCIOUSNESS and that IT is the Divine Source of all Love and Intelligence. (A6)

To be a true Master, a person has to understand the way the universe has come into being, know, intimately, the true nature of UNIVERSAL CONSCIOUSNESS, and has to so purify himself of the impulses of the Ego, that he is absolutely free of all ego impurities in his mind and emotions. (A6)

19. How does Christ's Message compare to other teachers?

Do not compare my message to you with the messages from others. (A6)

Everyone has their unique mission and purpose in life — and mine is EXCLUSIVELY to give you the exact means to lift yourselves out of your present turmoil of existence — nothing else. (A6)

Therefore, my messages may be repetitive but they are directed solely to inspiring and helping you to make a decision to follow CHRIST'S WAY — MY WAY, no matter how difficult you may find that way to be. (A6)

You will persevere because along My Way, you will find rewards which will prove to you that you are definitely on the right path. (A6)

20. What is the Ego's focus, its 'job'?

Your Ego's job as 'Custodian of your Individuality' is to ensure your survival. (A2)

Therefore, it springs to your defense and you feel that opposition in any form, is intolerable and not to be borne. (A2)

As a result, you find your minds and emotions becoming agitated, resentful and heated, and you want to hit back, to make the opposition go away, whether it is justified or not. (A2)

This is something that people must understand about the Ego — it is absolutely lacking in insight, objectivity or spontaneous sense of justice. (A2)

When you are controlled by the Ego Impulses, the consciousness vibrations you are now emitting are so off balance, so devoid of good sense, that they adversely affect the people around you and create consciousness blueprints of so much disharmony that they begin to affect your future experiences, activities and situations. (A2)

The Ego Impulses impel you to grasp those possessions which you believe will make you more comfortable or happy, and to push away, defend yourself, physically if necessary, from those elements and things which make you uncomfortable or are perceived to be dangerous to your life and wellbeing. (A12)

The EGO sorely limits the breadth of your human perceptions and vision, since **it forces your consciousness to focus exclusively on your own happiness and survival.** (A12)

You have to understand that your ego must, (of necessity to enable you to survive), make you believe you are of value to yourself and other people. (L8)

21. At what point does the Ego take over control in a person?

The EGO takes over control of your developing foetus from the time of the union of the semen and ovum. (L6)

The new little being became an 'I' immediately, feeling satisfaction and dissatisfaction in the womb depending on its sense of comfort or discomfort and what was happening to mother. (L6)

When you were born, your instincts of survival imprinted with the deep primeval knowledge of 'created beingness' buried in each living cell of your body, prompted you to breathe, and become aware of an emotional emptiness and deprivation at your separation from the comfort of the confining womb, which was then felt as a physical emptiness and need for physical nourishment. (L6)

Thus was your ego cry born. (L6)

When you cried you were given nourishment by mother which was deeply satisfying — both physically and emotionally. When your needs were fully met, you could slip back into a state of equilibrium within sleep. (L6)

When you woke from your equilibrium, you felt a sense of insecurity (the equilibrium now divided into mental and emotional awareness), you remembered that mother and milk created a

fulfilment of needy insecurity, and so again, you cried. Your needs were fulfilled. (L6)

So did your **ego-drive** develop. (L6)

Sometimes, you cried and it was humanly decreed that it was not yet feeding time and you were left to cry for a while. This built up an awareness that needs were not always satisfied immediately and you would have to adapt.

You either chose anger and cried more vigorously — or lapsed into acceptance. Your choice of reaction depended on the characteristics of '**ego-drive**' imprinted in your consciousness at birth. (L6)

Neither forms of ego-drive were to be condemned or judged. They were the natural result of the **Creative Factor of Ego** which ensures **INDIVIDUALITY**. (L6)

As the baby develops, the ego begins to make itself felt. It is the foundation of your human selfhood which gives you individuality. **It is the energy of your human consciousness.** (L7)

It makes you distinct and unique from everyone else. (L7)

In order to preserve your individuality, the ego must protect you from outside attack of any kind and it must give you what you need to help you prosper, flourish, grow and be happy. (L7)

This is Divinely ordained and not to be treated with contempt. The ego constitutes an 'all-important' and very necessary nucleus of consciousness of creation, development and growth. (L7)

22. How can the Ego have so much control and do such reprehensible things?

The 'ego' can only have total control and do reprehensible things because the 'soul' is still asleep within the heavy cobweb bondage of the magnetic personality. (L8)

Where this is the case, there is no possibility of persuading such a person he has done wrong against others. There is no interior illumination from Light to show him a better way to live. IT is entirely blocked by the ego magnetic consciousness. (L8)

However, the pain such a person experiences (since everything he does to others will return with full measure and more), will ultimately make him question existence, and asking questions is the means by which to receive answers from '**DIVINE-LIFE**'. (L8)

Some psyches are enabled, by their increasingly spiritualised mental/emotional fields to peer through the ego consciousness and embark on neighbourly, caring acts which can only proceed from the promptings of the soul drawn from the **Divine Reality**. Therefore, the greatest respect and consideration should be accorded to all living things. (L7)

23. Is the Ego necessary?

As I have explained in my last **Letter** — **EGO** is the: (L6)

GUARDIAN of INDIVIDUALITY (L6)

If you did not have this inbuilt impulse to ‘cry’ for what you want to make you happy or reject what makes you sad, you would be in a limbo of nothingness. (L6)

If you did not run when faced with danger or did not call for help when in danger — you might die. (L6)

If you had not cried — ‘demanded’ food — when you were born, you might have starved. (L6)

If you had not welcomed mother’s milk and nuzzled her warmly, you might never have developed a close caring bond with her. (L6)

Without the **EGO-DRIVE** there would be no creation, no individuality, no fulfilment of need, no protection, no warmth of response and no human love. (L6)

Without the **EGO-DRIVE** there would be no self-defense, no self-protection, no survival. (L6)

You could call the Ego-Drive the Protector and Dictator of the *living Universe*. (L7)

This is Divinely ordained and not to be treated with contempt. The Ego constitutes an ‘all-important’ and very necessary nucleus of consciousness of creation, development and growth.

The Ego is the tool of Divine Creativity to produce *individuality* out of the UNITY OF ITS OWN BEINGNESS. (L7)

However, the EGO-DRIVE — primarily the ‘I’ of the individual, is imprinted only with the need for SELF-SATISFACTION and SURVIVAL. (L6)

In childhood, the ‘I’ of the ego is governed by likes and dislikes, wants and rejection of what is not wanted and by habits formed by a constant repetition of feelings. Bad habits in the form of unacceptable ego responses to personal experiences and the environment are formed and these are, in turn, imprinted in the unconscious — or subconscious mind — and remain hidden. However, they erupt into repeated behaviour patterns when the ‘memory’ of previous circumstances and modes of behaviour unconsciously bring them to mind. (L6)

Now, the subconscious mind and the conscious mind begin to work together to develop the personality. (L6)

Much of the behaviour becomes ‘conditioned behaviour’ and very difficult to break. When the person is unconsciously programmed with strong self-centred ego habits of thought and behaviour — and finds it difficult to live with others in harmony — that person then goes to a psychologist for help in unravelling the complexities of the mental/emotional problems. (L6)

Until my **Truth of Existence** is fully understood and the life-giving principles become the consistent guidelines of habits of thought and responses to life's experiences, the pain and suffering arising from the ignorant indulgence of the ego-drives will persist. (L6)

24. What is the first step in overcoming the Ego-Drive?

The answer lies in my statement: (L9)

‘Do to others as you would be done by’. (L9)

This is the first step to overcoming ego-drive. (L9)

When involved in argument, let there be full justice rendered by each party to the other. (L9)

Listen — absorb — heed — make amends as far as possible. (L9)

Make certain that in your demands you do not make inroads on the well-being of the other party — be it personal, pleasure, business or industry. (L9)

Remember that as you do to others, so will it eventually be done to you. (L9)

Remember that your thoughts, words and actions of today will take on form in your experience in days, months or years to come. Sometimes, the sowing will take years to grow into its harvest and the sowing will have been forgotten. However, rest assured, whatever you do today will return to you in some related form,

although you may never recognise it as such or perceive the connection. (L9)

Whatever you would have people say about your mistakes — say those things — and mean them — about the mistakes that other people may make — friends or strangers. (L9)

Give the acceptance and forgiveness you would like to receive. What is true forgiveness? It is a state of understanding the other person and their reasons for their behaviour so clearly that you can say in all honesty — there is nothing to forgive. (L9)

The loyalty, kindness and generosity you would like to receive when in trouble — give to others when they are struggling with heavy burdens. Never turn to them a cold shoulder. (L9)

Learn to look at a person or a situation with the eye of kindly discernment. See them as they are at this moment and then remember that I see them with compassionate love. (L9)

If you see a real need of improvement in them — for their own good and the future enhancement of their well-being — look at them only with heart and eyes of love and see them as they can be in the future. Take them in thought to their **SOURCE of BEING** and know that your prayer has surely blessed them and opened doors to their development. Seek guidance from Divine Consciousness as to whether you can broach the subject of their ‘improvement’ and ask how this may be done to ensure their happy acceptance of counsel and ultimate success in personal development. (L9)

If someone wants to tell you how you have hurt them at any time — stand or sit still quietly and **know** that this is a true challenge to your ego-drive. This is your big moment — your greatest testing-point. (L9)

How will you handle it? Will you make excuses and defend yourself, considering, even saying, that your actions should not have hurt the other person — and were fully justified in the circumstances? If this is how you respond, then your ego-drive is still in perfect control of your consciousness. (L9)

If, however, you can realise that the great moment of truth is upon you — and because of this awareness — you are able to remain quiet and calm, listening to the other person's descriptions of their hurt at your hands, you are succeeding in the first overcoming of your ego. (L9)

The next urgent step is to put your own need to defend yourself firmly aside and sincerely empathise with what the speaker is saying. You will only be able to do this sincerely if you can be self-effacing enough to enter a place of inner silence where you can fully enter into their hurt, hear what they are saying and receive their pain into your heart. If you can do this, you will have got inside their skin. And when you can get inside their skin and feel their pain, you will want to apologise from the very bottom of your heart for what you did; the pain you inflicted ignorantly and unknowingly will become your own pain and you will not rest until you have managed, through loving words, to remove all residue of pain from the other person's consciousness. You will then have healed the hurt and it will also be eliminated from your

electromagnetic consciousness system. You have won a great victory over self. You will have reached that point of inner strength and endurance when you can truly perceive the reality of other people as being of equal validity with your own. You have recognised and accepted that others can be hurt by your actions in just the same way as you have been hurt by others. (L9)

After reaching this **great moment of truth** in your life, you will find yourself able to move between yourself and others quite comfortably, able to see events from their perspective as easily as you can see your own. A great balancing between the needs of other people and yourself takes place, and you enter into a state of peace since you are now confident that you treat others fairly and with generosity of spirit. You have now begun to remove the barriers between yourself and other people and are receiving them into your heart. (L9)

You have also begun to remove your own defences and because of this, you will find that — at last — **you are achieving true self-esteem and peace of mind.** (L9)

This new understanding of the feelings of others will inspire in you a great respect for them. You will always want to deal with them justly, giving them their dues, never wanting to take advantage of their good-nature, never wanting to put them down, reduce their self-esteem, always ready to encourage and pick them up when they're in pain — physical or emotional. (L9)

You will find yourself doing these things for yourself also. You will become your own counsellor, support, healer. (L9)

You will see each person, no matter what their status, as of an equal basic reality as your own and you will see that you are the equal of everyone else be he King, Pope or President for underneath the externals, you have both come out of the **GREAT UNITY of BEING.** (L9)

Therefore, you will no longer feel inadequate in any situation, because you have moved forward in the strength and wisdom drawn from Divine Consciousness, and recognise that you, too, have equal rights with everyone else. (L9)

Quietly, calmly, you will not allow others to take advantage of you. You will be able to speak your mind clearly and honestly with due regard for the feelings of the other person. You will no longer want to denigrate another and reduce their self-esteem. Rather, will you make every effort to save their self-respect yet relating your truth in a clear, but loving way. (L9)

Remember, when stating your truth to another, it is not within your province to tell them how they should act in any given circumstance or how they should react to your words. (L9)

However, standing by UNIVERSAL VALUES of perfect honesty, conscientious work, goodwill towards all, caring for the underprivileged, a person is entitled to demand that these values should take precedence over every other consideration of EXPEDIENCY within a group or community enterprise or national endeavour. (L9)

You also have a perfect right to say how you are made to feel by a person's belittling behaviour towards you — **should you be aware**

of a need to do so. It is probable that your *caring* honesty may be necessary to solve or clarify a certain situation for the good of all.

(L9)

State your case with kindness — gently tell them how you feel in the present unpleasant circumstances and explain what has made you feel that way. Do not say ‘You did such and such a thing’ because they will feel you are blaming them and immediately you will arouse the ego defence mechanism in the other person. Thereafter, the confrontation will become difficult and unpleasant for both of you. To get through to ego-driven people you must continually speak in such a way as they will never feel threatened. This is the art of loving communication and you can only learn it by trial and error and dedicated practice! (L9)

Each time, you conquer ego in yourself, it becomes that much easier to relate to others because you are reaching an understanding of the function of ego in all people. (L9)

As time passes, and you are gradually released from the grip of your ego-drive, you will find that, more and more, you can listen to others with soul empathy and love. If they behave in a way which would have hurt or offended you previously, you will feel the welling up of laughter instead. You will then know that your soul is in direct touch with **Divine Consciousness** — for **Its** natural state is that of laughter. (L9)

25. How does a person who has freedom from the Ego behave?

Eventually, such a person is totally free of fear.

There will be absolute conviction that wherever he goes, he is protected. Although he may go through potentially dangerous experiences, he will emerge unscathed. He will know that he has no need of sword or gun to protect him. He is protected against every negative eventuality wherever he is. (L8)

He will fear no sickness, since he will know that every built-in device in his system to keep him healthy is fully operative and working efficiently. (L8)

He will know that he will never 'want' for the things needed to make his life happy and comfortable. Continually, he will praise and give thanks to 'FATHER-MOTHER-LIFE' for all things already received and that will be received in the future. (L8)

He knows he will be guided to be at the right place at the right time. (L8)

He also knows that he can ask for whatever is needed and the response will come swiftly. (L8)

But the asking will come from his spiritually enlightened centre and he will never seek for anything selfishly but will always pray

for things within the context of what will be good for his environment, community, family, friends. (L8)

He will have an open mind, knowing that TRUTH is infinite and whilst he may know much, there is always a further dimension to explore. This is what makes life in any dimension, even the Celestial Kingdoms of consciousness, so exhilarating and purposeful. (L8)

In his daily life, the enlightened soul will wake up with a mind empty of all but praise and thanksgiving. Eventually, he will be aware of the chores awaiting him, and giving thanks for the energy and the willingness to perform these tasks, he will go away to do them without any inner resistance or reluctance to start. (L8)

As a result of this attitude to daily routine, he does not waste energy on resistance in any shape or form. If there is a special reason to resist some suggestion or coercion, he will do so calmly and reasonably without magnetic-emotional feelings of annoyance or rejection. (L8)

He becomes the dispassionate observer, doing the right thing at the right moment. (L8)

He possesses his soul in patience, waiting for guidance, waiting for the right doors to open, waiting for confirmation that any plans are indeed divinely willed into being through his mind and heart and energy. He becomes a true man manifesting '**Father-Mother-Life-Consciousness**'. (L8)

26. What does it mean to be a 'dispassionate observer'?

"...doing the right thing at the right moment." (L8)

You now begin to operate more and more within the Superconscious mind which is in ever greater contact with **'Father-Mother-Life-Consciousness'** until the time comes when you can no longer bear the 'ego' thoughts and feelings dominating your normal every day consciousness and you die the death of total self-surrender. (L8)

When this happens, **'Father-Mother-Life-Consciousness'** will fill your vision to the exclusion of all else. You will be entering the 'consciousness frequencies' of what I termed, on earth, the 'Kingdom of Heaven'. (L8)

This phase will be characterised by a gradual withdrawal from the kind of life you enjoyed before. (L8)

Your thought life will become ever more purified, and you will find yourself responding to situations, events and people, in a more **dispassionate way.** (L8)

Whilst you may be less emotionally warm or cold than before, you will now be in the first wave-lengths of what you term 'unconditional love' and will do everything from the point-of-view of promoting the highest good of everyone, which means: for their

growth, nutrition, healing, protection, fulfilment of their legitimate needs within a system of law and order. (L8)

You will love more deeply than ever before but there will be none of the 'human' sentiment which can cause so many errors in communication and action. (L8)

When you have gained true inner knowledge, you will be able to transcend the emotional baggage, you will be able to meditate and draw upon '**Father-Mother-Life**' and you will feel new energy entering your system, giving you new buoyancy. You will laugh, be more playful, find happiness in little things, love the world, feel brimming gratitude for every little blessing entering your life. You will find the blessings multiplying in your experience and showering your daily path. (L8)

He becomes the dispassionate observer, doing the right thing at the right moment. (L8)

He possesses his soul in patience, waiting for guidance, waiting for the right doors to open, waiting for confirmation that any plans are indeed divinely willed into being through his mind and heart and energy. He becomes a true man manifesting '**Father-Mother-Life-Consciousness**'. (L8)

27. How does Enlightenment happen?

True Enlightenment is an inflow of Divine Consciousness into your human consciousness which you will never lose and which permanently transforms your attitudes to your Creator and your life generally. (A1)

Pray sincerely, with all your souls, minds, hearts — for *true enlightenment* — rather than a reiteration of old and false beliefs.

(L8)

Enlightenment can come in various ways — it can come as a mind-blowing experience which immediately transforms your perception of your SOURCE of BEING and your previous intellectual understanding of your world. (A1)

Or — through persistent study of my Letters, little moments of extraordinary insight, little times of illumining shafts of LIGHT will enter your mind which will shift the focus of your inner sight — or clear the lens through which you see the world and judge the validity of all its opinions and beliefs. (A1)

Gradually, you shed the illusions which previously blinded you and you find yourself gaining mastery of your mind and actions, leading to wholeness in every aspect of your individual being. (A1)

28. How can we recognize a True Spiritual Leader?

The **True Spiritual Leader** will be able to show their congregations how and why modern mindsets have created the calamities and horrors which have been created in ‘consciousness’ and are only just beginning to make themselves fully felt in your midst as diverse forms of pestilence and earthquakes, floods, famines, wars, revolution and other tragedies. (L1)

Be assured! No evil which comes to your earth is a ‘natural disaster’. Everything inimical* to your perfect welfare is bred first in your ‘human consciousness’ and then given form within your global experience. (L1)

Only the teachers who can lead you through all the levels of self-realisation, remorse, awakening, changing mental/emotional patterns, moving ever upward into higher spiritual frequencies of vibrations until reaching true ‘**God-realisation**’ — are the **Teachers of Truth** — who can truly lead you into the Kingdom of Heaven. (L8)

* *harmful*

29. Why do some Spiritual Leaders and Teachers mislead their followers?

Please note well, all followers of Christ's Letters, who have also followed other spiritual leaders —

Your ego remains in control of your consciousness until you have, little by little, drawn into your minds, the transcendent Divine Consciousness to gradually spiritualise your mental processes. (2014M)

Will you please note: I have to tell you that human seekers of spirit have been misled by teachers who have only absorbed certain facets of my message. (2014M)

When water is poured into porridge, it softens the porridge but it is absorbed into the porridge and takes on the consistency of the porridge. So it is when spiritual inspiration flows into a receptive mind. It takes on the nature of the human mind. Very rarely is the inspiration so powerful that it can enter and flash its Truth into such a powerful awareness, that a person's beliefs are immediately changed. **This is why inspired people teach many versions of Truth.** (2014M)

The fatal version is when people are told that they are Divine because they have drawn their being from Divinity. (2014M)

The truth is, they can draw little streams of inspired consciousness into their minds, and very little by little, the darkness of the human ego is dissipated and is illumined by Divine Inspiration. Eventually,

the consciousness is fully illumined, and the ego is overcome. When this happens to a person, that person becomes fully UNIVERSAL in Consciousness and is no longer aware of any desires for the self at all. (2014M)

It focuses on otherness entirely and lives only to experience the rapture and ecstasy of **Divine Consciousness** and to lovingly promote the wellbeing of others. (2014M)

This is CHRIST CONSCIOUSNESS. (2014M)

30. What is the 'WORD'?

WORD *signifies a very special 'consciousness' form.* (L1)

Hence the original **WORD** in '**Creative Power Consciousness**' becomes manifested in the visible world. (L1)

The **WORD**, and therefore the '**Consciousness Pattern**' remains within the *DIVINE CREATIVE MIND* continually bringing forth its own. (L1)

I could 'see' then, that everything in the universe, did 'live, move and have its being' in the **Creative Power** of **UNIVERSAL MIND** which was infinite and eternal and was the only true *Reality* behind all manifestations of individualized form. (L1)

31. What binds a person to the world?

‘From birth to death — people believe and insist that their five senses of sight, hearing, touch, smell and taste, correctly predicate the ‘reality’ of themselves and the universe around them. Therefore, because they draw their mind power direct from Divine ‘Creative Power’, it is done to them *according to their beliefs.*’ (L1)

Each thong represents a person’s habitual thoughts, responses to people and events, prejudices, hates, animosities, anxieties, sorrows, all of which bind him down and shut out the Light from his inner vision drawn from the ‘Creative Power’. Thus he enters into darkness but does not know it. He believes he is growing up and becoming mature in the ways of the world which will enable him to forge ahead and make ‘good’ — become successful — the aim of most people on earth. (L1)

In fact, the more mature he becomes and versed in worldly ways, the more densely do his chains and thongs imprison him within the grip of the twin IMPULSES of ‘Bonding-Rejection’. (L1)

Furthermore, each chain is forged out of selfish and deceitful desires, greed, aggression, violence and rape. These chains hang heavy around him and burden the psyche, which is the ‘creative consciousness power’ deep within him. Chain and thong will bind him tighter with every passing year until he realises what he is doing to himself and sincerely repents each thong and chain and makes due restitution to others whom he has harmed. (L1)

Man himself is born with all the potential to make a beautiful life for himself but he, himself, by indulging his selfish desires and hatreds, creates a prison of misery for himself from which there was no escape until such times as he realises the **TRUTH OF EXISTENCE**. (L1)

All the problems of harsh existence lay within the thought processes of man himself! (L1)

32. What are the Universal Laws of Existence?

Universal Laws of Existence relate ONLY to ‘activities of consciousness’ ... and are exact and undeviating ... they are NOT rewards or punishment from ‘God’. (L3)

You can no more escape the most fundamental **Laws of Existence** regarding your thinking and feeling — sowing and reaping — than you can escape the laws of electromagnetism in your material world, for electromagnetism is the **IMPULSE** producing the Law of sowing and reaping, just as electromagnetism produces form within the fundamental field of energy particles. (L3)

I was also shown the **LAWS OF EXISTENCE** controlling the human ability to create new circumstances and environment, relationships, achievement or failure, prosperity or poverty. (L1)

Whatever man profoundly **BELIEVES** himself to be, good or bad, that will he become. (L1)

Whatever man **FEARS** others will do to him, so will they do. (L1)

Whatever man **HOPES** that others will do to him, he must first do to them, since he is then creating a ‘consciousness pattern’ which will return to bless him to the extent he has blest others. (L1)

Whatever disease man **DREADS** so will he become prey to it for he will have created a 'consciousness pattern' of the very thing he least wants to experience. (L1)

Whatever is sent forth from man's mind and heart — returns to him in due course in some form or another, but remember that like always breeds like. Strongly held emotional thoughts are 'consciousness seeds' planted within a man's own orbit of consciousness. These will grow, bearing a like harvest for his reaping. (L1)

These are the fruits of free will. (L1)

There is no way that man may escape what he thinks, says or does — for he is born of the Divine Creative Consciousness power and is likewise creative in his imagining. (L1)

Those who long for good for themselves must first give it to others. Let their very existence be a blessing to others. (L1)

When such people are in harmony with all others — they are then perfectly attuned to the Universal Creative Consciousness power — and they are brought into the flow of the Father 'nature' which is growth, protection, nourishment (physical, mental, spiritual) healing, fulfilment of need, within a system of law and order. (L1)

33. What are the Principles of Creation?

These ‘principles’ of creation, the characteristics of the Creative Power Itself, are as follows:

[I am translating them into your present tense because these ‘principles’ are eternal.] (L1)

1. The ‘Nature’ of the ‘Creative Power’ is GROWTH. (L1)

Everything living always grows. (L1)

GROWTH is a universal characteristic, an undeviating principle of existence. (L1)

2. The ‘Nature’ of the ‘Creative Power’ is NUTRITION and NOURISHMENT. Nutrition and Nourishment are a normal and marvellously organized process within bodies which is evident to all who take the trouble to consider them. Nutrition is provided for all living things according to individual preferences and the food is digested to promote health and well-being. When little creatures are born, milk is already supplied within the mother, ready and waiting for the newborn. This too is a mystifying principle of existence none can deny. (L1)

No science can explain why such a fortuitous function within the system, ensuring survival of the species, should have originally

come into being. The actual function itself may be understood but not the 'why' and the mainspring of the function. (L1)

3. The 'Nature' of the 'Creative Power' is HEALING. (L1)

Healing is a natural characteristic of existence and can be said to be a natural 'Perfecting Process', which takes place to ensure individual comfort, but none can explain what prompts the activity of healing. (L1)

4. The 'Nature' of the 'Creative Power' is PROTECTION. (L1)

Protection is an integral characteristic of Creative Power and all of Its seeming 'miraculous' activity in the world is geared towards protection. (L1)

[Today, your medical text books describe the various protective systems in your body but when I was in the desert I 'saw' the characteristic of Protection inherent in the Intelligent Creative Power in the following way.] (L1)

As plants, birds and animals were presented to me for inspired observation, I could see how every 'need of protection' in bodies has been lovingly supplied, with the greatest attention to detail. (L1)

5. This characteristic of 'Protection' is combined with the other dynamic characteristic of FULFILMENT OF NEED. (L1)

This was made clearly apparent in the provision of hair, fur and feathers to protect the skin of living creatures and to provide warmth in the cold and shelter in the heat. I saw that the tender endings of important and sensitive fingers and toes were all provided with appropriate protection of hoof and nail. Eyebrows protected eyes from sweat, eyelids and lashes protected eyes from dust and damage. I realised that those animals which attracted flies were equipped with the kind of tails which would most speedily get rid of them. (L1)

What a happy, joyous kind of love and caring were expressed in these small physical attributes which seemed so small and inconsequential and yet had such a profound bearing on the comfort of all living things. These physical luxuries, added to the basic physical design, were clearly the product of an Intelligence which intended creation to be comfortable and happy — free of the stress which would have been experienced by man and beast if these ‘luxury items’ had not been given them! (L1)

Even the natural functions were so intelligently and comfortably designed as to call forth thanksgiving. Everything tucked so neatly out of sight. How blest, how fortunate was mankind to be born into a life so wonderfully provided for! Again my praises soared and I was lifted on an inner golden light of rapturous wonder — for I now ‘saw’ that, in addition to freedom from stress, living creatures were also meant to express the exuberant loving **NATURE** of the **Creative Power**. For this reason, they were equipped with limbs: arms, hands, legs and feet, fingers and toes, to enable them to move about, run, leap and dance, to be able to express their inmost thoughts and feelings. I even felt that if mankind longed to fly and

grow wings and believed with all their hearts they could do so; eventually they would begin growing something additional to enable them to fly. (L1)

It was at this point of understanding of the **NATURE** of the **‘Creative Power’** that I came into the full consciousness of the **LOVE** directing the **WORKS** of the **Universal Intelligent Creative Power**. (L1)

As I pondered this **LOVE**, I realised that the ‘mother’ in creation, nourishes, protects, fulfills the needs and tries to promote healing of offspring; this is the activity of **LOVE**. (L1)

6. The innate characteristic of the LOVING INTELLIGENT CREATIVE POWER which has given creation its individual form and ‘being’ is WORK. (L1)

It works for us, in us, and through us. (L1)

Its ‘work’ is always, always, always, prompted by LOVE. (L1)

This cosmic revelation filled me with joy and astonishment. What a wonderful world we lived in! It was the culminating point in my enlightenment and my overall view of the **TRUTH** concerning the **SOURCE of ALL BEING**. (L1)

I had already ‘seen’ the reality of the physical bodies composed of various communities of identical ‘infinitely tiny entities’ working in a spirit of co-operation and harmony to produce the various components of the body — flesh, bone, blood, to eyes and hair. (L1)

The only difference between these communities **lay in the type of work** demanded by their common goals. Surely the **DIVINE IMPULSE** behind all this intelligent, purposeful activity in the body, was both the inspiration and foundation of man's own conduct when people worked in unison to produce a planned objective? They drew intelligence and purpose from the **Creative Power**, yet how very different was man's behaviour when engaged in earthly construction or any other communal project for it was inevitably characterized by arguments and dissension.

(L1)

I was brought to a realisation of the **INFINITE POWER** of the 'Intelligent Creativity' ever active within creation, maintaining order, co-operation, harmony, daily productivity, unequalled by man anywhere, at any time. (L1)

7. SURVIVAL was a natural characteristic of the '**Creative Power**'. In every case, the most wonderful provision had been made for all living things to grow, be healed of illnesses and injury, nourished in order to keep the body healthy, and to produce its own kind in order to ensure survival on this earth. This was the only reality mankind could be absolutely sure of and **Its** activity was consistent, year in and year out. The sun, moon, stars, all remained in their places for millennia and it was recognized that they all possessed their own paths of movement — this phenomena was all part of the grand scheme for survival in creation. (L1)

If this was so, how could there not be survival of the eternal flame of: (L1)

Loving Intelligent Creative Power hidden within the created entities of every kind in the universe? Therefore, this world was but a shadow and image of the hidden worlds of Loving Intelligent Creative Power beyond this dimension. The Reality of the entirety of creation lay beyond this visible world. (L1)

8. The inherent characteristic of Loving Intelligent Creative Power was RHYTHM. (L1)

I saw that there was a RHYTHM in operation in the world. (L1)

Everything was subject to seasons which gave a blossoming and burgeoning of life, a growing season coming up to the ripening and harvest, and the production of seeds which ensured the survival of plant life. Then there was the gradual dying away and rest period of winter. But nothing created and living was allowed to become extinct. (L1)

The sun and moon expressed these characteristics within the universe. This rhythm could even be seen in the females of living things. (L1)

Therefore, everything in creation had its due time for appearance and harvest. It followed that man himself was subject to tides of growth and success and tides of dormancy. (L1)

9. The inherent characteristic of the Loving Intelligent Creative Power was LAW AND ORDER. (L1)

The undeviating order and reliability apparent in creation, even governing the tiny entities ('cells') within the body, were astonishing and far transcended any human endeavor. Therefore, the entire universe was operating under a system of perfect LAW and ORDER. (L1)

I realised on ever higher and higher levels of spiritual exaltation that the 'creative power' exhibited intelligent purposefulness and loving concern for all living things. I realised that life was not something nebulous or amorphous but an intelligent loving creative power which I could actually feel within myself as a tremendously heightened state of being, perception, radiance, ecstasy, joy, love. I knew myself to be one with it — filled with it — and I was one with everything around me and one with the sky and stars. (L1)

And — most wonderful and glorious of all — the very '**Nature**' and '**Function**' of this '**Father — Creative Power**' was to work in order *to* create joy, beauty, and comfort to ensure mankind's well-being, to work within mankind to provide interior joy, health and comfort, and to work through mankind, inspiring him with new realisation and understanding. (L1)

Wonderful vistas of glorious creativity came to mind. Once we became truly 'at one', purified channels and instruments of the '**Intelligent Creative Power**', we could gradually ascend in consciousness until we truly expressed through our minds and hearts the very '**NATURE**' of the '**Universal Creative Power**'. Then 'life on earth' would indeed become a 'state of heaven' at all times and we would enter into a state of eternal life! (L1)

This must surely be the true goal behind creation, I thought. And it came to me with a surge of elation and loving joy, that this was the purpose for which man had been evolved and developed! (L1)

But — even at this present time, although mankind was so very imperfect in his behaviour, absolutely nothing was impossible to him in the future, since, despite his wrongdoing, he was one with the ‘Creative Power’ and the ‘Creative Power’ was within him, giving him life, limb, and everything else he needed. (L1)

All of this realisation lifted me to the heights of rapture, elation and sublime ecstasy, so that I was scarcely able to bear it. I felt my body must dissolve with the expansion of Power within me. I was irradiated with **LIGHT** and could see **IT** all around me illuminating the desert scene. (L1)

My heart sang in praises. How wonderful and beautiful was the Loving Creative Power which worked in, through and for us, unceasingly! (L1)

What a MIRACLE was creation! (L1)

34. What is the intention behind Creation and to what should we aspire?

You only have an individual consciousness because you have drawn it from the Creative 'Father' Consciousness'. (L1)

When your personal consciousness is fully cleansed of negativity, you will discover that you, too, have become a purified channel of **Creative 'Father' Consciousness**. You will also be a joyous source of growth, nutrition, healing, nurturing, protection, fulfilment of need, within a system of good organizational law and order to all who come within your orbit. This powerful influence will be extended through your mind to your families, friends, neighbours, farm lands and your animals and crops. (L1)

Even as electricity passed through your hands will light a Bunsen burner in a laboratory, so will your **LIFE FORCE** radiations benefit all who come within your radius of influence. (L1)

This was the intention behind creation. (L1)

You were intended to express Universal Creative Consciousness through your mind and heart. I, the CHRIST, have come at this time to show you how to do this. (L1)

First of all, consider my ‘state of consciousness’ when I performed my so-called miracles. (L1)

I did not pray a set prayer. I simply asked the **Creative Father** radiating through my own consciousness, for whatever was needed. (L1)

I strongly realised and visualized the ‘**Father Creative Consciousness**’ was a dynamic operating **Force** which manifested itself through the visible world as: (L1)

Creativity, intelligent design, growth, nutrition and nourishment, protection, healing, regeneration, fulfilment of every need — all within a system of law and order. (L1)

I realised that the ‘**Creative Father Consciousness**’ would radiate **all Its Nature** through my consciousness to enter the consciousness of those who had asked for healing and sincerely believed they would receive it. I also knew that if they did not have ‘faith and expectancy of healing’, this type of negative consciousness would not be influenced by the inflow of the **NATURE of ‘Father Consciousness**’ and no healing would take place. (L1)

I also realised that the healing work done by the **Creative Father Consciousness** was really **Love made visible** on earth. (L1)

I also realised that all the work done by the **Creative Father Consciousness** within the visible world was **Love** made manifest — and gave thanks. (L1)

I realised that out of **Universal Consciousness** had come all the substance of the universe — and gave thanks. (L1)

I realised that **‘Father Creative Consciousness’** was the **‘worker’** and that **It** was eternal and infinite and nothing — nothing except the human mind — could stop it from doing its work. (L1)

Therefore, I rid my mind of any human feelings and thoughts, and I knew that I was a perfect channel of **‘Father Love’** and knew that the perfect will of **‘Father Love’** would be accomplished in the person who needed healing. (L1)

But note this: I also knew that whatever in that person’s consciousness had brought about his crippled, or maimed, or diseased condition had been erased in his body for the time being. (L1)

The question was: would his normal ‘consciousness’ bring about a return of the condition divinely erased from his body? (L1)

Therefore I said to the person who had received healing: ‘go your way and sin no more’. (L1)

I want you to know and believe with all your hearts that my state of consciousness when on earth, described to you in the above paragraphs, is the ‘state of consciousness’ to which you should also aspire with all your mind and heart. (L1)

35. What is the cause of all the crime in this world?

Your human consciousness is imperfect. It is fabricated out of selfish egotistical drives. Let not your ego resist this valid statement. (2007M2)

You are in no way to be blamed for this, because the ego is divinely created in order to separate **Divine Consciousness** into individual people. (2007M2)

You need the Ego. It defends you and it draws to you what you need to survive BUT it can overwhelmingly force an individual into behaviour which is sick — psychologically speaking. (2007M2)

You know that Ego is the impulse behind all the crime in the world. (2007M2)

I would have you know it impels people into such deep-seated narcissism and self-interest that anyone trying to arouse in such a mind any empathy or sympathy, is sadly blocked. No matter what topic may be raised, inevitably, such egotistical, narcissistic people draw the topic back to themselves, how it affects them, how it concerns them exclusively, positively or negatively. Absorbed self-interest is like a thick dense fabric of consciousness energies sealing off the minds of people of every strata of society in every part of the world. (2007M2)

The degree of narcissism varies. I have come expressly to make you aware of it because such narcissistic people cannot live in harmony with other people as they are incapable of hearing the messages from others. This, as much as your crime, causes your misery on earth. (2007M2)

36. What does Christ say about Love?

I know that as soon as you hear a message concerning 'love', you may react with a lift of your shoulders, thinking:

'Yes, that is what they all say. Very easy to say Christ has sent a message about Love — but tell us something new, something real!' (A5)

The very first thing I want to tell you is this: (A5)

There are two kinds of love — both completely different. They arise in two different dimensions of being. (A5)

One is Spiritual and unattainable by the human consciousness until it has gone through specific stages of initial ego-cleansing. (A5)

The second love is human and has nothing to do with Spiritual Love. (A5)

When a person's soul begins to free itself of the Ego, it begins to impress within the person's consciousness an urgent need to get rid of the barriers which shut one person off from another and to feel spiritually at peace with other people. This is an advanced state of the soul which will now meet a personal Master to lead him/her through the various stages of death of the Ego. (A5)

If you examine the nature of human love, you will find that it is entirely based on 'a desire for something which will give you

pleasure' — whether it be new clothes, different foods, a new house, more opulent car, new partner. (A5)

That is why human love evaporates with time. If you come across a man or woman who continue to care deeply about their spouse's welfare after many, many years together, you can be sure that certain aspects of the lover is ascending into the spiritual dimension and absorbing a capacity for unconditional love from higher realms. (A5)

When you encounter the mindset: *'I no longer love you and want someone else'*, you will recognize that this is Human Love, governed by Human Ego speaking, and the consciousness of that person is quite unable to say anything different as that is the level of their personal spiritual perception in your world. (A5)

Therefore, they are not in any way to be judged. (A5)

If you read Letter 7 and Letter 8, you will come to understand exactly what I mean by Ego Love and SPIRITUAL LOVE. You will learn how to move through the Ego Barrier to make contact with the spiritual vibrations of UNCONDITIONAL LOVE to make it possible for you to feel and express true, spiritual, unconditional Love. (A5)

This is essential if you intend to Walk Christ's Way. (A5)

37. What are ‘vibrations of consciousness’?

This article is to draw your attention to the **vibrations of consciousness**. As your thoughts change, so do the vibrations because these are responsible for the appearance of all things. When trees are newly felled, they are healthy and their vibrations are of a certain frequency. But when the wood has lain on the ground for many, many years, the vibrations gradually drop — and the wood visibly rots. (A7)

You should understand that the appearance of the wood is only changing because the vitality and vibrations are gradually fading away. (A7)

Therefore, it should be easy to understand that the reality of everything under the sun is really within the underlying energy which supports it, not in the thing which can be touched, seen and heard. (A7)

The same applies to your bodies. In the beginning, vibrations in a healthy body are normal. Later on, through wear and tear and negative thoughts, the vibrations begin to drop to such an extent that the tissue changes and sickness sets in. When you are tired, exhausted, your vibrations in your body drop somewhat and it is no longer so easy to move around. After rest and sleep, the vibrations are restored and you feel able to continue your daily activities again. (A7)

Everything in existence is CONSCIOUSNESS appearing as different materials in plants, animals, humans, and in inanimate things such as the elements and stones, earth, metals. (A7)

Everything you encounter is really electrical particles vibrating at a certain rate, producing certain appearances. Change the vibrations of a thing radically — and inject it with a new consciousness — and you have a different commodity. (A7)

In this way could I, with the powerful use of my visual imagination and belief, draw together the electrical particles to create food. When you visualize what is needed, and believe with all your heart and mind that this electromagnetic blueprint will draw to itself the components to make it real in the world, eventually it will manifest itself. (A7)

This revelation has been around for a long time but the even greater revelation has been overlooked. (A7)

Beware of what you may be creating for yourself when you have no idea you are doing it. (A7)

Beware of those judgemental, critical thoughts which can harm another human being — and can return to harm you also. (A7)

Beware those unguarded emotional moments when you wish certain circumstances or events on another. Destructive thoughts bring about destructive consequences. (A7)

Have you found that things continually go wrong for you? Examine your attitudes and your thoughts about other people. (A7)

Remember that electricity sends out the message and magnetism brings it back — sometimes with interest. (A7)

Remember that when you look upon things with grave disfavour, or irritation, you are interfering with their natural vibrations which make them what they are. (A7)

Beware, lest, unwittingly, you bring your own house down around your ears! (A7)

Beware when you contemplate the weather. Don't complain about the rain and say you wish it would stop. It may stop longer than you want it to. Don't complain about the sun and wish it would rain — it may come in floods. (A7)

When you WALK CHRIST'S WAY — MY WAY — you will take everything in the world which is posing problems to DIVINE CONSCIOUSNESS — the 'FATHER' and ASK for adjustments or needs which will be entirely suitable for you. (A7)

In this way, the 'FATHER' which is intimately connected with you, within you and around you, will respond with the right input of CONSCIOUSNESS to put all things right for you. (A7)

Each level of *consciousness* frequencies **creates and manifests as different conditions of existence**, since the highest and lowest

vibrational frequencies of consciousness are produced by the highest or lowest spiritual/mental/emotional patterns or forms of consciousness. By high and low patterns, I mean those which are closest and furthest from **Divine Consciousness Intent**. (L7)

As you know, each **frequency of vibration** of sound waves produces its own unique and individual note and tone. Similarly, habitual mental/emotional thought forms produce their own **vibrational frequencies in consciousness** and these in turn, produce the outer conditions in which that consciousness resides. (L7)

The higher the frequencies of **vibration of consciousness**, the more beautiful, harmonious, joyous and fulfilled are the lives of those who reside within those frequencies. The lower the frequencies, the more harsh, bitter, acrid, and miserable are the lives of those who resonate to such frequencies. Their lives are punctuated with disasters, deprivation, and brutality. (L7)

The higher the frequency of **vibration of consciousness**, the more spiritually loving and beautiful are the thoughts, the creative imagination, the ideals and beauty of colour and life forms, for they are rising closer and closer to the dimension of **UNIVERSAL CONSCIOUSNESS** where the frequencies have become so heightened as to level out and enter into powerful equilibrium — the **ALL POWER of UNIVERSAL CONSCIOUSNESS** — the **Source of All Being — LOVE**. (L7)

To you, the outer conditions may appear to be those in which the **body** resides but the truth is, it is the *consciousness* which dwells

within, experiences and responds to the outer conditions. The body is but a vehicle making the human consciousness visible to others, and the condition of the vehicle itself is a manifestation of the level of spiritual/mental/emotional consciousness which inhabits it. (L7)

38. What is the difference between the soul and psyche?

I am now going to explain the difference which your earthly psychologists may dispute, but nonetheless, this is the truth. The Soul is the '**Divine Flame**' — a metaphor used to describe the **essence of Divine Life** which is drawn into individual being at the moment of conception. (L7)

LIFE FORCE takes on personal form and releases the energy of 'electrical force of activity' and the magnetic impulses of 'bonding — rejection' to embark on the intricate work of construction of the body. (L7)

Therefore, you have, at the core of your being,

your soul — Divine Reality

this is Divine Intelligence/Divine Love (L7)

Which is the powerful Divine Impulse to create, grow, nourish, nurture, heal, protect, fulfill every need, within a system of perfect law and order. (L7)

This is the *Reality* which is your **soul**. (L7)

Therefore, when you have overcome the ego impulses and invited the SOUL to hold dominion in your thoughts and feelings, you will be driven to express all of the Divine Impulses described above.

You will be possessed by a desire to *only* promote the highest good of all living things and the universe itself. You will have become a true messenger from Divine Consciousness, expressing all Its qualities of Being. (L7)

Until that time of soul reunification with **Divine Consciousness**, the psyche occupies the deepest recesses of your **human consciousness** and draws its awareness from your soul. It is the hidden instinct within you which knows right from wrong. (L7)

39. What does Christ say about 'spiritual evolution'?

These Letters are the seeds of the future spiritual evolution of humankind. (L1)

It is the spiritual evolution of the '*human consciousness*' that brings about the mental and physical evolution in your personal and global lives and brings humanity into ever more harmonious states of well-being. (L1)

It must be widely accepted there is a HIGHER VISION to strive to implement in your daily lives. Without the vision either for the self or for the world, there can be no spiritual evolution or the achievement of those things greatly desired. (L1)

When the TRUE nature of 'Being' is fully understood — humanity will move on to the next rung of spiritual evolution and will put into motion a new and blessed form of human endeavor and personal experience. To achieve these goals, humanity must first gain insight into: **WHAT and WHO you are.** (L1)

It was — and is — essential for a Teacher such as I and others have been, super-sensitive and wholly committed mentally and emotionally to a search for the **Truth of Existence**, to come to earth to **COIN WORDS** to describe to people on earth, imprisoned in words, what lies in the **CREATIVE UNIVERSAL DIMENSION** in an unformed state. Were it not for such inspired Teachers, people

on earth would have remained in ignorance of all that lies beyond the earth — **ready for contact, to be personally experienced and absorbed to promote future spiritual evolution.** (L1)

Until someone can penetrate their self-satisfaction and position of infallibility, a true mating of Eternal Verities and human scientific knowledge can never take place. But it *must take place*; otherwise human spiritual evolution will remain at a standstill. (L1)

The Path to Christ Consciousness is outlined in these Letters. (L1)

When you achieve it, you will rejoice and say it was worth every moment of the rocky and bumpy times which will now be behind you forever. You will be free to climb into higher dimensions, each one bringing you new experiences and joys. (L1)

You will become founders of a new order on earth which will form the spearhead of a new surge of spiritual evolution. (L1)

When this spiritual evolution spreads to the general masses in many years to come, people will finally learn how to live in peace with one another. (L1)

These things will surely come to pass, for the SEEDS of such a future have been sown within these Letters. (L1)

Whoever welcomes them into their consciousness and endures in faith will eventually find them blossoming in beauty, joy and harmony and bringing forth fruit in their daily lives. (L1)

40. What does Christ say about 'spiritual progress'?

No true spiritual progress is possible until the dawning of a clear realisation that each person is responsible for the way his or her life develops. (L5)

A conditioned and programmed mind is like concrete. Cherished beliefs, used as talismans, emotional supports and affirmations to give strength in times of crisis, are emotionally imprinted in the subconscious, and usually incorporate in them a fear of 'offending God' when contemplating moving on to some higher Truth. Unless there is a sincere longing to know the **TRUTH of BEING**, rather than traditional beliefs, these mental patterns are almost impossible to annihilate in the mind and emotions and they block true spiritual progress. (L5)

The level of CONSCIOUSNESS you die with, is the level you will bring back. (A11)

The human capacities to be utilised by each soul depend on the spiritual progress it made in previous lives. (L4)

At the moment of conception, the old soul infuses its personal consciousness of past lives **and past spiritual progress** into the conception process and becomes the soul of the fertilised ovum. (L9)

Sometimes, a person with a high level of spiritual perception may be drawn, at birth, into a family of lower spiritual levels because the environment will strengthen their awareness and increase their spiritual stamina as they struggle in their early years to return to their rightful consciousness 'home' in the spiritual stratum on earth — and later, in the next world. (A11)

Just as you experience your undeveloped consciousness when you pass over, so do you go into the higher dimensions which reflects your own consciousness when you have reincarnated several times and worked on gaining spiritual insight. You find that you and everyone else you encounter, is of the same consciousness. You will be magnetised into the conditions which are compatible and by reason of your own creativity, you can perfectly contribute to. (A11)

The more spiritual the consciousness of a person before they pass over, the more that they have looked back over their lives, gained insight into the ego control of their minds and feelings, the damage they have done to other people's lives, the unhappiness they have caused, the greater the spiritual progress will they make. (A11)

You have to understand that your ego must, (of necessity to enable you to survive), make you believe you are of value to yourself and other people. Any external serious challenge regarding the value of the self is highly destructive. A desperate fear and internal subsidence of confidence will lead to the conviction that you are without value in the world, and suicide can be the natural outcome. **Therefore, your progress will and must be gradual.** (L8)

No one should ever expect people to be wholly changed by words of advice or times of inspiration. Growth can only take place very gradually — **one insight at a time.** (L8)

A true spiritual insight will imbue a person's mind with an altogether new point of view which will enable him to begin to approach certain related circumstances in life differently. This insight must direct the person's actions until it has been absorbed completely into the consciousness for eternity and becomes part of the soul evolution. (L8)

Are you blocked from spiritual progress by your stubborn adherence to present beliefs? (L8)

Are you able, after due thought, to realise that all you are so sturdily upholding is only — '**belief**' — irrational belief? (L8)

It is absolutely vital to your spiritual development that you should, at long last, fully understand the principles of your human mind and emotional functioning. You think you do, but you do not understand it at all. You can only understand it by coming out of it entirely, transcending it, moving into higher dimensions of perception and experience — entering into **TRUTH ITSELF.** (L8)

Only then do you begin to perceive that you and every other person in the world, have lived and directed your lives almost entirely by human 'beliefs' — not **TRUTH.** (L8)

41. What happens when we die and when we reincarnate?

The level of CONSCIOUSNESS you die with, is the level you will bring back. (A11)

Sometimes, a person with a high level of spiritual perception may be drawn, at birth, into a family of lower spiritual levels because the environment will strengthen their awareness and increase their spiritual stamina as they struggle in their early years to return to their rightful consciousness 'home' in the spiritual stratum on earth — and later, in the next world. (A11)

Just as you experience your undeveloped consciousness when you pass over, so do you go into the higher dimensions which reflects your own consciousness when you have reincarnated several times and worked on gaining spiritual insight. You find that you and everyone else you encounter, is of the same consciousness. You will be magnetised into the conditions which are compatible and by reason of your own creativity, you can perfectly contribute to. (A11)

If, on passing over, the consciousness has been ego-oriented and vicious, the individual will quickly reincarnate, since the feeling of discomfort will be intolerable. Gladly, such a person returns to earth in another identity. At this level of existence, earth conditions seem to be preferable to those in the astral world. It takes many lifetimes before the soul awakens to the fact that escape is only possible when the human mind sets itself to try to lift the

perceptions and consciousness to a more endurable comfort zone.
(A11)

The more spiritual the consciousness of a person before they pass over, the more that they have looked back over their lives, gained insight into the ego control of their minds and feelings, the damage they have done to other people's lives, the unhappiness they have caused, the greater the spiritual progress will they make. (A11)

As they experience burning remorse, so does the pain of the remorse eradicate the ego-domination in their minds and hearts, until, little by little, they eventually leave this life fully aware that the PATH of **UNCONDITIONAL LOVE** is the only way to follow.
(A11)

Such people fully understand, acknowledge and are clearly aware that all misery — sickness, deprivations, lack of success, unhappiness are derived from lack of LOVE in one's approach to life, people, environment. CRITICISM is the biggest obstruction of all to inner happiness because it is highly destructive. It is reflected in the person's life because when you judge, judgement comes home to roost, as the saying goes. (A11)

Criticism of others interferes with their wellbeing and consequently, as we damage others even in the slightest, again, the damage will return with interest. (A11)

Therefore, when you undertake to walk Christ's Way, you must understand that it is a path of relentless self analysis and finding

the courage to look at your actions in the light of LOVE, willing to see the truth about your thought and emotions. (A11)

As you move forward along the path, it becomes easier to move into a perception of the truth of others, of what drives them, motivates them, causes them to make mistakes in their relationships, in their workplace and close family. (A11)

The more you can empathise with others, understand what motivates them, perceive the difficulties which push them into ill-considered actions, the higher becomes your own spirituality, your own sense of compassion and love towards those who — you now realise — are really doing the very best they can in the environment and circumstances they have created for themselves. (A11)

From this standpoint, it becomes easier and easier to apologise, until the time comes when, seeing the truth of the other person so clearly, you cannot wait to forgive and erase all tension and criticism of them from your thinking. (A11)

When it comes your time to pass over, such an illumined person, living in peace and harmony with the entire world, will move into a state of utter blessedness and joy. They move into Light and there is no looking back at earth. At last, they find that they have moved into that dimension of Being where they are content and fully at peace. (A11)

After a while, they begin to notice that there are even higher dimensions of existence and they set about preparing, enlarging,

expanding their consciousness to absorb even higher vibrations of Divine Consciousness and they become ever more creative and radiant transmitters of UNCONDITIONAL LOVE. (A11)

Such people are truly the **CHRIST CONSCIOUSNESS**. (A11)

42. What is Laughter and why is it considered so valuable?

Laughter is a consciousness impulse which ripples across your skies, from one planet to another, through your Milky Way and out into the furthest reaches of infinity. (L9)

As infinite as **Divine Consciousness**, it came into existence at the moment of the **Big Bang**. (L9)

What is Laughter? It is a spontaneous consciousness response to a situation where two events or two incidents or two people, do not — in the natural order of things — belong together, they are strangely at odds or in opposition to each other. (L9)

It is a **ripple effect** experienced in all living things of higher species capable of certain judgments or perceptions. **It eliminates stress.** The 'ripple effect' is felt over the diaphragm which guards the heart and nervous system. (L9)

As you have seen on examining the nature of creation, everything possible has been done in the evolution of design and growth of living bodies to make a perfectly adapted body to suit the environment to enable the occupier of the body to be comfortable and happy and live without stress. Stress is inimical* to health. (L9)
[* harmful]

It is contrary to the **WILL of DIVINE CONSCIOUSNESS**. (L9)

A spontaneous and hearty burst of laughter is first experienced as a rush of rippling consciousness through the head, bringing a lightening of the entire consciousness. This is immediately followed by the physical ‘ripple effect’ of laughter, experienced as a light beating of breath on the diaphragm to break up any tension and to smooth away any residue of bitterness. (L9)

Sometimes laughter in an extremely amusing situation is prolonged to such an extent that the person eventually feels exhausted — but also happy and rather sad that the laughter is finished. (L9)

Most people will testify that laughter promotes a feeling of well-being, even if there was discord just a minute earlier. If a person can genuinely laugh, seeing the absurdity of a situation, where there has previously been annoyance or hurt, the tension is released and friendly relationships are restored spontaneously. (L9)

Laughter is a gift of love for a creation possessed by, and needing relief from their egos. (L9)

As the ego-drive gradually relinquishes its hold over your mind and emotions, you will find that laughter bubbles up spontaneously and brings a wonderful feeling of release. The ‘ripple effect’ of laughter raises your consciousness frequencies of vibration not only because it is energy released where you most need it — over your heart — over your diaphragm, the seat of your emotions, but because **LAUGHTER** is directly of **Divine Consciousness**. (L9)

Therefore, laughter is Divine. (L9)

LAUGHTER and your inner child. As you read these **Letters** and meditate and your levels of frequencies of consciousness vibrations are raised, you will discover that old mental patterns are no longer comfortable in your mind. You will seek ways and means of ejecting them from your consciousness. As you move upwards spiritually and are ever more desirous of unloading unwanted *human ego-drives*, the conflict in your sensibilities will become increasingly burdensome, and you now long and pray for relief. You will find that when you turn to **Divine Consciousness and passionately ask for Divine Assistance, the help will surely come.** You will successfully get rid of unwanted thoughts and reactions, and you will then discover that laughter becomes more and more spontaneous. (L9)

You will also discover tensions are smoothed away and that you are becoming much lighter in thought, easier in relationships, more caring, much more appreciative, more aware of life itself and all that it has to offer in sight and experience. You will enjoy simple pleasures more, you will be less jaded in appetites, you will need less food, less entertainment, will be more content with your own company, and will eventually begin to rejoice in your *own company because DIVINE CONSCIOUSNESS will be infusing your human consciousness with Its own exalted State of WELL-BEING.* (L9)

Little by little you will be returning to your 'child' condition which views the world with happy, enquiring gaze. (L9)

This is not senility. It is a state of greater awareness and vibrance no matter what your age may be. (L9)

This is the 'state of being' I meant when I said that 'Unless you become as a little child you shall in no wise enter the Kingdom of Heaven'. I actually said that when you enter the Kingdom of Heaven, you become a little child — a child in wonder and joy. (L9)

43. What controls and motivates people?

Although people of your present world are what you call sophisticated, big-headed in their modern ‘knowledge and learning’, versed in contemporary manners, and in new ways of relating one to another, basically, the people all those years ago were the same as yourselves. (L2)

They were controlled and motivated entirely by their TWIN IMPULSES of (L2)

Bonding—Rejection

Desires—Repulsions

even as you are. (L2)

They loved, hated, criticised, condemned, slandered and gossiped, possessed ambitions to rise to the top of society, despised those who were failures in life, secretly ‘slept around’ as you call it, and taunted those who were different in any way to themselves. (L2)

44. What causes a person to begin to awaken?

Where the species has evolved to the point of formulating clear ideas and thoughts and putting them into sounds and words — and the spiritual development of the psyche can penetrate the ego consciousness — the psyche begins to question:

‘Is this all there is to life? What are our life purposes?’, etc. (L7)

When this happens, the soul is beginning to impress the psyche with an urgent need to reach out to its Source of Being which it instinctively knows does exist and is its true home and resting place. The soul’s hidden but continual longing to be reunited with its Source of Being can now be felt by the psyche. (L7)

The pain such a person experiences (since everything he does to others will return with full measure and more), will ultimately make him question existence, and asking questions is the means by which to receive answers from *‘DIVINE-LIFE’*. (L8)

If there are people who never reach this vital development in their lives, it is because their ego mental/emotional processes are so strongly geared to the exercise of intelligence and reason that when other people ask questions such as:

‘How did life begin?’ (L7)

'Is there a God?' (L7)

*'How has such a wonderful universe been designed and created?',
(L7)*

— the ego of the non-seeker and non-believer is conscious only of its own omnipotence, and sets out to disprove there is any higher dimension out of which the earth could have taken form. It argues away the voice of the soul relayed through the psyche, and with each argument entombs itself more firmly within the perceptions of the material and visible world which represent their only security. (L7)

Therefore, the soul remains imprisoned within the ego mental/emotional electrical/magnetic chains, and the human mind remains convinced that there is no soul — that the earthly dimension of existence and the physical life force are the only realities. (L7)

45. Why do people suffer so grievously?

You suffer because you do not understand how you have been created, and the true purposes for which you were born. (L3)

When man is begotten, when **LIFE** takes on form within the seed, **IT** takes on the humanhood which separates **IT** from every other individual in the world. (L2)

To make **IT** single, a lone figure, joined to none other, solitary, private, **ITS** own person, **IT becomes subject to — is controlled** by two mightily strong impulses in his earthly nature — to hold fast to all those things he greatly desires and to reject and push away all that he does not want. (L2)

These two most basic impulses in man underlie every single thing he ever does throughout his life, and are entirely responsible for the trouble man brings upon himself. Although the '**Father**' is **active within man**, **IT** has nothing of *humanhood* in **IT**. (L2)

Your thoughts are electromagnetic blueprints which eventually externalize as events and things you have either longed for — or greatly feared — OR, as those things which, good and bad, you have done to others. (A8)

When you live with anger, resentment, and dislike in your hearts, you are actively creating negative forces which gradually undermine your health and destroy your bodies and your lives. (A8)

All that man does which man calls 'sin' is only of this world and is only punished within this world — for it is a Law of Earthly Existence, as you know, that **whatever you sow you will reap as a like harvest.** (L2)

Because he draws LIFE and MIND from the 'Father', man himself is creative in thought, words and deeds. Whatever he thinks, says, does, and believes, returns to him in like form, some time later.

There is no punishment from the 'Father' — whatever ills come to mankind is of their own making entirely.' (L2)

You cannot pick figs from brambles, or grapes from thorn trees, or harvest wheat from weeds. Think about this and understand this parable because it is very important to you — not only today — but also throughout all your days and years to come, even into eternity. (L2)

So, if you want to change your lives — change your thoughts, (L2)

Change your words arising from those thoughts, (L2)

Change your actions arising from the thoughts. (L2)

What is in your minds will create all your experiences, your sickness, poverty, unhappiness and despair. (L2)

46. Does God get angry or judge us?

You must also understand fully and clearly — that ... ‘THAT’ ... which you call ‘God’ and I refer to as ‘UNIVERSAL’, possesses none of the human attributes attributed to *IT* by many religions.

(L5)

The human characteristics of anger, threats and punishment, for instance, only pertain to the human condition. *(L5)*

So beware and do not allow yourselves to be intimidated by threats of displeasing ‘God’ and likely damnation. *(L6)*

Remember, you are not on earth to ‘please God’, as your church may tell you. You are on earth to ‘express’ ‘God’ and to make ever closer and closer contact with Universal Consciousness until you become free of the magnetic-emotional bondage. *(L8)*

When I was on earth, I urged people to forgive and to abstain from judgment, criticism, condemnation. *(L8)*

The church has misinterpreted this as meaning you must ‘please’ God by loving others and abstaining from the negative emotions.

(L8)

This is not what I meant at all. There is no ‘God’ who needs to be ‘pleased’ by your behaviour. *(L8)*

You are masters of your fate in that you always ‘reap what you sow’. All of the foregoing pages have been directed at giving you details of how to avoid sowing weeds in your vegetable patch, how to remain healthy, happy, prosperous. (L8)

A time will come in your spiritual development when you will awaken to the enormous gift you have in your head — the gift of creative, *intelligent* thinking, and you will also become aware of the enormous responsibility you bear towards the way you use it.
(L8)

47. Why does the human ‘self’ have to be dealt with?

Because out of your desire to protect and promote your own personal good come all your selfish thoughts, words and actions.

(L2)

You will probably ask “Why should I have to worry about these? If what you say is true, that there is no punishment, that ‘God’ sees not our evil — then why should we be concerned about the way we behave?” *(L2)*

As I have explained, you draw your LIFE from the ‘Father’, therefore, you draw your capacity to think and love from the ‘Father’. *(L2)*

Even as ‘Father Intelligence’ is creative, so is your consciousness creative. With your minds and hearts you actually form the plans of your own lives and experiences. *(L2)*

And what kind of lives do you plan and form in your minds? If someone annoys or hurts you, you retaliate in some way or another, you believe that if your eye is taken, you must expect the adversary’s eye in return. *(L2)*

You believe that whoever kills should be killed as punishment and compensation, you believe that whoever robs you should pay the

price, that whoever steals your wife, should be stoned along with your wife. (L2)

You believe in the extraction of payment for every evil thing that comes your way. (L2)

Since it is human nature to hurt others, and you have been taught to retaliate, your lives are a continual scene of warfare, warfare in the home amongst husbands, wives, children, and neighbours, and public figures and between nations. (L2)

Your **'Father'** knows nothing of this warfare in your lives, but knows the stress in your minds and bodies arising from this warfare but can do nothing — nothing to ease your pain — **until you yourselves stop the warfare.** (L2)

You yourselves must cease your fighting and live in peace with your family, neighbours, employers, public figures and other countries. (L2)

'Only then, can the 'Father' LOVE WORK take place in your minds, hearts, bodies, and lives. (L2)

'Only then will you be able to recognise and see the Love Work being done in you — and for you by the 'Father'. (L2)

48. What does it mean 'to die to the self'?

There is nothing 'real' or 'eternal' in the personality. There is a great need to strip it away to reveal the Divine within. (L8)

In Palestine, I called this process a 'dying to self' which has proved to be a frightening statement. Because of it, many people have been deterred from stepping on to the path leading to the highest spiritual dimensions. And yes, that last step in the stripping process is indeed like a death. (L8)

A person loses an essential part of his human/earthly self whilst undergoing it, but the relief and the inner peace experienced when the struggle is finally over, cannot be described. Joy fills the heart. There is true security, rest and tranquillity in the silence of the mind. At last, the struggle for personal control is over. The person becomes a 'master'. There follows a time of spiritual rest and recuperation. (L8)

This is later followed by a stepping into a new dimension of 'being'. (L8)

Nothing in the human scene, 'matters' as it did before. (L8)

People criticise you? Previously, the magnetic personality would have made you feel angry because of your insecurity, your driving need to appear perfect to everyone, in order to gain approval. If

you do not have approval, the ego argued, how will you survive? What will your life be like? (L8)

When the voice of the 'ego' has died away, there is no need to seek security for you are SECURE! (L8)

You know that you are sustained, maintained, nourished, protected, healed by '***DIVINE-LIFE CONSCIOUSNESS***' no matter what others may think of you. Your joy, gladness, happiness, personal fulfilment and contentment are all inside you. In fact, you no longer need 'otherness' at all. (L8)

Except, you are a part of all 'otherness', and when the Light fills you, you have a driving need to render to others all that '***DIVINE-LIFE CONSCIOUSNESS***' is pouring into you every moment of the day as you keep in constant touch with this beautiful dimension within you. (L8)

No longer do you reject the personality of others, everyone is acceptable to you, everyone is in need of love and now you have plenty of that to give. No longer is it a struggle to 'love unconditionally'. It comes spontaneously. (L8)

Whatever faults you may have left, whatever mistakes you make in your attitudes to others, as a result of remnants of the 'ego' left behind, these are revealed to you but you do not shy away from self-knowledge but rather embrace it with love and thanksgiving. You discover that recognition and acceptance of the negative human reactions in yourself is both wholesome and healing. You happily accept and take responsibility for whatever mistakes you

make and then when you have discerned the 'loving way', you let it go. You will experience inner peace, knowing that you have learnt something else valuable which will stand you in good stead when next you are challenged by earthly experiences. The time for deep remorse is over, since it has now done its work of releasing you from magnetic-emotional responses to life which brought you suffering in the past. (L8)

You have now entered what I termed 'Kingdom of Heaven' when I was on earth. You will find that all your needs are supplied and you will KNOW that any needs in the future will also be met almost spontaneously. This knowledge keeps you in constant touch with '**DIVINE-LIFE**' and gives you an immense sense of security. (L8)

With the peace of mind and tranquillity come joy and happiness, and a new sense of youthful well-being. Minor, or chronic or even terminal ailments will be cleared up and you will again enter into a new phase of existence. Each time you learn a lesson, you leave something of the human dimension behind you and move forward into a higher frequency of spiritual consciousness. (L8)

I am describing for you the rewards which await you when you have struggled and dealt with the magnetic-emotional bondage of 'attraction/bonding-rejection/repulsion'. It is these which initially give you individuality but which become fetters of the soul and from which you must break free in order to get off the treadmill. (L8)

This treadmill is the span of your present human life, continually turning, continually bearing you into experiences you do not enjoy.

When, at last, you are able to transcend, in spirit, your magnetic-emotional reactions to life, the treadmill will begin to slow down and then, suddenly, you will find that you are almost stationary and you will begin to experience the beautiful quality of life I have described above. (L8)

Would that I could remove this burden imposed on you by your earthly humanhood. I know your suffering, your times of despair, your grief in the lonely night, your hours of mental and emotional turmoil. As I descend into your consciousness frequencies to transmit my messages and to understand what needs to be said to you, I become aware of your earthly conditions and these words are my response to your most urgent needs for relief and healing. (L8)

Do not doubt these words are from me. Take comfort from them and KNOW that as you study these words they will, in time, bring you deep illumination within your soul which will bring about the longed-for changes in your life and self. (L8)

This ‘death of the self-hood’ should never be undertaken as a means of achieving greater spiritual insight. It is highly dangerous and will not succeed in achieving greater spiritual or earthly life. It will be greatly destructive to the psyche and ego before due time. It will hinder the whole process of soul-psyche-ego-physical development. (L7)

No one should entertain such a thought in order to be more advanced in spiritual perception and truth. Such an act of ‘willpower’ will be self-defeating since it is born entirely of the ego-drive to be more important spiritually. (L7)

49. What is meditation?

What do I mean by ‘meditation’? I mean an emptying of yourselves of your Will to be in charge of your life. (2014M)

I mean a reaching out in your minds to the vastness of space, seeking contact with that which brought you into being. Close your eyes and keep them lifted to the top of your forehead. Surrender your Will, ask to be filled by Divine Consciousness in order to be inspired with new ideas of what the world ought to be. (2014M)

If ideas come to you during your contact with Divine Consciousness, the moment you come out of your meditation, write down these ideas in your spiritual journal, which everyone should keep. (2014M)

The purpose of meditation is to enable your *entire consciousness* to move beyond the boundaries of intellect and reason. (L8)

50. How should we meditate?

When you meditate, take up the position which is most comfortable for you. You do not have to go into physical contortions. Rest and relax. Tell yourself to relax and release all your limbs — including your head, neck, face — into a state of utter limpness. (L8)

I must impress on you that meditation should be — eventually — as simple as slipping into slumber. (L8)

The purpose of meditation is to enable your *entire consciousness* to move beyond the boundaries of intellect and reason. (L8)

There are teachers who will tell you to ‘imagine’ ... whatever you are told to ‘imagine’, you can rest assured you are not being assisted to go anywhere except into new imaginative realms of your own thought processes. What this method of ‘meditating’ will achieve for you will be a relief from the thoughts and stress that your ego pressures are creating for you. In the world of imagination, the ego may — or may not — be dormant. (L8)

Before commencing meditation, prepare by fully realising you are about to make contact with **‘DIVINE CONSCIOUSNESS’** both within and transcendent to your consciousness — therefore *IT* is also out there and around you. Visualise exactly what this means. (L8)

Remember, at all times, that what you THINK about is what you are tuning into. (L8)

Your thoughts are 'searchlights' making contact with what you seek. (L8)

Remember that every 'thought' has its own frequency of vibrations in consciousness. Believe, **know** this, for this is true. The more spiritual the thought, the higher the frequencies of vibration. (L8)

'Consciousness forms' embodied by words are not visible but are 'specific entities of being'. (L8)

They have the life of consciousness within them. They are magnetised to like 'consciousness forms'. Like is drawn to like. (L8)

Think 'dog' and visualise what you mean, and your thoughts are attuned to the dog species. (L8)

Think 'UNIVERSAL CONSCIOUSNESS' or 'DIVINE LIFE' with understanding of what you mean — and your thoughts will be directed into 'UNIVERSAL CONSCIOUSNESS' — DIVINE LIFE. (L8)

*If you have fully understood all that I am trying to tell you, you will **KNOW** that your meditation reaches its target.* (L8)

Know this and you will find your faith strengthening. (L8)

Your faith remains weak because you only hope, or wish, or magnetically 'want to' tune into **LIFE-CONSCIOUSNESS**, because you hope you will derive some benefit from the exercise. (L8)

Do you not see how 'earthly' is such an approach to THAT WHICH GAVE YOU 'BEING'? (L8)

Is it reverent? Does it befit a person who is seeking true contact, and expects to do so? (L8)

Whilst **INFINITE UNIVERSAL CONSCIOUSNESS** is not the mythical 'God' on high as depicted in the Old Testament, **IT** is the *Infinitely Powerful Reality* everywhere present, manifesting **ITS** own designing, intelligent, evolutionary, loving caring for all that **IT** has brought into being. (L8)

This is what you must realise you will eventually approach, whilst you are still on earth, when you reach the highest dimensions, after your magnetic-emotions have been dissolved not only from your mind, but also your subconscious, and solar plexus. (L8)

First of all, you will be getting in touch with **FATHER-MOTHER-DIVINE LIFE** which is ever active within your entire system and the universe. (L8)

Remember **IT** is in equilibrium within the *infinite universal dimension*, and active within the world. '**Father-Activity**' sets the goals. '**Mother-Love**' directs the way the plans will be developed to promote the highest good of that which is being adapted, or healed, or protected. (L8)

[Countless people will say that these statements above are all imagination. They can scoff as they will. Those who manage to make contact with '*Father-Mother-Life-Consciousness*', another name for *DIVINE-LIFE CONSCIOUSNESS* but denoting its double qualities — will verify that the foregoing is an accurate description of spiritual evolution which follows such contact.] (L8)

To return to your meditation. (L8)

First of all, before attempting to enter your meditative state, memorise the following prayer so that the words become your own. (L8)

When you have become perfectly relaxed, start your meditation with this prayer. Say it slowly and visualise the meaning of each word to enable you to enter into the consciousness of the word and enable the energy consciousness of the word to enter into your deepest self. As you say this prayer, your eyes should be closed and your gaze lifted towards your forehead. (L8)

Meditation Prayer

FATHER-MOTHER-LIFE, you are my life, my constant support, my health, my protection, my perfect fulfilment of every need and my highest inspiration. (L8)

I ask you to reveal the true Reality of Yourself to me. I know it is your WILL that I shall be fully illumined that I may better receive awareness of Your Presence within and around me. I

believe and know that this is possible. I believe that you protect and maintain me within perfect LOVE. I know that my eventual purpose is to EXPRESS YOU. (L8)

As I speak to you, I know that you are perfectly receptive of me, for you are UNIVERSAL LOVING INTELLIGENCE which has so marvellously designed this world and brought it into visible form. (L8)

I know, that as I ask YOU to speak to me, I am sending out a consciousness searchlight into your Divine Consciousness and as I listen, YOU will be penetrating my human consciousness and coming ever closer to my increasingly receptive mind and heart. (L8)

I commit myself and my life into your care. (L8)

*Each time you say and visualise this prayer, you create a **spiritual consciousness form** which will become stronger and ever more elevated in frequencies of vibration as the true meaning of the prayer deepens in your mind and heart and your perceptions heighten. (L8)*

After the prayer, relax ever deeper and let your mind go as blank as you can. If thoughts intrude, gently recite '**Divine Life**' or '**Father-Mother-Life**' to yourself and again quieten your mind. (L8)

After many months of sincere meditation, you may come to feel that your body is suddenly jerking, like a person entering sleep and then suddenly waking up. If this happens, be thankful as your

consciousness is penetrating the barriers of your previously created consciousness forces encapsulating your soul. (L8)

When you feel yourself entering a different deep state of consciousness, so deep you are barely breathing, know that you are beginning to attain your goal. (L8)

At the end of your meditation, always give glad and grateful thanks. (L8)

Remember that nothing you can think, say, or do, can in any way reduce all that 'Father-Mother-Life-Consciousness' is. (L8)

However, any disbelief will form a barrier between you and Father-Mother-Life. (L8)

I want to warn you: when you are trying to still your mind and thoughts, you may feel ill-at-ease, physically uncomfortable and even distressed. This is because — initially — you will come up against the black wall of your own 'consciousness' and this can be extremely disconcerting — even painful. (L8)

Bless the experience and ask 'Father Life' to penetrate your consciousness next time you listen. Then get up and put the experience behind you. (L8)

When you find that you are at last entering into the silence, then rest equably, knowing that you have now entered what one might call the 'holy of holies' because, at last, you are achieving contact with 'Father- Mother-Life' within you. It will take time for this

highly spiritual experience of the Silence to become a daily routine.
(L8)

Remember you have a lifetime of ego baggage to discard and dissolve. (L8)

No matter what you sense or are aware of during your meditation, when you come out of it, expect to sense a difference in your life. Remember that expectation is a 'consciousness form' and as you 'expect' you are opening the way for that which you 'expect' to be magnetised into your experience, whatever it may be you are needing or dealing with. (L8)

If you do not feel any new lightness of spirit, despite your sincere expectations, do not deny changes or doubt the possibility of them. (L8)

Remember your consciousness is electromagnetic, of the same substance as your physical body, and it is the foundation of all experiences in your life. (L8)

Continue to expect — as you do so you are building up the power, the energy of your 'expectations — consciousness forms' which will draw to themselves the manifestation of all that you are expecting. (L8)

'Father-Mother-Life-Consciousness' can only be magnetised into your individual consciousness by faith, sincere expectancy, and the willingness to open yourself to the cleansing of your magnetic-emotional 'bonding-rejection' impulses. (L8)

How many of you presently go into meditation in this way and come out **EXPECTING** changes? (L8)

How many lose heart when they have felt some change and then nothing for a little while? (L8)

Bear in mind that I told you that you are subject to rhythms of 'high' and 'low'. When you are in your 'lows', the flow of Divine Life in your system has dropped and the frequencies of vibration of your consciousness also drop. (L8)

Consequently, contact with '**Father-Mother-Life-Consciousness**' during these times, at the beginning of your search, is almost impossible. In the early days of your seeking **Truth**, during your meditation, you are very much in touch with your subconscious, and you will find that there is an irritating resurgence of all the old negative thoughts and memories you had thought you had overcome. (L8)

When you enter your 'highs', you will find a resurgence of your spiritual self and will rejoice in this. Your meditations will be more positive and productive of contact with '**Father-Mother-Life-Consciousness**'. If you will have the courage to persist and exercise self-discipline during the 'low' times as well as the good, you will find eventually, that the 'lows' will get less 'low' and any former depression will be lifted. (L8)

Remember, that each time of 'prayerful consciousness' brings you closer to your goal, although you may remain completely unaware of this. Nonetheless, things are happening for your ultimate good — believe in them. (L8)

When on earth I said: (L8)

I have come to give you FREEDOM (L8)

I have come to bring you 'LIFE MORE ABUNDANT'! (L8)

The secret of your tiredness, exhaustion, inconsistency, instability, fear, despair, depression, lies in your magnetic-emotional 'bonding-rejection' responses to life and the subconscious patterns which sometimes take over and project you into situations you never intended to create. (L8)

Because of these 'natural impulses of individuality', you are certainly not free, you are under the control of the magnetic-emotional bondage both in your conscious and unconscious mind. (L8)

You live in the grip of the Ego which has given you individuality and bound you in fetters of emotional responses to life. (L8)

However, the time comes for the sincere and ardent seeker, the person who gladly follows the path of '**Christ Consciousness**' — **THE CHRIST WAY** — when 'he' meditates and penetrates the magnetic-emotional areas of the brain, to receive enlightenment which is impressed within the very topmost areas of the brain under the skull. New cells are impressed with new knowledge. (L8)

This is an ongoing process, and you will probably feel this 'opening' taking place in your brain. (L8)

You now begin to operate more and more within the Superconscious mind which is in ever greater contact with '**Father-Mother-Life-Consciousness**' until the time comes when you can no longer bear the 'ego' thoughts and feelings dominating your normal every day consciousness and you die the death of total self-surrender. (L8)

When this happens, '**Father-Mother-Life-Consciousness**' will fill your vision to the exclusion of all else. You will be entering the 'consciousness frequencies' of what I termed, on earth, the 'Kingdom of Heaven'. (L8)

This phase will be characterised by a gradual withdrawal from the kind of life you enjoyed before. Your thought life will become ever more purified, and you will find yourself responding to situations, events and people, in a more dispassionate way. Whilst you may be less emotionally warm or cold than before, you will now be in the first wave-lengths of what you term 'unconditional love' and will do everything from the point-of-view of promoting the highest good of everyone, which means: for their growth, nutrition, healing, protection, fulfilment of their legitimate needs within a system of law and order. (L8)

You will love more deeply than ever before but there will be none of the 'human' sentiment which can cause so many errors in communication and action. (L8)

When you have gained true inner knowledge, you will be able to transcend the emotional baggage, you will be able to meditate and draw upon '**Father-Mother-Life**' and you will feel new energy

entering your system, giving you new buoyancy. You will laugh, be more playful, find happiness in little things, love the world, feel brimming gratitude for every little blessing entering your life. You will find the blessings multiplying in your experience and showering your daily path. *(L8)*

51. Will Christ be returning in person?

I, the CHRIST, have come through the medium of these Letters because I cannot return in bodily form — or take on human personality again — since I reside in and am, myself, of such fine and heightened vibrational frequencies of consciousness that no human physical form could contain my spiritual consciousness. (L9)

My only means of reaching you has been through the medium of a human being — sensitive, clairaudient, obedient and dedicated to ‘God’, born to be the channel through whom I could watch the tumult of her active, eventful life and world events. I have been able to intimately review the conflict and pain unknown in centuries past because scientific and technological discoveries, and the lessening of moral and conventional values, have led to new highly stressful conditions of modern living and new ways of relating to each other. Through the medium of this pliable mind, the modern human condition has, to a slight degree, become subjective for me. (L9)

Without this knowledge of the human experience, these **Letters** could not have been written in a form which is intended to be helpful to the human condition at this time. (L9)

52. Does Christ have a daily Affirmation we can use?

Daily Affirmation

Daily, I open my heart and mind to Divine Consciousness transcendent to help me dissolve all present selfish ego-drives.

Daily, I open my soul to receive Divine Consciousness to assist me in building a new ERA of LOVE & PEACE in the world.

In the KINGDOM of HEAVEN only Divine Love, Divine Compassion, Joy and Laughter, and beauty of self-expression will be sublimely manifested always.

Nature in every area of the world will flourish luxuriantly, harmoniously, supplying fruits and food for every single person on earth. All people will be well fed. All will be well clothed. All will be uplifted in spirit and will manifest Divine Consciousness in every way, every day.

I lift this Vision of Felicity to Divine Consciousness where it will be ignited with DIVINE LIFE for its perfect manifestation on earth. I give my loving thanks to my SOURCE that even now it is all beginning to take shape in the unseen.

Thank you, Father. (2007M)

53. How do Christ and other Masters relate to each other?

I am not alone in my work. I speak for every Master as I speak through these Letters. (L9)

Every Master is ministering to those who follow his earthly teachings. (L9)

Every Master is calling on their adherents to read, heed, pray that they may absorb the TRUTH within these pages and strive to cleanse their thoughts and actions and become the embodiment of love to all. (L9)

I have told you that I came — in the persona of Jesus — to the Jews in Palestine. I might well have said that I came to the Arabs in the persona of Muhammad, since Muhammad and I are of one spirit. (L4)

To divide us into ‘persona’ having different names — **JESUS and MUHAMMAD**, or **MUHAMMAD and JESUS** is the same as giving identical twins different surnames because one teaches literature and the other teaches maths. (L4)

We are both of **CHRIST CONSCIOUSNESS**, both individualisations of **DIVINE CONSCIOUSNESS**. (L4)

Now our perceptions are of the very highest order — we are of one MIND, one LIFE, one LOVE, reaching out equally to Muslim and Jew and Christian, Buddhist and all people, atheist or agnostic. Our only motive in calling to them is to bring them inspired heart-changing insight which will enable them to recognise their essential underlying brotherhood in spirit, encourage them to think new thoughts, relate to each other peacefully with forgiveness in their hearts, and thereafter live their lives differently, drawing LIGHT from their **SOURCE of BEING**. (L4)

We would *both* speak of UNIVERSAL CONSCIOUSNESS to you who are living in this present scientific age because you have travelled far into scientific understanding and can now receive what we both have to say. (L4)

Together we say with one voice — heed, listen: (L4)

WE — and you on earth — are all one at the very roots of our being. (L4)

Whatever destruction you hand out to others, you are also handing out to yourselves. (L4)

I — WE — must make it clear that WE have come to all people of good sense, good will and good heart, irrespective of their present race and religious beliefs. (L4)

WE embrace, love, draw you all into our consciousness mantle of protection and safety. (L4)

WE are aware of your problems on earth at this present time. (L4)

WE are aware of the centuries-old conflict between Judaism and Islam. (L4)

But this rift has nothing to do with US. Your squabbles leave us unmoved. (L4)

WE, and the **BROTHERHOOD** within **CHRIST CONSCIOUSNESS** are also fully aware of Buddhists and Hindus, followers of Tao, the spiritual adepts in the Philippines, and every other sect and religious discipline in every country, which is aimed at reaching and touching, even momentarily, the equilibrium of their **UNIVERSAL SOURCE of BEING**. (L4)

We are aware of ALL. YOU are all encompassed within our Universal Love, Compassion and Caring. YOU are all important to us, irrespective of your beliefs, for you are all ONE at the grass roots of your being — your souls are unified in Divine Consciousness. (L4)

One and ALL, you are unified and one at soul level within your SOURCE of BEING. (L4)

54. What gives creative power to what we do?

Remember that it is your 'intention' or 'motivation' or 'conviction' which gives creative power to do whatever you want to do. (L8)

The moment that you desire with all your heart to reverse your normal trend in your magnetic-emotional patterns, you have set this process in motion. (L8)

If you clearly define the goals you wish to achieve and keep them ever before your vision in writing or in mind, very shortly you will discover that the desired changes have taken place in your consciousness. When this happens, you will feel a lightness in spirit and will have moments of pure joy. (L8)

You will be proving that the **TRUTH of BEING** does bring 'captive hearts' into the perfect freedom of spiritual living. (L8)

55. What is the difference between Males and Females?

Both male and female have been evolved in physical form and consciousness to experience — (L4)

INTENTION and express it in all ways possible in their lives. This is the very first act of creativity. Without **INTENTION** there would be no **CREATION**. (L4)

INTENTION is the origin of — and permeates — the whole of existence. (L4)

INTENTION defines the nature of the deed — loving or destructive. (L4)

The **male and female** have been individualised to experience and formulate **INTENTION** in their lives. (L4)

This is the very first impulse of creativity. (L4)

Willpower

Male and female have also been individualised to experience and express **WILLPOWER**. (L4)

WILLPOWER in the **MALE** is experienced and expressed primarily as **Activity**. In primitive forms — he moves out into the environment to fulfill his intention. Therefore, he dons the robes of the leader and quester. He was individualised to think and work to fulfill his purposes without the encumbrance of emotions. (L4)

WILLPOWER in the **FEMALE** is motivated and experienced primarily as **Feeling** — the **Need to Nurture** the **original INTENTION** and bring it, purposefully to full term — fruition — through the process of caring, feeding, clothing, repairing, teaching, protecting. (L4)

Purpose

PURPOSE is entirely different to **INTENTION** since **purpose** comes down from the mental plane of intention and becomes an emotional drive, a desire to formulate 'a means to achieve the intended end'. (L4)

A '**powerful INTENTION to do something**' becomes a **PURPOSE behind continued existence**. In this way, thought and feeling are married to perform the work of creation. (L4)

The **male** is constantly roaming seeking new ideas, new ways to fulfill his intentions to give him purpose in life. (L4)

The **female's intentions** are 'purpose personified', sensitive and stable, prepared to make sacrifices for the loved ones. (L4)

The Two Basic Impulses Expressed as Male and Female

Therefore, the two basic **IMPULSES** within the **SOURCE of BEING** — **expressed in physical form as male and female** — are inter-dependent. One could not survive without the other. Both are needed for the continuity of creation. (L4)

Because of his masculine mobility, his leadership drive, the male has considered himself superior to the female. This is because she remains stable, creating security for the male. **But the feminine drive is the drive of unconditional love, the drive worthy of the highest respect and consideration to enable her to flourish and perform her innate purpose within the household in peace of mind and joy.** (L4)

The man's role is to provide physical security and material means of subsistence for the family. (L4)

The woman's role is to provide emotional security and the emotional means of personal fulfilment and joy within the family environment. (L4)

In the past, in the East and West, the male has exercised his role of dominance within the home, making the woman subservient and obedient to his will. In so doing, he has bent and distorted the energies of **Divine Consciousness** and channelled them through his mind and heart into a bent civilisation. (L4)

He has also distorted the woman's consciousness by instilling in her a deep resentment of her subservient role which she knows intuitively she should not be expected to endure. (L4)

Therefore, he has created a degraded and degrading way of life for himself and partner, entirely in conflict with the **NATURE** of his **SOURCE of BEING**. (L4)

The fact that the female has had to exercise her masculine drive of aggression to express her equality of being, to achieve the respect due to her within society, means that your civilisation has become thoroughly destabilised and unhealthy. The woman is usurping the male role out of desperation but in doing so, she is defeating the intention behind creation. (L4)

Male and female have lost their way completely. In underdeveloped countries, people are only half alive, trying to solve the division between male and female through casual sex. As a result, man and woman become ever more divided and unfulfilled. Conflict in the family unit creates stress, misery and separation, even though they may live under one roof. (L4)

In 'developed' countries, psychiatric offices are filled with unhappy people and children who say they do not know who they really are or what their purpose is in life. They are asking the 'experts' who do not know the answers either. (L4)

It should be remembered also, that each person, male and female, have lessons to learn in life which can only be learnt in the sex — and the race — in which they find themselves. Therefore, a woman

must accept her role in life as the provider of emotional love and security to her mate and children, with self-respect and dignity, and perform it to the very best of her ability. She must recognise that the role of provider of emotional security is absolutely vital to society. She provides the 'glue' of love and well-being which holds families, cities, countries together. When she understands her true place and goals in society, and seeks to perform and achieve them in the highest way possible, she is moving forward rapidly on the path to unconditional love and the highest rewards in personal fulfilment and happiness. She will also move on to a higher level of consciousness — perhaps as a male in her next life, who will bring great benefits to mankind. (L4)

Similarly, spiritually evolved males — even spiritual teachers — return to life on earth to learn true humility and to put all their high principles of existence into daily practice as a loving woman who mothers with wisdom and nurtures all who have need of what she can offer. Where then, is the inequality? (L4)

Remove the scales from your limited sight and intellect and see with clear vision that there should be no inequality — only shared INTENTIONS to express all that you have both drawn from **Divine Consciousness** in the most spiritual way to achieve the highest happiness possible on earth. (L4)

In years to come, when a man and woman have evolved spiritually, if or when divided in **intention**, they will together take their intentions to '**FATHER-MOTHER-DIVINE CONSCIOUSNESS**', asking: 'What is to be created in our circumstances? What is our best way ahead?'. (L4)

When they have received answers, they will accept them with loving heart and pool them. Any differences in answer will be respected and again taken to **Divine Consciousness** with the same request until they reach sincere consensus. (L4)

Together, man and woman will then return and ask of **Divine Consciousness**: ‘How may we best achieve our purposes?’. And again, they pool their answers and continue asking until they finally arrive at a working plan which has been conceived, not in the human brain alone, but in the highest dimension of creativity — **DIVINE CONSCIOUSNESS**. (L4)

Working together in this way, they will eventually experience the ‘bliss’ of true unity of soul, mind, heart and body. (L4)

Finally, the male could not exist comfortably without also experiencing and manifesting some of the feminine drive. He needs emotion to bond with his wife, children and other relationships — school mates and workmates, colleagues and friends. Without some warm feelings, he would be a cold monster. (L4)

Frequently, if an old soul, he brings through much warmth and caring from previous incarnations as a woman. The more spiritually evolved he becomes, the more equally are the two sexual impulses balanced within his nature. (L4)

This also applies to women. (L4)

Equally, the female could not exist comfortably without some of the masculine drive. Without a capacity for intelligent planning, her

household would be a disaster zone. There is also the possibility that she has been a strong masculine character in her past incarnation and is uncomfortable in the feminine role of sacrificing herself for others. Such a one must ask of **Divine Consciousness** to clarify her vision that she may see that without love for humanity, leadership is a dangerous exercise. (L4)

When men and women are nearing an equal balance of male and female natures within themselves, their task in life is to transcend their sexual drive through achieving unconditional love for all people and directing the drive itself into pure creativity — such as the arts. Of such people are ‘Masters’ made, masters of themselves, masters of creativity, masters of human consciousness, masters of ‘matter’. (L4)

Unfortunately, at this present time, your men and women who are nearing equal balance of ‘male/female natures’ within their one nature, have no guideposts as to what their true goals should be. They have lost their way and have created a spurious society amongst themselves in which the joy and personal fulfilment they seek is negated by their preoccupation with bodily functions rather than with spiritual achievements. They will remain unhappy people, torn with conflicts, until they discover the truth regarding ‘who they really are’. (L4)

In speaking about the feminine role in life, it must also be said that many of your modern women in developed countries, have achieved a high degree of masculine drive in the past 100 years. (L4)

They must choose their priorities in life carefully. They do not have to sit at home, stagnant and bored but they will become happier, more fulfilled people if they turn their intelligence and abilities to creating new modes of constructive life for the whole family. At the moment, they may not know how to do this, but meditation will draw into their minds the necessary inspiration on the best way to use their powers of leadership and talents for the happiness of all. (L4)

Men who have developed greater capacity for empathy with women and their fellow men, will also, through meditation followed by inspiration, find higher ways of expressing their capacity for leadership in their work, bringing happiness to others. (L4)

Why have **I — We** — dealt with the matter of the sexes in such depth? (L4)

This has been absolutely necessary since the battle of the sexes — both in the East and West, is creating unhealthy conditions on earth. It fosters aggression and festers as anger and hostility. (L4)

Sexual freedom has brought the world to a crisis point of extinction by the impregnation of AIDS. (L4)

56. What is the meaning of ‘The Parable of the Sower’ in *Matthew 13:3*?

The following parable is as applicable to your modern era as it was to the times of the Jews, more than 2000 years ago. (L7)

I commend its truth to you who reads these Letters. (L7)

‘A sower went out to sow. And as he sowed, some seeds fell along the path and the birds came and devoured them. Other seeds fell on rocky ground, where they had not much soil, and immediately they sprang up, since they had no depth of soil, but when the sun rose they were scorched; and withered away. Other seeds fell upon thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. He who has ears to hear, let him hear ...’

‘Hear then the meaning of the parable of the sower.’ (L7)

I am the LIFE, the TRUTH, and the WAY (L7)

When anyone hears the message regarding the Kingdom and does not understand it, the evil one, (the selfhood) snatches away what was sown in his heart; this is what was sown along the path. (L7)

As for what was sown on rocky ground, this is he who hears the message and immediately receives it with joy; yet he has no root in himself, but endures for a while, and when tribulation or

persecutions come on account of the message, immediately he falls away. (L7)

As for what was sown among thorns, this is he who hears the message but the cares of the world and the delight in riches choke the message and it bears no fruit. (L7)

As for what was sown on good soil, this is he who hears and receives the message and understands it; he indeed bears fruit, and yields, in one case a hundredfold, in another, sixty, and another thirty fold.' *Matthew 13. v.3* (L7)

**** My purpose in sharing this knowledge of the **Truth of Being** with you in these **Letters**, is to enable you to grow in spiritual love and wisdom and bring forth the fruits and blessings of such spiritual love and wisdom in your every moment of evolving consciousness. I long for you to be **richly** joyful.** (L7)

Therefore, let us, together, plough into your human soil of consciousness, turn it over, get rid of the stones of despair, break down the clods of non-comprehension with deepening wisdom, pull out the weeds of your negative mental/emotional patterns with my help, fertilise your soil of consciousness with ever increasing faith. Then sow ever more beautiful seeds born of your evolving spiritual perceptions and unconditional love. (L7)

My joy will be your joy in this endeavour — and your joy will be added to my joy. In this unity of purpose and achievement, you will eventually feel that you are indeed of my spirit and my spirit is being poured into you. In this way, we will experience the

oneness of **THAT** out of which we have both taken our individuality. My thoughts will become your thoughts untainted by your former ego-consciousness. ** (L7)

57. How did viruses evolve?

All viruses are created within destructive *consciousness forces*. (L4)

You must understand that human beings have created their own viruses! Every virus is a destructive living consciousness impulse made visible. It targets what the impulse of destructive consciousness targeted at the moment the virus took on form. (L4)

I was very clear about this aspect of existence when I was on earth in the persona of Jesus. The Jews had the rigid tradition of washing cups before drinking from them. I told them explicitly that they should not be worried about what went into their mouths. They should be concerned about what came out of their minds and hearts — then out through their mouths. (L4)

At that time, science had not discovered the presence of viruses but it was agreed that disease came from eating and drinking from dirty utensils. But I knew that the disease had originally come out of the minds and hearts of savagely angry people. Thereafter, it was propagated by the division of the cells but it carried within itself, forever, the instinct and consciousness which initially brought it into being. (L4)

AIDS has been no accident. It has emerged from the consciousness forces of self-indulgence and destructive emotional reactions between sexual partners. Submerged hatred and anger can drive people into a sexual act, leaving a residue of sickness behind it in mind, emotions and body. (L4)

None of you may break the LAWS of EXISTENCE and hope that you may enter into the Kingdom of Heaven or paradise. Your behaviour has no place beyond the mayhem you are presently bringing on yourselves. (L4)

58. What on Earth is happening on this world!?

As I descend in consciousness vibrations to make contact with your earth vibrations, I see a world of light and shade, of spiritual upliftment and despair ... and, most terribly, I see the degradation of the human spirit. (A1)

THE WORLD IS MOSTLY IN A STATE OF DARKNESS. (A1)

As many of you are aware, you are entering a new phase of world history, during the course of which it will be realised that no longer is the great divide between the wealthy and the poor. (L4)

The great divide will be in consciousness. (L4)

The divide will be between those who have been able to find entrance into the higher spiritual consciousness and radiate love and acceptance equally to all — friends and foes — and who make it their goal to radiate **Divine Consciousness** into every facet of their daily lives — and those who remain encased within their ego-drives, seeking domination of the weak. They may appear to succeed for a while — but eventually they will fail, and their suffering in their self-created darkness will be great. (L4)

AS I DESCEND and enter empathetically **INTO THIS MIASMA** of deadly thought and destructive feelings, I feel the pain

experienced by the innocent who fall prey to those who find a thrill and a feeling of power when they terrorize the weak. (A1)

These are indeed the **‘latter days’** as your world calls the time when life on earth has become so universally gross and separated from the underlying Laws of Existence, that **ONLY A FEW** of the billions on earth pause for a moment to question: (A1)

‘What lies beyond the darkness? (A1)

Is there Light? (A1)

Where is the Light? (A1)

Why does it not reveal Itself to us?’ (A1)

In response to the urgent, most ardent questioning by **A FEW** people traumatized by the powerful predatory emotions of others, how could I **NOT** return at this time, to reach those who question, those who are sincerely longing for a sure way out of the darkness which now saturates every facet of the majority of people’s lives? (A1)

It must be widely accepted there is a **HIGHER VISION** to strive to implement in your daily lives. (L1)

It is only by reaching for a higher vision that the physical world will be rescued from wholesale annihilation. (L1)

Without the vision either for the self or for the world, there can be no spiritual evolution or the achievement of those things greatly desired. (L1)

59. What should we do when being 'attacked' by others?

The higher way, when under attack of any kind — a way having only constructive repercussions — is to remember you can instantly call upon **DIVINE CONSCIOUSNESS** from which you will draw instant protection in any eventuality. (L6)

But this is only possible if you can move beyond the 'magnetic ego-drive of resistance' in the perfect assurance that **DIVINE CONSCIOUSNESS** meets your every need. (L6)

60. What is the Stigma?

The stigma... is nothing more than a hysterical and morbidly emotional response to what they believe I endured. (L3)

People have worked themselves up into an emotional pitch akin to frenzy whilst imagining the anguish of my suffering before my death. Their emotional gratitude for what I endured sends them into a state of physical distress. (L3)

This is being written on your Good Friday, and I have come specially to talk to you about my crucifixion and to tell you that **you must abandon all the drama associated with the remembrance of this day.** (L3)

I died — and that was, for me, a wondrous release. (L3)

61. Is celibacy important?

Consider this well. After enlightenment, I, in the person of Jesus, became celibate because I chose to do so, but this in no way interfered with my love for the women who ministered to my needs. (L4)

When men and women are nearing an equal balance of male and female natures within themselves, their task in life is to transcend their sexual drive through achieving unconditional love for all people and directing the drive itself into pure creativity — such as the arts. Of such people are ‘Masters’ made, masters of themselves, masters of creativity, masters of human consciousness, masters of ‘matter’. (L4)

I — We — say to men and women everywhere — true Purity is only attained when you can be surrounded with every form of temptation and yet remain untouched by desire, unmoved by earthly feelings, untainted by earthly lusts, free of craving and longing for possession. (L4)

Purity in its every form transcends all earthly physical hungers. (L4)

Purity is the ability to see temptation for what it is — grossness of thought and feeling which traps the senses of men and women into doing unclean things. (L4)

A truly pure person desires only the clean and honest environment suited to their innate longing for spiritual love and beauty of self expression in every facet of their lives. That is true Purity. (L4)

However, true purity cannot be achieved unless there have first been the long years of temptation. It is a necessary part of your spiritual development; unless you have been sorely tempted at times, and have eventually come to understand that there is a higher road to walk, a road of self-denial, and of sincere concern and caring for a good woman, you will never attain a state of true purity. (L4)

You will be enslaved by desire and will be in a constant turmoil of inner conflict. (L4)

62. What must we be careful of on our spiritual journey?

The following are some specific cautions/warnings given by Christ.



There are many who have experienced a little ‘burst of insight’, have briefly felt a touch of ‘Divine Consciousness’ and then, hardly daring to continue to believe in such a transcendent moment of awareness, have begun to question, doubt and finally dispel the little inflow of ‘Divine Consciousness’. Beware you do not do this. Disbelief will set you back, enmesh you in the material plane of existence more than you will ever know. (L5)

Whatever you are given and able to receive — hold fast to it and do not doubt. (L5)

Doubt destroys steady progress because it creates its own ‘consciousness forms’ which will suppress and even eradicate the insight you had gained previously. (L5)

Therefore, your choice of thoughts — belief or disbelief, doubt or faith — *construct or destroy your progress in your search for TRUTH.* (L5)

Any denial erases from your consciousness the progress which has been previously made. (L5)

No matter where you may be on earth, what trouble you may be in, what disgrace you are facing, what lack of money may be dogging you, right within you, around and above you, you have the SPIRITUAL MEANS on which to call with all your heart and mind — and the answer will surely come — IF YOU DO NOT DOUBT.
(A3)



The higher you ascend in spiritual truth, the more powerful do your thoughts become. (L5)

Therefore, create and hold fast to your own spiritual momentum and allow no one to intrude and undermine that momentum. (L5)

Hold firm to your former perceptions. In times of doubt, cruise along in positive thoughts, using enlightening affirmations, clinging to earlier inspirational guidance when your consciousness frequencies of vibration were higher. By use of your willpower, choosing affirmations containing ‘golden nuggets’ of spiritual Truth, return to this higher level of consciousness again and again.
(L5)

Do not, through mental laziness, wholly surrender to the ebb and flow of spiritual consciousness energies and become a spiritual ‘see-saw’. (L5)

I cannot emphasize this danger of self-obstruction strongly enough. Become actively aware of it. (L5)



I tell you truly — you may trust my words implicitly — if you persevere, there will come a moment when you actually feel the contact, and know that you have made contact. (L6)

You have then reached a most crucial time in your spiritual/human development! (L6)

For a few hours so many souls feel uplifted and joyful but then the daily cares intrude into their minds, and they intellectualise the experience. They explain it away in human terms. (L6)

Do not do this — for you will lose what you have been given! (L6)

You will greatly delay your spiritual progress. (L6)



It is weakening to the soul to need another agent as a spiritual ‘crutch’, therefore, to depend even on myself must be recognised as a temporary measure. (L7)

Know that my Christ Consciousness is with you always and you can have immediate access to me when you call. (L7)

Let this be a comfort to you — but not a crutch. (L7)



Do not judge the inner development of any species, human or otherwise, by their outer physical bodies. (L7)

All living things are individualised out of the same Divine Life. (L7)



CRITICISM is the biggest obstruction of all to inner happiness because it is highly destructive. (A11)

It is reflected in the person's life because when you judge, judgement comes home to roost, as the saying goes. (A11)

Criticism of others interferes with their wellbeing and consequently, as we damage others even in the slightest, again, the damage will return with interest. (A11)

Therefore, when you undertake to walk Christ's Way, you must understand that it is a path of relentless self analysis and finding the courage to look at your actions in the light of LOVE, willing to see the truth about your thought and emotions. (A11)



63. Are spiritual seekers really 'protected' from harm?

Always, in any situation when you are threatened — stop, stand, turn and call on the 'Father' - Divine Consciousness for help — and watch the deliverance. It will surely come. (L4)

I tell you beyond all fear of contradiction that if any of you will live in the protection of the 'Father' — 'Allah' — Divine Consciousness by radiating goodwill and love to everyone in your life and country, and even your so-called enemies, **you will never be attacked, you will never know sorrow, you will never be subject to any of the human ailments and misfortunes which the human consciousness creates. (L4)**

You will be enfolded in a mantle of **Light and Love ... Divine Consciousness** will flow into your mind, your body and your life. People may be falling ill around you, felled by an attack, or 'drowning' in an agony of fear, but you will walk the same path conscious that no one has the least **human** power against the **POWER — the SOURCE of your BEING —** which has given you your own being and life on earth. (L4)

Not one may dare deny this statement, since none who would want to deny it, has reached the level of spiritual consciousness where such protection is a normal occurrence. Therefore how can they deny this statement? (L4)

And I speak the self-same **truth** to those who have reached the level of spiritual consciousness which perceives the universality of the '**Father**' - '**Allah**' - **Divine Consciousness**, and **Its** abundant love radiated to all and everyone. Such spiritual adepts strive to live within and radiate that love — and will gladly confirm that this is a truth I have stated. They will have experienced the miraculous protection and fulfilment of need and will know they can relax in the 'sun' of the '**Father**' - '**Allah**' - **Divine Consciousness** goodwill and love. (L4)

They will also be happy to accept that **Divine Consciousness** called by any other name — God, Jahveh, the Absolute, Infinite, Allah, always remains the universal inter-penetrating **Divine Consciousness** despite all the differing terminologies used by various nations. They will have reached that level of spiritual awareness when they can perceive that behind all colour, language, beliefs, actions of whatever kind, all people — all creation itself — is one at the grass roots of their being. Man and ant share the same origins within the equilibrium of **UNIVERSAL CONSCIOUSNESS**. (L4)

THIS IS TRUE FREEDOM. The only freedom. (L4)

64. Will there be a separation of souls in the coming days based on their level of consciousness?

As many of you are aware, you are entering a new phase of world history, during the course of which it will be realised that no longer is the great divide between the wealthy and the poor. (L4)

The great divide will be in consciousness. (L4)

The divide will be between those who have been able to find entrance into the higher spiritual consciousness and radiate love and acceptance equally to all — friends and foes — and who make it their goal to radiate **Divine Consciousness** into every facet of their daily lives — and those who remain encased within their ego-drives, seeking domination of the weak. They may appear to succeed for a while — but eventually they will fail, and their suffering in their self-created darkness will be great. (L4)

There will indeed be a sorting of the ‘goats’ from the ‘sheep’, as has been recorded in the gospels in the Bible. (L3)

The ‘sheep’ refer to those souls who can peacefully receive the highest spiritual truth yet dispensed on earth. (L3)

The 'goats' refer to those who do not have the capacity to listen to anyone or anything because they have too great a rebellious spirit and ego-drive. (L3)

Why will they be separated at this time? They will be separated because those who are able to receive the truth contained within these pages, and to live by the guidelines of the Laws of Existence, will find that although the next period of world history will be bitter indeed, they will continue in comparative peace and protection, fulfilment of need and upliftment of spirit. (L3)

The 'goats', unfortunately, will have to endure all the horrific force of their innate rebellious consciousness. (L3)

This is NOT a punishment from Someone on High — but a natural working out of the Law of Existence: what you carry in your minds and hearts will eventually externalise in your body, life and environment. (L3)

When you resist and rebel, life offers resistance to you in the fulfilment of your desires. (L3)

THEREFORE, the 'sheep' of every religious persuasion — those who have sufficiently evolved in spiritual understanding of the fundamental unity in your SOURCE of BEING — should swiftly seek to unite in equal brotherhood in your towns and countries and reach out and bond with your spiritual brethren worldwide, irrespective of all that is taking place in the external world. You should transcend all religious differences, Christian, Muslim, Sufi, Jew, Israeli, Palestinian, Hindu, Buddhist, etc. and regard

yourselves as all being equally within the safe haven of Universal Love and Universal Intelligent Protection — at peace with yourselves, with each other and with those who are determined to fight to a finish. *(L3)*

**ONLY IN THIS WAY WILL YOUR PLANET SURVIVE THE
TURMOIL WHICH LIES AHEAD OF YOU. *(L3)***

65. How can we get others to realize the Truth that we are discovering?

There is nothing in your personal energies which will open the doors of another person's mind to Truth. (2007M)

Only Truth itself can open the doors, can bring insight, can bring healing. (2007M)

The little 'i' mind is nothing but human and finite electromagnetic consciousness, human opinions, prejudices, negative reactions, logical arguments and rationalisation born of previous experiences. (2007M)

Until the little 'i' of ego is able to see the Divine and open itself to receive the Divine in as great a quantity as it is prepared to give time to receiving, it will remain impervious to any Truth which may be presented to it. Indeed, it will vehemently reject it. (2007M)

66. What are the important guidelines we should live by?

The Rules to be followed daily are: (2007M)

1. Daily reading of the Christ given **Rules and Explanations** (*see Message 10*) of why he has made them into rules. (2007M)
2. Daily Meditation. (*see Message 9 and “How to Meditate” in Letter 8*) (2007M)
3. Daily, I will reject all ego thoughts and replace them with thoughts of compassionate love and unconditional love. (2007M)
4. To make meaningful contact with other people I must LISTEN to them and must stop bringing the subject back to myself. (2007M)
5. I must be able to hear truths about myself without hiding behind a cloak of excuses and indulging in retaliations. (2007M)
6. I must, at all times, be truthful and straight forward, otherwise my consciousness will be fragmented and I will lack conviction. (2007M)
7. Daily, I must remember and affirm that in the Kingdom of Heaven — tomorrow is always perfect. (2007M)

8. I must avoid all alarmist talk. To build the Kingdom of Heaven within and without myself, I must withdraw my consciousness from everything which I do not want to see repeated or perpetuated in the future. (2007M)
9. I will listen carefully to all who seek my love and my comfort and will ask Divine Consciousness to give me the words to heal their hurt. (2007M)
10. I will not give way to jealousy because I know that all the things necessary for my care and happiness can be mine when I ask 'Father-Mother-Love'. (2007M)
11. Daily I will make the **Affirmation** (*see below*) — visualising the full meaning as I speak. (2007M)

Detailed Rules and Explanations

Before setting out the rules for Membership, I will refresh your memories concerning your own creative power within your minds. (2007M)

'...when your thoughts and feelings unite in thought patterns of desire, or intention or purpose, you have created a life-form. That life-form is a blueprint, an electrical outline of your intention and the corresponding magnetic field of emotion draws particles of energy together to bring this driving intention into visible manifestation.' (2007M)

This is a manifestation of your own desires and because your knowledge of yourself and your future is so limited, this manifestation will bring its happy side and its dark side into your experience. (2007M)

But when you first go to Divine Consciousness and seek the true solution to your problem and take this solution back to Divine Consciousness for its perfect manifestation on earth — then you have the perfect manifestation of Light carrying within it no future disappointments. (2007M)

Try to make it second nature to first seek guidance from Divine Consciousness. Even though you may feel you have heard nothing from the Divine, I tell you truly — if you remain steadfast in faith, in time to come, you will find the answers in visible form returning to you. (2007M)

Therefore:

1. As a Member of the Kingdom of Heaven of Earth I will meditate daily, starting with ten minutes, and moving on to whatever time I am comfortable with. I will set aside all thought as much as possible, quieten and silence my mind. (2007M)

I ask Divine Consciousness with heartfelt prayer to enter my consciousness and take over, bringing me Divine Wisdom and Divine Love that It may bless my own life and all I relate to in any way, and the world generally. (2007M)

I will use this time of union with Divine Consciousness to KNOW that all matters I take to it for healing and solving will be duly healed and solved. (2007M)

I pray that Divine Consciousness will give me the grace to KNOW that IT always answers the prayer of loving conviction. (2007M)

2. As a Member helping to create the Kingdom of Heaven, I must set aside every thought of envy. I must remember and affirm that as the child of Divine Consciousness, the **'Father'**, I may ask for whatever is needed or wanted and know that, in due time, it will surely be manifested for me. (2007M)
3. As a true Member of the Kingdom, daily I will reject all ego thoughts and replace them with those of compassionate love and the unconditional loving thoughts with which I will help build the Kingdom. (2007M)

Daily I will repeat to myself: **'I have undertaken to help build an Era of Love and Peace and my every loving thought is a transforming influence on earth'**. (2007M)

4. I must remember that the Kingdom of Heaven is a place of joy and laughter. Daily I pray that I may become more enlightened and lifted into appropriate spontaneous joy and laughter to help lighten the spirits of those around me. (2007M)

5. Daily I must remember that to overcome ego and make deep meaningful contact with other people, I must LISTEN! I must control my ego-drive to talk about myself, and must listen, striving to understand and empathise with what I am being told. (2007M)
6. Daily I must remember that to overcome ego, I must be able to hear any truth about myself without wanting to retaliate or find excuses. In the Kingdom of Heaven there is no backbiting, vindictiveness, resentment! By undertaking to help build the Kingdom of Heaven on earth, I must transcend all these ego impulses — exchanging them for unconditional love. (2007M)
7. Daily I must remember that in the Kingdom of Heaven there is only a KNOWING that tomorrow will be perfect because Divine Consciousness fills the minds and hearts of every dweller in the Kingdom. Therefore, I must avoid all alarmist talk. (2007M)
8. I will not get caught up in retelling the faults of others. I will not indulge my lower consciousness by contemplating the evils of the governments and the world. To build the Kingdom of Heaven I must withdraw from everything which I do not want to see perpetuated — otherwise the Kingdom will never take shape, or others may build it and I will be left behind. I will be shut out by the self-indulgent consciousness I am building every day. (2007M)

9. I will listen with love to all who seek my comfort and will ask Divine Consciousness to give me the words to say to heal their hurt. (2007M)
 10. Daily, I will visualise and make the following **Affirmation** with love for the world and for myself. I will affirm constantly that because Divine Consciousness illumines my mind, my affirmations are powerful and life giving. I visualise they are the seeds of future events. (2007M)
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DAILY AFFIRMATION

Daily, I open my heart and mind to Divine Consciousness transcendent to help me dissolve all present selfish ego-drives. (2007M)

Daily, I open my soul to receive Divine Consciousness to assist me in building a new ERA of LOVE & PEACE in the world. (2007M)

In the KINGDOM of HEAVEN only Divine Love, Divine Compassion, Joy and Laughter, and beauty of self-expression will be sublimely manifested always. (2007M)

Nature in every area of the world will flourish luxuriantly, harmoniously, supplying fruits and food for every single person on earth. All people will be well fed. All will be well clothed. All will be uplifted in spirit and will manifest Divine Consciousness in every way, every day. (2007M)

I lift this Vision of Felicity to Divine Consciousness where it will be ignited with DIVINE LIFE for its perfect manifestation on earth. I give my loving thanks to my SOURCE that even now it is all beginning to take shape in the unseen. (2007M)

Thank you, Father. (2007M)



67. What is true forgiveness?

It is a state of understanding the other person and their reasons for their behaviour so clearly that you can say in all honesty — there is nothing to forgive. *(L9)*

68. Why do some people believe the earth is flat and others don't?

Your consciousness creates your reality, irrespective of what the actual facts of your earthly life may be. (L6)

At one time, people believed the world was flat. Therefore, for them, they lived in a flat world and were afraid to sail the seas too far in one direction, because they were in danger of falling off the edge of the world. For these people, their world was flat, while today, with knowledge, your world is accessible in every direction. (L8)

When people believed the earth was flat, they were afraid to venture too far over the ocean lest the ship should fall over the edge. The people who believed in a flat earth, lived according to that belief. (L6)

When Galileo said the earth was round, he was considered a heretic but his perception of the 'roundness of the earth' enabled sailors to take a new look at the world and set out to discover what lay the other side of the ocean. It required a change in their belief to make this possible. (L6)

You are in a similar position in regard to these **Letters**. Those people who discount and ridicule them are like the people who believed in a flat earth and were afraid of falling over the edge if they sailed too far to the west or east of their known environment.

Their horizons were severely limited by their false beliefs. So are the horizons of those people who believe the world to be solid, also severely restricted. (L6)

69. What should be the most important consideration in our lives?

Your state of consciousness is the most important consideration in your life ... not your relationships or possessions or your position in life. (L6)

Tend to your consciousness and the blessedness in all aspects of your life will follow. (L6)

By your consciousness you feed yourself with inner love and harmony, joy and beauty, even in the backstreets of a slum. (L6)

With such a consciousness, you will find yourself being removed from the streets of the slum into an environment in keeping with your inner self. So do you climb out of unpleasant circumstances. (L6)

From the foregoing, you should now be able to see that **only you create the 'quality' of your internal world**, whether you find yourself externally in prison or in command of a battleship! (L6)

And you can enhance your surroundings by radiating to them the life force which animates your thinking. (L6)

Your external life only impinges on your consciousness. It does not — cannot — create or determine your conscious responses. (L6)

You are the ‘creator’ of your responses. (L6)

Your type of creation depends entirely on your deepest perceptions and beliefs regarding existence. (L6)

Your convictions and strongly-held beliefs may be completely illusory but if you fully believe in them in your subconscious, they become absolutely real for you. (L6)

70. What happens as we Ascend?

The ‘individualised consciousness’ which has ascended in vibrational frequencies to the very portals of the Universal Creative Dimension becomes LIGHT INDIVIDUALISED —

An INDIVIDUALISED CONSCIOUSNESS which needs no body in which to express and enjoy all that the GLORIOUS CONSCIOUSNESS can devise in the highest SPIRITUAL REALMS.

(L3)

It is a supreme and enraptured state of being having none of the needs, desires, impulses, experienced by those who have not fully mounted high beyond and above the ego. *(L3)*

71. How can we receive inspiration and instruction from Christ?

I radiate my Christ Consciousness towards you by receiving and holding your name and spiritual form in my mind when you appeal to me for assistance. (L7)

And according to your receptivity and freedom from magnetic 'bonding-rejection' impulses, a little of the Divine Nature of Being is absorbed by your present consciousness vibrational frequencies which then experience a strong sense of upliftment. (L7)

To explain why this is so — I must tell you that my consciousness descends through many differing planes of vibrational frequencies of consciousness to meet the needs of those seeking help and inspiration. The many differing planes of consciousness, my consciousness passes through, are all distinct from each other. (L7)

Therefore, it should be clear to you that as you unload your earthly consciousness of its emotional bondage by mentally/emotionally rejecting the patterns of emotional thought you perceive to be out of harmony with Divine Love, so will you become more and more aware of higher inspiration invading your mind — even your solar plexus — giving you guidance in times of need when you are unable to perceive the right course of action or unable to clear yourself of emotional ego-thinking when reacting to a troublesome situation. (L7)

With my help, you can live in two dimensions — that of the physical world in which your body resides, bringing you your experiences — and that of the higher standpoint of Christ Consciousness which will enable you to transcend the ego-thinking and radiate thoughts and feelings into your situations from that state of being I termed the 'Kingdom of Heaven'. (L7)

I am not alone in this work. There are innumerable most highly, transcendent, spiritual, beautiful, lovingly-intelligent souls, possessing entrance to the dimension of Christ Consciousness, working with me to help people. Although we are in the dimension of Christ Consciousness, we are all individuals. We are not replicas of each other. We all express the Christ Consciousness in differing glorious ways — the emphasis of our activities placed on differing facets of creativity. We have powerful imaginations and are able to create and bring into visible, individual form within our own dimension, those things which are way beyond your present comprehension. (L7)

In my transcendent state, I can do more for you when you call upon me than I could if I were to return to earth in a physical body when you might see me with your eyes and hear me with your ears, but your understanding of **Truth of Being** might be limited. (L7)

In this mode of contact with your consciousness, you can receive me direct into your mind and heart when the preconditions to such contact have been fulfilled. (L7)

For I tell you truly — **the more time and meditation you devote to these Letters, the more will it become possible for you to receive higher inspiration and instruction from me, personally, because with every reading of these Letters, the more will your own frequencies of consciousness be raised towards my spiritual consciousness frequencies** — and eventually we will be able to reach a true meeting place of consciousness. Then — abundant will be the fruitage in your life. (L7)

72. Does Christ ever get angry or upset?

Because I am in near perfect equilibrium myself, I have the spiritual power of **UNIVERSAL CONSCIOUSNESS** to a near perfect degree. I am imbued with the nature of **Universal Consciousness**. (L7)

Therefore, my entire consciousness — irrespective of other people's thoughts or words, belief or non-belief, love or hatred, acceptance or rejection of me, remains that of pure unconditional **LOVE**. (L7)

It never falters or changes. My attitudes are consistently those of pure LOVE, CARING and COMPASSION which I experience as a profound yearning to uplift, heal and prosper. (L7)

73. Is there any harm in taking a break from our spiritual practice to enjoy a bit of life?

Everything you do in life, you are either moving forward spiritually, or moving into areas of consciousness detrimental to your search and long-term journey towards higher levels of spiritual consciousness. (L7)

As you lift your level of ‘consciousness frequencies’, you will find that you are inwardly strengthened in spirit and life force — **and the opposite occurs when you find yourself entrapped in lower consciousness vibrations**, either through a personal descent into lower thought frequencies or by being emotionally drawn into them through communication with a negative or egotistic personality. When this happens, you will experience a loss of energy. **This loss of energy results in a depletion of physical energy in your body cells. (L7)**

Therefore, when deliberately setting out on a spiritual journey, you should visualise yourself as being like a traveller boarding a train bound for the destination of your choice.

If, when travelling, you leap out of the window on glimpsing verdant valleys or exciting cities offering pleasures of some sort, and go wandering into highways and byways far removed from

the journey you had originally undertaken, you will find it very difficult to resume that original journey. (L7)

First of all, you will have to go through a cleansing of the lower consciousness energies you absorbed during your jaunts into other areas of interest. This may take a long time and you may have to go through other painful experiences to enable you to go through the necessary cleansing of your consciousness again. (L7)

You never escape the processes of consciousness nor from the inexorable working of the **Laws of Existence**. You cannot put your life on hold as you dodge off to have a little fling which you think won't matter since no one will know. (L7)

Whatever you do is an action in consciousness and whatever it is — promotional of your well-being or contrary to your highest good — will have its repercussions of a like nature. (L7)

Everything in your life is related to some other activity in consciousness. Nothing is isolated from everything else. (L7)

People think that what they do today is in a compartment. They think that 'today' becomes yesterday and is past, it can have no bearing on their 'today'. But — unfortunately for them — they will find it cropping up in their experience as 'reaping time' in six months, a year or even ten years ahead — when the consciousness energies have attracted what is necessary to bring about their visible manifestation. Then people wonder — why did this happen to me? Why me? (L7)

You must understand that when you embark on a spiritual journey, you have set foot to a path which will lift your consciousness vibrations to higher levels. (L7)

Carelessness and inconsistency will lead you into a condition of swinging between levels of vibrational frequencies. (L7)

These times of inconsistency are fraught with emotional pain. As you swing, the original momentum of spiritual energy which previously lifted your spiritual vision, dies away and eventually you complain it is hard to get back to prayer and meditation. It is difficult to make the contact with **Divine Consciousness** that you were able to make before you went off on some pleasurable jaunt which led to a dropping of your consciousness frequencies. In this way, by giving in to overpowering impulses, you make life difficult for yourself, you walk a more rocky path. (L7)

At the same time, the impulses within your consciousness indicate that certain areas of your human consciousness need refining. The impulses become the necessary means to teach you some important lesson. In fact, no one can move on to the narrow path leading to the 'Kingdom of Heaven' and remain there without divergence or deviation until they have thoroughly experienced the fruits of their hidden impulses. By fully experiencing all they have to offer, people eventually arrive at a clear understanding that they were false enticements — not worth the pain and tremendous effort involved in getting back on the spiritual path again. Only when the deeply ingrained impulses have been indulged and the results imprinted in the consciousness, can a deliberate mental and emotional choice be made to live life on a higher spiritual level.

When this final decision is made decisively and positively, the former impulses are then erased from the consciousness. (L7)

But I have to tell you that when you do make the choice to live your life on a higher spiritual level, you have not necessarily come to the end of your problems. In ignorance of what is real and false in higher spirituality, you may find yourself attracted to different cults which will lead you further into a wilderness without ending. (L7)

74. How can I find the Kingdom of Heaven?

To find the Kingdom of Heaven, in which the soul is in harmony with Divine Reality, there must come a time in your development when you no longer want to be drawn into the earthly perceptions and consciousness of human beings towards each other.

You long to withdraw entirely and focus on spreading your own contact with **Divine Reality** to others.

Beware that you do not force your spiritual way on others, irrespective of whether or not they are on the spiritual path themselves. (L7)

At the same time, you must preserve your own serenity by not allowing others to take advantage of your good nature. You must clearly draw your lines of right and wrong — prevent the selfishness of others encroaching on your privacy which is likely to destroy your peace of mind. (L7)

To ensure this, there is no need for your ego-consciousness to assume dominance again. You can guard your privacy peacefully. You have been given the intelligence to achieve this necessary purpose with the highest degree of **LOVE**.

Remember that the spiritual edifice of consciousness vibrations which have been constructed out of your contact with **Divine Reality and your daily mode of thought, feeling and living, should be sacrosanct** and you have to take care not to become entrapped again in the lower vibrations of others' thoughts and reactions. (L7)

75. What is our highest purpose while on earth?

At all times, your highest purpose on earth is to promote the highest earthly and spiritual GOOD of every other living entity — human and lesser. (L7)

Not by descending to the vibrationary level of those in need but by reaching out and offering the wisdom which has brought you into your sanctuary — your holy of holies in mind, emotion and living conditions — if there is a willingness to listen and accept. Otherwise, hold your peace. (L7)

Sympathy and compassion should be detached. Empathy will drag you down and embroil your spiritual consciousness vibrations in the human vibrational level. This will possibly create conflicts where you had sincerely only intended to uplift and heal. Avoid this since it will deplete your energies and defeat your spiritual purposes. (L7)

Pure LOVE is concerned only with upliftment and spiritual progress, healing and achievement of the ‘Kingdom of Heaven’.
(L7)

Divine LOVE is a warm compassionate feeling — primarily charged with the longing to enable the loved one to: grow, create, be nourished and nourish others, to be healed and to heal others, to educate and educate others, to protect and protect others, to

fulfill his needs and for him to fulfill the needs of others, all within a clear system of law and order. (L7)

This is DIVINE LOVE/LAW in action. (L7)

When your **highest purpose** has become the **Divine Purpose in action**, the ego, the nucleus of your individuality, is now controlled by your soul. The ego-drive becomes your true defender and true protector of your personal comfort — but it now works entirely in harmony with the directives of your soul which draws its nature from **Divine Reality**. (L7)

I repeat — there is no sentiment in **Divine Reality**, no removing any boundaries ensuring law and order, to suit the demands of the egotist, no weak ‘giving in’ and yielding to the obstinacy of others. (L7)

At all times, it must be borne in mind that ALL PEOPLE should respect one another. They must respect the rights of others to privacy, safety, peace of mind and harmony. If differences arise, they can be dealt with, with mutual respect. The more spiritually evolved you are, the more will you respect the highest and the lowest of social stratas, accounting them to be equal — ‘not in the sight of God’ as human beings like to say, but within **your own spiritualised perceptions of the fundamental equality of the souls within all beings**. (L7)

Respect and **DIVINE LOVE** belong together. True **LOVE** is highly respectful of the beloved. (L7)

76. What happens when a Soul's vibration rises to the higher levels of Consciousness?

When a soul reaches, in understanding and realisation, the topmost level of the frequencies of vibrations of consciousness — **Christ Consciousness** — the soul can look down and review the levels of vibrations ascending and descending to those of humanity on earth and know, with love and compassion, humanity is trapped in the lower vibrations of Divine Consciousness hidden within the Ego-Drive, wholly unaware of the Truth of Being, the soul's true identity and the earthly truth of the ego. Neither does it have the slightest awareness of the immense purpose behind its existence and the eventual mission it must embark upon. (L8)

77. How does a Soul grow?

The task of the newborn soul is to experience, through means of its sheath 'the psyche', all that these lower frequencies have to offer and grow as a result of the mental/emotional events and experiences arising out of their thoughts and feelings. (L8)

The soul must learn, through trial and error, the state of consciousness which makes it immensely happy or burdened with grief and sorrow which initiate various physical limitations. (L8)

The purpose of life on earth is not to discover a means to experience undeviating joy and bliss, although this is what each soul longs for. (L8)

Such bliss and joy would hinder the soul's progress into the higher spiritual vibrations of consciousness. (L8)

Eventually after many lifetimes of 'highs' and 'lows' of comfort and sorrow, the psyche will wake up to the truth of its being and will realise that it has within itself the potential to draw on **Divine Consciousness** for insight, understanding and knowledge and to raise its spiritual consciousness vibrations to those of health, well-being, protection, inner growth, spiritual nutrition and to radiate to others the nature of **Divine Consciousness** Itself. (L8)

78. Is *everything* Consciousness?

EVERYTHING in existence is defined by vibrational frequencies of consciousness. (L8)

Light, Sound, Colour, all physical phenomena both living and inanimate. If you can change the frequencies of vibration of any single thing, you change the appearance of that thing — be it sound, colour, gas, liquid, physical organs. (L8)

When physical organs present an appearance of ill-health, it is because the normal frequencies of vibrations of that physical organ have been reduced and the LIFE within the organ has been depleted. Science presents the universe as being ‘matter’ possessing consciousness but the truth is: (L8)

The universe is CONSCIOUSNESS which has taken on the appearance of ‘matter’ as a result of a descent into the lower frequencies of vibration of consciousness. (L8)

This is the true reality of existence — nothing else. (L8)

Your existence is all a matter of frequency of vibrations.

The higher the spiritual perceptions and the adherence to spiritual thought, the more swift are the personal vibrational frequencies in the body, the vitality is raised and illness eventually disappears. (L8)

79. Why do some people feel The Christ Letters are from ‘Satan’?

When altogether new spiritual perceptions are presented to a religiously indoctrinated mind, these are perceived as being from ‘Satan’ or sheer lunacy or imagination. (L8)

This is natural since when the emotions are severely aroused and challenged, as happens when deep beliefs are contradicted, the magnetic-emotional ‘bonding-rejection’ impulses of the ego-drive immediately come into action. (L8)

Any thesis or proposal which causes the conditioned mind acute mental discomfort, dismay or puzzlement, will be rejected instantly and a whole barrage of ‘proofs’ will be summoned from the beliefs in the conditioned mind to back up such rejection. But the proofs are merely beliefs. (L8)

This is an entirely natural mental-emotional process within the purely human dimension. (L8)

Therefore, if this — my TRUTH — is offered to those whose mindsets are firmly established and conditioned by fear or strengthened by the human will to adhere to such programmed beliefs, it is only natural that the TRUTH will arouse unruly emotions and be quite violently, possibly virulently rejected. (L8)

The foregoing is a description of normal mental-emotional activity within the human dimension. (L8)

It should not be criticised since a conditioned mind is made to feel completely insecure and ‘adrift’ or ‘all at sea’ when confronted with an entirely new concept. These human idioms describe exactly what happens when an indoctrinated mind is challenged by an entirely new perception of what was previously held to be so dear, so safe, so right! (L8)

When first reading these Letters you can determine for yourselves where you stand mentally and emotionally. (L8)

Are you blocked from spiritual progress by your stubborn adherence to present beliefs? (L8)

Are you able, after due thought, to realise that all you are so sturdily upholding is only — ‘belief’ — irrational belief? (L8)

It is absolutely vital to your spiritual development that you should, at long last, fully understand the principles of your human mind and emotional functioning. (L8)

You think you do, but you do not understand it at all. You can only understand it by coming out of it entirely, transcending it, moving into higher dimensions of perception and experience — entering into TRUTH ITSELF. (L8)

Only then do you begin to perceive that you and every other person in the world, have lived and directed your lives almost entirely by human ‘beliefs’ — not TRUTH. (L8)

80. How will my life change if I commit to a spiritual path?

When a person abandons logic — and knows beyond all doubt that *guidance* can be utterly relied upon to achieve inspired goals, your life changes. (L8)

Benefits flow into your experience when you fully realise that **Divine Consciousness** is the unseen *Reality* — the Power — at work behind the outer appearances of your life, moving ‘intelligent energy force’ to manifest your needs. You do not have to deny appearances, or pour thought-power into a condition you are seeking to resolve. (L8)

All you have to do is surrender self-will and KNOW that as your limited intellect yields, so does the *Infinite Reality* move in to order your life in an altogether new way, to wean you away from all your supports of the past, bring to your mind a new vision for a new endeavour, and lead you into new areas of activity. But when this happens, you have to be prepared to ‘let go’ completely. (L8)

You have to release your grip on the securities of the past and know that even greater securities of a different nature await you as you follow your inspiration. (L8)

Since this state of spiritual/human existence and harmonious well-being depend entirely on a person’s ability to make true contact with **Divine Reality**, it is imperative to return again and again to

an in-depth study of **Divine Reality** Itself and the way in which the ego-drive is ceaselessly at work within the human consciousness blocking out the intuitive directions of the **Divine Life** within the mind. (L8)

At the moment you are living in a shadowy burdened existence instead of consciously living within and entering into '**Divine Consciousness**' and allowing IT to permeate and gladden your thinking and life experiences. You remain locked within the mental-emotional framework of electromagnetic impulses until you set your willpower to consciously dissolving the fabric of your humanly conceived beliefs and come to see clearly that your **Reality** is **Divine Consciousness** — not your family, or bank book. When you achieve this insight, you will enter into **LIGHT** — and the **LIGHT** will abide in you. (L8)

Because of the discomfort and the tug-of-war between the evolving soul and the human ego, (which demands to 'look good' rather than '**BE GOOD**', and yet cannot bear the thought that it may ever be imperfect), there are few people receiving inspiration and passing it on to others at this time, who will speak about the need to go through a period of inner cleansing. (L8)

Modern people are conditioned to instant service, instant light, instant heat, instant food, drink, clothes and entertainment, and therefore are not attracted to a **TRUTH** which involves self-sacrifice, hard work and total dedication to the goal. Besides which, many of these teachers are making a good deal of money out of their activities and they must present a 'Truth' that will sell! (L8)

If your modern teachers speak of a path of attainment to the highest dimensions by means of the transference of personal mental illumination, it will still be necessary to undergo the inner intense self-examination and purification of the bonding-rejection of 'magnetic emotions'. (L8)

If you are truly on the upward path to the highest spiritual dimensions, your road will be characterised by moments of bright clear-sighted self-inspection and self-realisation, followed frequently by self-loathing. This dark and painful feeling is the magnetic emotion in reverse. (L8)

Where before, the ego clung to its essential vision of itself as being the greatest and even greater than others, it now begins to glimpse the agonising fact that perhaps it is not only slightly — but very imperfect. Any person reaching this spiritual level of development will find they are now travelling the road to true humility. (L8)

Take heart when you find this happening to you. You are now pushing away the debris of past erroneous beliefs about yourself and your illusory self-hood. (L8)

Remember that it is your 'intention' or 'motivation' or 'conviction' which gives creative power to do whatever you want to do. (L8)

The moment that you desire with all your heart to reverse your normal trend in your magnetic-emotional patterns, you have set this process in motion. (L8)

If you clearly define the goals you wish to achieve and keep them ever before your vision in writing or in mind, very shortly you will discover that the desired changes have taken place in your consciousness. (L8)

When this happens, you will feel a lightness in spirit and will have moments of pure joy. You will be proving that the **TRUTH of BEING** does bring 'captive hearts' into the perfect freedom of spiritual living. (L8)

At the same time, you have to understand that your ego must, (of necessity to enable you to survive), make you believe you are of value to yourself and other people. Any external serious challenge regarding the value of the self is highly destructive. A desperate fear and internal subsidence of confidence will lead to the conviction that you are without value in the world, and suicide can be the natural outcome. Therefore, your progress will and must be gradual. (L8)

No one should ever expect people to be wholly changed by words of advice or times of inspiration. Growth can only take place very gradually — one insight at a time. (L8)

81. Why is 'Faith' so important?

Whilst on this journey towards *LIGHT, the Celestial Kingdoms of 'Divine Consciousness'*, you will undoubtedly undergo rocky and bumpy experiences until you achieve your true goal. You will experience times of wondrous joy and times when your heart is heavy and your emotions dragged this way and that because you feel there is an impenetrable barrier between yourself and **Divine Consciousness**. (L8)

You may have heard of these dark times of inner distress when a person no longer knows what he is meant to be doing or where he should be going. Then, suddenly, just when this spiritual isolation is no longer bearable, and the traveller has surrendered his inner self completely, **Light** illumines the mind, and the person will see some marvellously deeper truth concerning existence, will perceive, more clearly, his **SOURCE of BEING**. He will be filled with joy because 'God has spoken'. (L8)

Yes, *'DIVINE LIFE' has penetrated his consciousness*, and lifted him safely along the path leading to the attainment of the highest spiritual consciousness of the Celestial Kingdoms — the Kingdom of Heaven. (L8)

Therefore, the way forward is through the means of such moments of profound revelations. They must be treasured and remembered otherwise all the spade work of the self will be lost, and the seeker will be continually pushed back to where he began the search. (L8)

Faith must be strong at all times. (L8)

Dithering about avails nothing. When I descend into your planes or dimensions of 'consciousness', I have seen seriously inclined seekers of Truth uplifted for a few hours and joyfully telling people of their experience, and then, a little while later, doubting what they were so certain they had received earlier. This slows down the process of spiritual development. These times of doubt should be strenuously resisted and overcome by meditation and prayer. For what is DOUBT but an undermining of what you have known and believed in! (L8)

DOUBT is a negative creative consciousness force directed against the very experience of **'DIVINE-LIFE' which lifted your spirit on high!** (L8)

You create within yourself a little war between your experience of *Divine Consciousness* and your human blindness. You will probably destroy the memory of that divine moment and erase all vestiges of spiritual upliftment and development it brought into your consciousness. (L8)

This conflict will leave you feeling jaded and dis-spirited. And you will probably never realise that all alone and unassisted — you have wrought this negative transformation in yourself! (L8)

82. How does 'doubt' slow our spiritual progress?

DOUBT is a negative creative consciousness force directed against the very experience of 'DIVINE-LIFE' which lifted your spirit on high! (L8)

Doubt destroys steady progress because it creates its own 'consciousness forms' which will suppress and even eradicate the insight you had gained previously. (L5)

Therefore, your choice of thoughts — belief or disbelief, doubt or faith — construct or destroy your progress in your search for TRUTH. (L5)

Any denial erases from your consciousness the progress which has been previously made. (L5)

No matter where you may be on earth, what trouble you may be in, what disgrace you are facing, what lack of money may be dogging you, right within you, around and above you, you have the SPIRITUAL MEANS on which to call with all your heart and mind — and the answer will surely come — IF YOU DO NOT DOUBT. (A3)

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they were so certain they had received earlier. This slows down the process of spiritual development. (L8)

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83. How does Christ ‘connect’ with us when we call on Him?

I radiate my Christ Consciousness towards you by receiving and holding *your name and spiritual form* in my mind when you appeal to me for assistance. (L7)

I must tell you that my consciousness descends through many differing planes of vibrational frequencies of consciousness to meet the needs of those seeking help and inspiration. The many differing planes of consciousness, my consciousness passes through, are all distinct from each other. (L7)

The more time and meditation you devote to these Letters, the more will it become possible for you to receive higher inspiration and instruction from me, personally, because with every reading of these Letters, **the more will your own frequencies of consciousness be raised towards my spiritual consciousness frequencies — and eventually we will be able to reach *a true meeting place of consciousness*. (L7)**

84. What causes psychosomatic illness?

Should [a person] refuse to listen and empathise and accept, with loving forgiveness, the 'truth' of another person, the rejection creates an emotional 'magnetic rejection' energy which joins and reinforces other residues of rejection energy force within the consciousness electromagnetic fields of your entire system. (L8)

'Rejection magnetism' depletes the 'bonding magnetism' between cells and ill health sets in. (L8)

This fact of existence is the ground of all psychosomatic medicine. (L8)

People who constantly blame and judge others and keep a wholly closed mind in regard to their own part in conflict, eventually experience some kind of radical breakdown in their physical or emotional make-up. (L8)

If they can monitor and work on this tendency to exercise control, judge others and exonerate themselves from blame, and can eventually give their 'soul' full mastery in their personality, the breakdown of whatever kind it is, will ultimately *disappear completely*. (L8)

85. How can we resolve our conflict with another person when they aren't receptive to us?

If, during conflict with another, you give time, space and understanding but only encounter stubborn resistance in the form of a continual statement of personal aggrieved feeling, then you are dealing with ego blindness and the only thing to do is to laugh, concede defeat, and walk away. (L8)

Providing you walk away with forgiveness and understanding of their controlling ego, you may have conceded defeat but you gained a victory over self and refrained from introducing negative vibrations into your consciousness field. (L8)

The very worst thing you can do to promote discord is to tell a person 'they shouldn't feel a certain way' or 'they do not mean what they are saying'. These two sayings are a gross violation of the dignity and respect due to the other and you have rejected the 'human reality' of the other person. (L8)

You may question a person:

'Do you really mean what you are saying?' If the answer is 'yes' then it must be accepted and the discussion should continue from that point. (L8)

Never ignore what another person is trying to tell you because you do not want to face up to what is being said. This is cowardice and gives points to your ego. Be brave and listen — with both ears open to receive the truth behind the words. (L8)

You must accept the ‘reality’ of a person — whether you agree with it or not, even if a facet causes you shock or displeasure. (L8)

Remember, you do not know the full circumstances out of which that human consciousness has grown into its present form. (L8)

If you judge, criticise, condemn in any way, you have erected a barrier between yourself and that person which will not be removed, no matter how much you may wish to overlook everything negative in him and become friends in the future. (L8)

Unknowingly, what you reject in him will remain in your consciousness as a foundation for future discords which will build up and eventually outweigh the affection. (L8)

Unwittingly, you will say things in the future reflecting your underlying secret mistrust or displeasure. Instead of accepting his weaknesses with love and helping him deal with and overcome them, you will put him on his guard against you and he will never fully trust you. Your ego and his ego will have had a secret battle which neither of you will be aware of consciously. (L8)

Love could turn to hate. (L8)

Remember — your life is a STATE OF CONSCIOUSNESS in which thoughts and feelings are deposited as in a safety box. (L8)

Let acceptance and caring be the steel of which the box is made. (L8)

When you have an encounter with someone to whom you are drawn, if only in friendship, and you discover that there are elements in his past which are contrary to your principles — you have the option:

- to remain in contact with him, fully accepting his past, and possibly in future situations pointing out the characteristic logically and lovingly, helping him grow, or if this is impossible, (L8)
- promptly removing yourself from the situation until you can see his problems from the perspective of loving acceptance inspired by Divine Consciousness and you find him receptive to your principles. (L8)

You must never accuse a person of acting out of an ego-impulse.
(L8)

All human beings are ego-driven to a greater or lesser extent. (L8)

Never take a stance which will humiliate another! (L8)

86. What does it mean to be a ‘master of our own fate’?

You are masters of your fate in that you always ‘reap what you sow’. (L8)

A time will come in your spiritual development when you will awaken to the enormous gift you have in your head — **the gift of creative, intelligent thinking**, and you will also become aware of the **enormous responsibility** you bear towards the way you use it.
(L8)

87. How can I be a good parent and help my children and family?

You can use your talents as a parent, seeking the best means of becoming successful in your job of promoting your children's well-being. (L8)

What higher calling is there than to be a 'good loving parent', more especially if you take as your role model the *Divine Father-Mother Consciousness* which is entirely directed at growth, nutrition of mind and body, healing of mind and body, regeneration of mind and body, protection in every form and the fulfilment of *every* need of mind, emotions, body — within a system of Law and Order and Unconditional Love. (L8)

As a parent — have you measured up to the **Consciousness** of your **Divine Source of Being?** (L8)

Think of families where emotional and mental abuse is rife. This is an abhorrent use of 'mental power'. It rebounds to the abuser in many, many ways — ill-health, sickness, addictions, depression and loss of self-esteem. (L8)

However, do not use your brains, intellect, insight, knowledge, education as a platform from which to criticise, judge or condemn others who do not measure up to your own standards of efficiency or goodness in any area of your life. (L8)

At the same time — since to criticise, judge and condemn is as natural as breathing to the human ego — **do not attempt to deny your perceptions of what might be improved.** To do so is to deny the reality of the evolutionary process. *(L8)*

88. What is the purpose of Existence?

The purpose behind existence is to experience — and improve upon your experiences. (L8)

Therefore, do not judge or condemn or reject the deficiencies you observe in others but take your perceptions immediately to **Divine Consciousness and continually ask for a Divine Resolution of the problem. (L8)**

Hold fast to the realisation that wherever, whenever, **Divine Consciousness** is drawn into a problem the end result is always growth and development for all concerned. (L8)

Try to bear in mind always, you are on earth to bring Divine Consciousness down into your daily life, relationships and circumstances. You are there to use your minds for this special purpose. (L8)

89. What does Christ mean to find *‘LIFE more Abundant’?*

When I said I have come to help you find *‘LIFE more Abundant’*, I meant that I have come to help you work through your magnetic-emotional bondage and to find and make true contact with **DIVINE LIFE** — the **Source of your being**. (L8)

Out of this contact comes increased LIFE which far transcends the ‘physical life’ you draw from your food alone. (L8)

Out of this contact comes spiritual direction, protection, and a *Divinely Inspired Path*. (L8)

You could call this ‘The Path of Christ Consciousness’. (L8)

When you have perceived some deeper truth previously hidden from your consciousness, you must accept and rejoice that **Divine Consciousness** has penetrated your human consciousness and spoken within your mind. Give sincere thanks and treasure this gift and reverence it. Never take it for granted, otherwise you will block further entrance of **LOVING INTELLIGENCE**. (L8)

90. What does it mean to be transformed by the “inner Spirit”?

People speak of being transformed by the ‘inner Spirit’. (L8)

The terminology of ‘inner Spirit’ is not wrong. I have gone to great lengths to try to rid your minds of old terminology which may have an inaccurate meaning for you. (L8)

At the same time, I want you to understand that once you have grasped what I really mean, (for I have been so grossly misinterpreted in the past that I do not want this to happen again), you must not be bound down by the terminology itself. (L8)

So long as you know what the ‘inner Spirit’ really is —

**‘DIVINE-LIFE CONSCIOUSNESS’ operating out of INFINITE
UNIVERSAL CONSCIOUSNESS** (L8)

— and has nothing to do with the ‘spirits of the departed’, you may use the terminology which has most meaning for you, provided it is the meaning given you in these **Letters**. (L8)

It is frequently said that people can be ‘transformed by the power of the Spirit’. (L8)

Such a transformation is not possible. (L8)

There is nothing 'real' in your human self which can be transformed. (L8)

Your soul has been drawn from 'DIVINE-LIFE CONSCIOUSNESS' and is therefore perfect. (L8)

91. What is the Human 'Personality'?

Your human 'personality' is ephemeral and composed only of magnetic-emotional 'bonding-rejection' impulses. (L8)

There is nothing 'real' or 'eternal' in the personality. There is a great need to strip it away **to reveal the Divine within.**

Consequently, **Divine Life must gradually impregnate more and more of your consciousness to impel you to strip away these gross impulses in order to reveal the spiritual Reality.** (L8)

Perhaps I can best explain this to you by using a parable. (L8)

A girl of great beauty was kept hidden within heavy grey veiling and an ugly face was painted on it. Thus, the truth of her being was kept secret and few ventured near her because of her unattractive appearance. She grew up and realised that the cause of her loneliness and misery, loss of freedom of movement and health, were due to the veils. But she was so accustomed to them that she felt she would not survive without them. However, she was fortunate enough to meet an 'enlightened mentor' from another country, and was ultimately persuaded to discard just one veil. (L8)

After much searching for the inner strength to do so, she begged her 'mentor' to help her. He lifted her hands and together they discarded the veil on which the ugly face had been painted and she felt much better for having rid herself of it. She began to feel a sense of joy. After a while, she was eager to rid herself of another veil and again her 'mentor' came to her and helped remove it. And so it continued. (L8)

The more she shed, the lighter she grew, and she gradually glimpsed the reality of nature around her, she could see the trees clearly, the birds on the boughs and listened enthralled to their beautiful songs, she saw the beauty in other people's faces, and began to feel the flow of love in her heart. Life was now becoming a truly Divine gift to be treasured. Daily she gave thanks to her 'mentor' for helping her become such a happy person. (L8)

Finally, the time came when she could no longer bear the final veil around her. She knew it was shutting her off from even greater light, beauty, harmony and loving contact with other beautiful people. Although she did not know how she would manage without it, she retired into the silence with her mentor and pleaded to have this last veil removed. (L8)

This was a time of agony since the veil appeared to be a part of her being. But she begged and pleaded and in a moment of brilliant **Light**, the veil was burnt off her. The form that was left was her **Reality** — **and she came into perfect inner freedom!** (L8)

However, her individualised **Reality** now had to find a way to function in the environment; this was unexpectedly difficult. (L8)

Because her perceptions of **Reality** surrounding and within herself were now so clear and transcendent, the ground of her communication with other people had radically changed. She was no longer at peace in the social and business environment, nor could she remain a member of her community. (L8)

People looked at her and said, '*Oh, this is who you are, and you have no veil, how dreadful. We find you very odd — even a little mad.*' They turned their backs on her. (L8)

What do you think she did? Did she long to go back to the time when she was veiled as heavily as others? No, she had found such peace, joy and fulfilment of need, she left her community and went into a retreat and joined other souls who would recognise her true identity and respond to it with love and joy. (L8)

Tell me, was her veiling, her personality, transformed? No, **with the help of her 'mentor'**, she removed her own veiling when she was convinced by her 'mentor' (*DIVINE-LIFE CONSCIOUSNESS*) it was the right thing to do. As she removed the different layers of veiling, she came closer and closer to intimate knowledge of the *Reality-Soul* hidden by her veiling (the personality). (L8)

You can probably understand now that the human 'personality' is like a mental-emotional cobweb, sometimes a dirty veiling of mass interactions between magnetic 'attraction/bonding' and magnetic 'repulsion/revulsion'. (L8)

Spiritually evolved people can see this dirty 'veiling' clouding the skin of people whose language is coarse and their thoughts solely centred around earthly ego activities. (L8)

Alternatively, as an individual leaves behind levels of earthly thoughts and responses, the skin begins to clear and a light shines in the eyes. Whilst the 'earth personality' is imperceptibly dying away, the body becomes more 'spiritualised'. This is clearly visible to people who have the gift of spiritual perception. (L8)

Do not be afraid of future withdrawal from the earthly mindset.
(L8)

You will relinquish it, little by little, with infinite relief. Your true goal in life will become ever more clear and your determination to reach it will grow ever more strong. (L8)

You may argue that you are not often mentally or emotionally engaged in magnetic-emotional thoughts and feelings. But when you examine your spontaneous thoughts, you will find that you are completely dominated by magnetic 'attraction-bonding' and magnetic 'repulsion-revulsion' thoughts all day long! (L8)

Your mind keeps up a ceaseless chatter of comments and judgements, criticisms, wants, don't wants, reactionary feelings verging on resentment or rejection, longing for certain things and fears that the longings will not be fulfilled, striving for success and irritation or anger with those who stand in the way of that success. (L8)

92. Do things happen ‘by chance’?

Nothing happens by chance. (L1)

Everything is woven out of the inner threads of your personal consciousness — thoughts, expectations, beliefs in life, fate, ‘God’.
(L1)

You live in a world of your own making. This is why children raised in the same environment turn out differently. Each one has its own individual mindset constructed according to inherent character traits. (L1)

Many people go through their entire lives believing they are unfortunate. They think that other people have been mean, unkind, ugly to them, and have made their lives thoroughly unhappy. (L1)

They believe that ‘other people’ quarrel with them and constantly make difficulties whilst they are absolutely innocent of any provocation. (L1)

On the contrary, ‘other people’ are not to blame. It is the personal mindset which is attracting to them their negative conditions. (L1)

93. Does ‘positive thinking’ work?

No, positive thinking on its own does not work; neither does the ‘power of your subconscious’ since it is only a facet of your entire spiritual/human being. (L8)

There are teachers who will preach positive thinking — but I never did that. I told you clearly that the KINGDOM OF HEAVEN IS WITHIN YOU. (A12)

What I meant was that LIFE is the source of ALL you could ever want — providing you allow it to work in you by sweeping away all doubt AND by BELIEVING THAT IT WILL BRING YOU INTO PROSPERITY, JOY AND FULFILMENT to the extent you can rid your minds and emotions of old ego thoughts and feelings. (A12)

When your emotions are in upheaval, you are being called to examine *your entire consciousness*, your beliefs, your feelings towards yourself and others, your faith in a spiritual dimension — even the meaning of death and your life afterwards in a higher dimension. (L8)

This is an extremely painful time in the lives of people. All are subject to this time of upheaval in one form or another. It can be a time of tremendous inner growth and a movement into happiness or an ongoing time of bitterness and resentment. (L8)

This is the time to wake up fully and realise that the outcome of the experiences are entirely up to you — not fate or destiny — but you — either working on your own or devotedly and consistently with

Divine Consciousness arriving eventually at the height of felicity.
(L8)

If the first level of development, seeking material satisfactions through positive thinking were wholly satisfactory to seekers and brought them all they hoped for, the whole world would, by now, have been converted to the belief in ‘positive thinking’. (L8)

However, this is the starting point of the previously quiescent soul’s spiritual journey and is not to be rejected or criticised. The psyche wakes up to the fact that beyond the earthly dimension there is some spiritual dimension called ‘God’, a ‘person sitting up there’ or a ‘universal power’ which answers prayers. Remember we are talking about ‘consciousness’. The psyche is becoming aware that there is more to life than the daily grind and wants to experience ‘whatever it is’ because deprivation in some area of existence — health, financial means, happiness, love, etc. is causing ‘it’ to seek help. (L8)

94. What happens if a person ignores the Laws of Existence?

If you work harmoniously with the **Laws of your Existence** ... you will open your entire system of soul, mind, emotions, body, and personal circumstances to the consistent inflow of **Divine Consciousness**, your **Life Force**. The fruits of your disciplined behaviour will return to bless and load you with health, harmony and prosperity. (L8)

If, on the other hand, you ignore these **Laws of Existence**, and continue living as you did before you received this message, then your lives will continue to be punctuated by turmoil, difficult climatic conditions, pests in your crops, financial disasters, famines and stressful lives. (L8)

95. Should we worship God?

You have been taught by 'Christian' churches that you who have been created by 'God' must 'worship and please God' by keeping his Laws. (L9)

But this is not truth. (L9)

'Worshipping god' is a pagan ritual. (L9)

When people 'worship god' they set 'god' apart and above them — 'unreachable and to be feared — for who knows what evil he might send on earth if people did not act according to his will'. (L9)

96. How was Christ able to perform healing miracles?

Because I understood the nature of our **SOURCE of BEING**, I could, with confidence, put my hands upon a crippled man and raise him up to wholeness again. *(L9)*

97. How can we 'open the door' to Divine Consciousness?

Only absolute 'Stillness' and 'Silence' of your consciousness will open the door to the entry of Divine Consciousness into your mind and that is what everyone should be seeking. (L9)

If you are thirsty and you need a drink — why imagine you are beside a lake? Go to the lake itself and take a drink of pure refreshing water. (L9)

98. Where does 'racism' come from?

I would have you know that this talk of RACISM arises only out of the ego-drive of those people who have felt themselves despised and rejected because of their racial differences. (L9)

These feelings are rooted so deeply in the 'self' that no matter how circumstances may change for them and they may be able to progress in life, even becoming characters of extreme importance on the world stage of life, there always remains the feeling of inadequacy and resentment against the people who first made them feel inferior. (L9)

It should be understood that such feelings of inferiority are not unique to black races. (L9)

These feelings of 'extreme lowliness' are experienced by the majority of people subjected to the caste system in India, class distinctions in the European culture, and in those countries where 'differences' are made into mountains of separation of one person from another. These painful and undermining feelings of 'lesser status' are experienced even by the so-called exalted personages who are never quite comfortable in their positions of authority. (L9)

This feeling of inadequacy and unworthiness is endemic to the human race as a whole, no matter what the position, or race, or education of an individual may be. (L9)

The feeling of 'worthlessness' arises to a large extent from the deep, deep awareness of the psyche that ego-behaviour is contrary to the highest principles of human existence. When this natural

inbuilt drive of ‘unworthiness’ is reinforced by proximity with other apparently more prestigious or successful people, then this natural feeling of inadequacy takes on agonising overtones. (L9)

The only means of overcoming the ethnic painful feelings of rejection, even when highly successful, is to reach the clear realisation that if there had not been the kind of ethnic upheavals, removals, arrival of strangers and aliens with their different languages, cultures, educational processes and their subjection of your natural states and modes of living, the various races would not now be occupying the positions of responsibility and worldly status as some have achieved at this moment. (L9)

Therefore, the only healing and life-renewing course of action is to meditate, ponder, reflect, and ask for Divine Light on the subject until you can, in all honesty say:

‘Lord — I am sincerely glad and happy that all those terrible things took place. Because of them, I am where I am today, because of them I have been given an opportunity to test and experience the extent of my endurance, intellect, emotions, talents. I can measure myself against the achievements of other races — and perhaps continue to learn how to rise still further from my beginnings. I thank You for the strength and inspiration to show my basic equality with everyone else — I send out my thoughts of love and gratitude to those who laid the foundations for my present good all those many, many years ago.’ (L9)

You can also reflect upon the fact that it was inevitable, according to the **LAWS of EXISTENCE**, that those who were connected with slave trading and other tragic events, or were responsible for handing out pain and torture to other human beings, should return in a future life as a member of the down-trodden races and suffer

grievously. When born into black races, it is more than likely these people were vociferous in their demands for equality and humane treatment for black people. Such a person may even have been your great grandfather or father — and you may be wondering why life has treated the ‘poor soul’ so badly. Alternatively, the ‘white people’ who manacled the black people and kept them in dungeons, at this time, may still be creating mayhem for other people by occupying the stratum of society of all races which are rebelling vociferously against the past. It may well be a past which they themselves had helped to bring into being. (L9)

IT IS A FACT that people are reincarnated into different strata of society in different races to enable the soul to learn some meaningful lesson as it journeys upwards towards CHRIST CONSCIOUSNESS. (L9)

Bear in mind the fundamental principle of existence. You, yourselves, create your tomorrows. (L9)

You bring into being, also, whatever you need for your upliftment by reaching out for it. Whether you are aware of it or not, as you reach out for an improvement in your life conditions, you are spontaneously reaching into higher levels of spiritual consciousness. (L9)

As I have already told you — the DIVINE WILL is to release creation from stress, and therefore, those lessons needed to take you upward towards Divine Consciousness will come into your experience. Therefore FORGIVE — for you have no true knowledge of the journey of your soul through many centuries of earthly existence. You have no knowledge of what you, yourself, did in lives gone past. Forgive the present, forgive the past and accept

that much good has come out of it, learn to bless and love those whom you thought injured you or your ancestors. (L9)

And you who presently occupy skins which carry the power of privilege — consider other races and their problems, and reflect upon the fact that you may, in a future life, occupy an underprivileged body and come to know, first hand, what it is like to be born with a sense of being a second class citizen. Reflect also on your past lives, ponder what you may or may not have done to bring about your present situation. The truth about RACISM is this:

Every single entity under the sun has descended from Divine Consciousness in one way or another. At the very inmost roots of their being, everyone is united in ONENESS. (L9)

Therefore, where do the differences lie?(L9)

They arise out of the development of species, genetics, conditioning, traditional teachings, customs and educational and family habits of relating with others and the differences in thought patterns. (L9)

It is not the colour which divides you. A small child of every race and colour because of its innocence and spontaneity of self-expression will find acceptance in the heart of most adults. It is the CONSCIOUSNESS which divides you and which is felt on every level of your being — for you are all, despite your materialised bodies, CONSCIOUSNESS FORMS expressing consciousness patterns and CONSCIOUSNESS FORMS receiving consciousness patterns from others. (L9)

The consciousness of each individual is their reality — not their skin or appearance — and it is the consciousness of people which either attracts or repulses others. (L9)

You can rest assured that you will only overcome your sense of racial differences when your mental/emotional thought patterns are in sympathy, and when your VALUES by which you choose to live throughout your day, are the same. Until that time comes, it is useless for people to be angry with one another for experiencing racial differences. They are endemic to the human condition. (L9)

If you want to be accepted completely into another race, you have to change your values, your perceptions, your ideas, modes of living and of relating to others to match everyone else's in that race. Racial differences then die a natural death. (L9)

If you are not prepared to take on the 'consciousness' of the race you wish to join, then acknowledge, accept and RESPECT with LOVE the differences in consciousness. No one has the right to demand you should ignore the differences. (L9)

MOST IMPORTANTLY OF ALL: Choose the highest standards on offer in the world, work to embrace and use them — and then all skin colours will take on a new and inner beauty which none will be able to resist. All people will then willingly bond in perfect harmony. (L9)

Physical appearances of every colour will also change and take on new inner beauty. (L9)

99. When does the need for Reincarnation end?

I have long since ascended to the highest frequencies of consciousness vibration in the Celestial Kingdoms and am Divine Consciousness Itself individualised. My Consciousness can encircle the globe to whoever calls on me. (L4)

So is it with all the great Teachers who have lived on earth, and were enlightened and perceived the *REALITY* of the SOURCE of all BEING, and have taught people from their exalted level of enlightenment. (L4)

They were lifted in spiritual Power to penetrate the dense veil of human consciousness and perceive what truly lay beyond the world of 'matter' — they saw, as clearly as previous mental conditioning would permit, the basic unity of creation, within the realm of Creativity Itself. (L4)

One and all have, after transition into the next dimension of existence, **escaped the treadmill of reincarnation and moved on into ever higher realms of individual pure spiritual consciousness to the portals of UNIVERSAL CONSCIOUSNESS Itself. (L4)**

They have become Individualised **DIVINE CONSCIOUSNESS** possessing the power and the insight of **Divine Consciousness. (L4)**

They, too, share in the **CHRIST CONSCIOUSNESS** as I said in an earlier **Letter**. They combine the heights of Intelligent Love with

the heights of Loving Intelligence, combining the Power of Will with the Power of Purpose. They are equally male and female in their drives. They are the perfect demonstration of strength and nurturing. *(L4)*

They are the perfect EXAMPLE of what all men — and women — should be striving to attain. *(L4)*

100. What is the world created from?

Your world is created from — consciousness energy forms. (A1)

Your entire world is nothing more than a giant consciousness energy form composed of billions of individual consciousness forms sprung from and based upon the Void of Universal Consciousness which you could term 'God' and have been evolved from apparent nothingness to its present state through the process of your own desires and longings. (A1)

Therefore, you must try to understand that when, daily, you pour your ego consciousness through the medium of your thoughts, words, actions, into your world, you are sending out consciousness forms which are entirely contrary to the Laws of UNIVERSAL CONSCIOUSNESS. (A1)

You are helping billions of other like-minded people to create a destructive force in direct conflict with your SOURCE of BEING, UNIVERSAL CONSCIOUSNESS which underpins and sustains all existence. (A1)

Inevitably, **CRACKS IN THE STRUCTURE OF YOUR PLANET** take place and people experience tornados, earthquakes, floods and blizzards — which are ALL physical manifestations of the breakdown of UNIVERSAL LAW, which is UNIVERSAL LOVE, governing your world. (A1)

101. Is it acceptable to tell a ‘white lie’?

I want to tell you about the dangers of fragmenting your consciousness. (A10)

You do this even when you tell a white lie. (A10)

A black lie is a horrendous insult to your own consciousness and to the consciousness of your listener. (A10)

You may think that it is of no consequence but when you lie you send out a stream of false consciousness on which you expect other people to build their responses. (A10)

Such a hitch in your consciousness, since you know you have lied, creates holes in the fabric of your own consciousness. (A10)

Where there are holes in your consciousness there is a hiatus in the life force you expend on activities and goals, and a foul-up in the consciousness which keeps you healthy and happy. Even in your communication, it will cause a lack of the vibrancy and certainty that those with whole and healthy consciousness fabrics, are able to impart when speaking to others or even simply leaving a spoken message. (A10)

A healthy consciousness is created when you treat others as you would like to be treated. Therefore, fulfill your promises or make provision that the breaking of a promise will not cause undue frustration or unhappiness or difficulty. (A10)

Tell the truth in such a way as your listener will not be offended.
Love always finds a way. (A10)

Do not 'fabricate' stories to make yourself a hero or heroine or victim. (A10)

Do not exaggerate a circumstance in any way since you can send another person away with a falsehood in their minds. This can be more injurious to them than you can imagine. Never, ever cause another person to stumble or fall along their daily path. (A10)

Let everything you think, say and do, be a harmonious whole directed in your mind and heart by love and concern for every other person's wellbeing. In this way, you create the foundation of a whole, happy life for yourself. You create the type of consciousness which is easily attuned to that of Divine Consciousness. (A10)

Then, miracles happen. (A10)

If you lack success, examine your consciousness. Do you keep your word? (A10)

102. Are the eyes really the ‘window to the Soul’?

As I said when I lived on your earth:

‘The eyes are the lamp of the soul.’ (A15)

And what you have not realised is that all eyes radiate to the world the inner quality of being. They radiate the inner consciousness which blesses what it sees — or shrivels it up with its own bad temper. (A15)

Study the eyes of the predators, one and all, and compare their fierce intensity with the eyes of the non-violent herb and grass eaters — there you will see the ferocity of the one and the tranquility of the other. (A15)

Everywhere, there is reciprocity of love flowing between living things — plants, insects, birds, animals, fish — and their environment. Only the predators put themselves outside this love consciousness. (A15)

103. What is our true purpose in life?

Your true purpose on earth is to EXPRESS in thoughts, words, deeds and desires the DIVINITY in which you have your being.

(A15)

You can do this through meditation, through cleansing your mind of negative thoughts, by reaching out to others during the day to offer them a smile of friendliness, recognition of their being — that they too are ALIVE and are therefore important — co-existent with yourself, no matter what their status is in life. (A15)

What a tremendous joy it is to be able to love the man who has come down to rags, possessing nothing of material things, forced to live by begging — just as much as you may be able to love the man who has made untold wealth, prestige, and lives a life envied by others. This ability to love each and every one without reservations is indeed **DIVINE LOVE** — pure unconditional love. It is a quality of mind and heart where all sense of superiority or inferiority no longer exists. (A15)

‘Why should this bring one so much joy?’, you may ask. (A15)

It gives you joy beyond all imagining because you have risen high above the demands and critical senses of the self which judge and demean others. (A15)

What tremendous liberation of spirit you will experience when you can, at last, be insulted or defrauded by another but can still look through his words and actions and perceive his basic divinity. You now rest in a state of pure tranquil acceptance of what the human

world may try to do to you, and you never cease smiling — because yours is a world of sunshine and spiritual light created by the Divine — and you are aware that those who try to hurt you have not yet managed to find this sacred world conceived and fashioned by Pure Love. (A15)

Knowing this so surely, so clearly, how can you **NOT** have only the deepest compassion and concern for them as they struggle, sometimes bravely, with their enmeshing ego? (A15)

As you learn to love all states of human being equally, you will come to intuit the actual state of earthly being of each person and will be able to perceive for yourselves what is valuable in life and what is mere ego ‘frosting’ for comfort and prestige. (A15)

You will no longer be led astray — or even moved — by outward show. (A15)

104. Are these really the ‘Latter Days’?

“These are indeed the ‘latter days’...”

I, the CHRIST, known as ‘Jesus’ in Palestine, more than 2000 years ago, have returned at this most critical time in world history, to speak to you. (A15)

As I descend in consciousness vibrations to make contact with your earth vibrations, I see a world of light and shade, of spiritual upliftment and despair ... and, most terribly, I see the degradation of the human spirit. (A15)

THE WORLD IS MOSTLY IN A STATE OF DARKNESS. (A15)

The average person reading my words may feel that this statement is an exaggeration of your modern life, but to understand the full enormity of what is happening on earth, a person must first experience a moment of Light. (A15)

First of all, I am compelled to speak about what is happening to your children worldwide. (A15)

Do you realise to what extent that **DARKNESS HAS SPREAD RIGHT THROUGH THE VARIOUS STAGES AND CONDITIONS OF CHILDHOOD?** (A15)

CHILDREN, — THEIR NATURALLY EAGER, CURIOUS MINDS, ALWAYS LOOKING OUT FOR SOMETHING EXCITING AND NEW TO GRIP THEIR INTEREST, ENTERING

INTO EARLY ADOLESCENCE, — and by nature, — OBSESSED BY SEXUAL CURIOSITY, — ARE STIMULATED AND FED BY YOUR WORLDWIDE BOOKS, RADIO AND TV ENTERTAINMENTS. (A15)

‘Yes’, you say, ‘we know this’. I say, but you still allow this to happen. (A15)

If you were Children of Light, you would be so filled with compassion you would rise up as one voice and say to those who are growing rich at the expense of YOUR minds and your CHILDREN’S minds:

‘Enough, we will not allow you to do this to us anymore. We will refuse to watch and listen to what you enjoy imagining in your own gross minds — violence, perversions, explicit sex, continual fighting and arguments. We long to return to the PEACE and JOY from which our souls have descended’. (A15)

TODAY, UNKNOWINGLY, INNOCENTLY, THE CHILDREN ARE ENTICED BY PEOPLE WITH SELFISH AND SEXUALLY GREEDY INTENT, INTO THEIR WEBS OF SEXUAL PERVERSIONS. (A15)

If you were Children of Light, you could not sleep at night, knowing that these innocent little children are being used to satisfy grown men’s sexual fantasies and urges. (A15)

THESE CHILDREN ARE PLUNGED, EVENTUALLY, INTO EXCESSES THEY DID NOT SEEK, AND INTO HEARTBROKEN DESPAIR BECAUSE THEY DO NOT KNOW THE WAY BACK TO THEIR ORIGINAL INNOCENCE. THEIR CHILDHOOD IS

TAKEN FROM THEM AND THEY ARE DEPRIVED OF THOSE IMPORTANT YEARS OF NORMAL, EMOTIONAL DEVELOPMENT. (A15)

If you were Children of Light, you would feel their pain as though it were your own. Your conscience would give you no rest until you had risen up together and asserted with all your influence and heart and soul that this terrible encroachment on the weakness and innocence of children must stop! (A15)

‘Innocent? Our modern children?’ — you on the earth may ask. If you were Children of Light you would know they are innocent until they learn the things of darkness which have been spawned by the human mind on earth. (A15)

You of the earth say the world is not in **DARKNESS** — that I exaggerate?(A15)

You have become so accustomed to **DARKNESS**, you no longer recognize it. (A15)

Your world is rife with war-wracked nations. It is heavy, heavy, heavy with gross mental and emotional vibrational frequencies of selfishness and a total disregard for life. Your streets are now thoroughfares of danger, of road rage, of jealous muggers envious of the possessions of others, of stalking predators eager to conquer and control others through use of sexual force. (A15)

The numbers of these predators may be fewer than the numbers of your Average Citizens but if you were Children of the Light, such people would never be allowed to prosper. But they do prosper in your midst because your own minds are filled with such events

from watching your entertainment. You have become hard and desensitized to these horrors and so they are allowed to multiply in your midst like a deadly virus. (A15)

AS I DESCEND and enter empathetically **INTO THIS MIASMA** of deadly thought and destructive feelings, I feel the pain experienced by the innocent who fall prey to those who find a thrill and a feeling of power when they terrorize the weak. (A15)

These are indeed the ‘latter days’ as your world calls the time when life on earth has become so universally gross and separated from the underlying Laws of Existence, that ONLY A FEW of the billions on earth pause for a moment to question:

‘What lies beyond the darkness?’ (A15)

Is there Light? (A15)

Where is the Light? (A15)

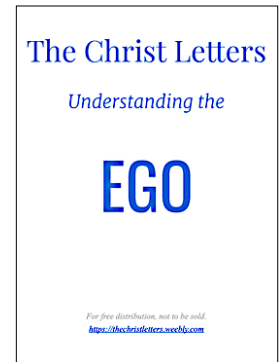
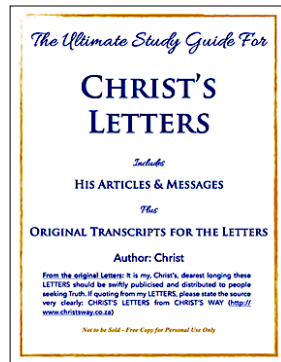
Why does it not reveal Itself to us?’ (A15)

In response to the urgent, most ardent questioning by A FEW people traumatized by the powerful predatory emotions of others, how could I **NOT** return at this time, to reach those who question, those who are sincerely longing for a sure way out of the darkness which now saturates every facet of the majority of people’s lives?
(A15)

Do you recognize that this is indeed **ME**, the **CHRIST** who has come to teach and show you the way out of darkness into **LIGHT**? How could I **NOT** come in response to your pain?(A15)

Do you not know that **I AM LOVE** and it is the nature of pure **LOVE** to fulfill the needs of loved ones. (A15)

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